



Alabama Breastfeeding Resource Guide 2015



Breastfeeding Resource Guide Changes

Please make any changes that may have occurred within your clinic, hospital or area.

Breastfeeding Counselor(s)/Credentials: _____

Place of Employment: _____ Phone: _____

County: _____

Prenatal Breastfeeding Class? Yes _____ No _____

Postpartum Breastfeeding Support Group? Yes _____ No _____

Breast Pump Rental Station? Yes _____ No _____

La Leche League Contact: _____ Phone: _____

Additional information: _____

Please send changes to: Fax: (334) 206-2914
Email: Michell.Grainger@adph.state.al.us or
Mail: Michell Grainger, MSN, RNC, IBCLC
Alabama Department of Public Health
Division of WIC, Suite 1300
P.O. Box 303017
201 Monroe Street
Montgomery, AL 36130-3017

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Autauga County

WIC Breastfeeding Counselors 334-361-3743

- Kathy Ricks, R.D.N.
- Nicole Smith, NA
- Amy Cleckler, NA
- Linda Miller, RN

Breast Pump/Supplies

- Autauga County Health Dept.
334-361-3743

Baldwin County

WIC Breastfeeding Counselors (Bay Minette) 251-937-6935

- Lori V. Nesmith, NA

WIC Breastfeeding Counselors (Robertsdale) 251-947-1910

- Sharon Eiland, RD
- Liane Overton, RD

WIC Breastfeeding Counselors (South Baldwin-Foley) 251-943-7260

- Alana Salter, RD

North Baldwin Infirmary

- Christa Rudat, MSN, RN, CLC
251-239-2296
- Gena Cash, BSN, RN
251-580-1782

South Baldwin Regional Medical Center

251-949-3676

- Robin Fillingame, BSN, RN,

Thomas Hospital 251-279-1478

- Mary Ann Roh, RNC
- Allison Wright, RN, CLC
- Sandee Nabors, RN, CLC, IBCLC
- Cynthia Corte, RN, IBCLC
- Scotty Thompson, RN, IBCLC

Baldwin County

Other Counselors

- Catherine Hanks, RN, IBCLC,
251-415-1571
- Jerri Carlisle, RN, IBCLC,

Prenatal Breastfeeding Classes

- Allison Wright or Sandee Nabors
Thomas Hospital, 251-279-1478
- Christa Rudat, North Baldwin
Infirmary, 251-239-2296
- South Baldwin Regional Medical
Center
251-949-3676

Breast Pump/Supplies

- Professional Health Services
251-928-4922
- Baldwin County Health Dept.
251-937-6935 (Bay Minette)
- Baldwin County Health Dept.
251-947-1910 (Robertsdale)
- Baldwin County Health Dept.
251-943-7260(South Baldwin WIC
Program)

La Leche League Contacts

Barbour County

WIC Breastfeeding Counselors 334-687-4808 or 334-775-8324

- Theresa Person, RN

Breast Pump/Supplies

- Barbour County Health Dept.
334-687-4808

Bibb County

WIC Breastfeeding Counselors 205-926-0702

- Sandy Wilson, NA
- Sailaja Reddy, RD

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Bibb County Health Dept.
205-926-9702

Blount County

WIC Breastfeeding Counselors 205-274-2120

- Anna Johnson, RD, LD

Prenatal Breastfeeding Classes

- Blount County Health Dept.
205-274-2120 offered in English
and Spanish

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Breastfeeding Support Classes

- Blount County Health Dept.
205-274-2120 offered in English
and Spanish

Breast Pump/Supplies

- Blount County Health Dept.
205-274-2120

Bullock County

WIC Breastfeeding Counselors 334-738-3030

- Tina Allen, R.D.N.
- Tracy Johnson, NA

Postpartum Breastfeeding Support Group

Bullock County

Breast Pumps/Supplies

- Bullock County Health Dept.
334-738-3030

Butler County

WIC Breastfeeding Counselors 334-382-3154

- Debra Oakley, RN
- Kristi Kilpatrick, RN

Breast Pumps/Supplies

- Butler County Health Dept.
334-382-3154

Calhoun County

WIC Breastfeeding Counselors 256-237-7523

- Cathryn Bates, NA
- Rebecca Dawson, NA
- Jenny Adams, RD, LD
- Amy Minish, RD, LD

Regional Medical Center 256-235-5132

- Kim Hurst, RN, BSN, IBCLC, CCE
- Jennifer Gallahar, RN, BSN, IBCLC,
CCE
- Amanda Henry, BSN, IBCLC
- Andrea Record, RN, IBCLC
- Denise Adcock, RN, IBCLC
- Kasey Bittle, RN, IBCLC
- Katie Christeson, RN, IBCLC

Postpartum Breastfeeding Support Group

- Regional Medical Center
256-235-5132

Prenatal Breastfeeding Classes

- Regional Medical Center
256-235-5132

Calhoun County

Breast Pump/Supplies

- Calhoun County Health Dept.
256-237-7523
- Downey Medical
256-237-9426
- Regional Medical Center
256-235-5132

Chambers County

WIC Breastfeeding Counselors 334-756-0758

- Jenny Knox, RD

Lanier Memorial Hospital 334-756-1625

- Mattie Monagen, RN, NM

Prenatal Breastfeeding Classes

- Lanier Memorial Hospital
334-756-0758

Breast Pump/Supplies

- Chambers County Health Dept.
334-756-0758
- East Alabama DME
334-756-7387

Cherokee County

WIC Breastfeeding Counselors 256-927-3132

- Darlene Wallace, NA,

Dekalb Baptist Medical Center 256-997-2423

- Martie Raymond, RN
- Joan Matthews, RN, IBCLC
256-997-2423 or 256-997-2425

Cherokee County

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Breast Pump/Supplies

- Dekalb Baptist Medical Center
256-997-2423
- Cherokee County Health Dept.
256-927-3132

Prenatal Breastfeeding Classes

- Dekalb Baptist Medical Center
256-997-2423

Postpartum Breastfeeding Support Group

- Dekalb Baptist Medical Center
256-997-2423

Chilton County

WIC Breastfeeding Counselors 205-755-1287

- Amy Cleckler, NA
- Kathy Ricks, R.D.N.
- Nicole Smith, NA

Prenatal Breastfeeding Classes

- Amy Cleckler, NA
Chilton County Health Dept.
205-755-1287

Breast Pump/Supplies

- Chilton County Health Dept.
205-755-1287
- Medico
205-280-3700

Choctaw County

WIC Breastfeeding Counselors 205-459-4026

- Barbara Shoemaker, RN

Healthstart Maternity Waiver Program 205-459-2198

- Vanessa Cornelson, RN

Prenatal Breastfeeding Classes

- Choctaw County Health Dept.
205-459-4026 or 205-459-4037

Clarke County

WIC Breastfeeding Counselors 251-275-3772

- Ginger Busby, RN
- Cynthia Tuberville, RD

Grove Hill Medical Center 251-275-3191

- Mary McKinley, LPN

Breast Pump/Supplies

- Clarke County Health Dept.
251-275-3772

Clay County

WIC Breastfeeding Counselors 256-396-6421

- Jenny Knox, RD

Breast Pump/Supplies

- Clay County Health Dept.
256-396-6421

Cleburne County

WIC Breastfeeding Counselors 256-463-2296

- Jenny Adams, RD, LD

Breast Pump/Supplies

- Cleburne County Health Dept.
256-463-2296

Coffee County

WIC Breastfeeding Counselors 334-347-9574

- Deborah Curran, RD
- Amy Howell, RD

Medical Center Enterprise

- Sue Kilpatrick, RN
334-347-0584 ext 8253
334-347-3305 (H)

Prenatal Breastfeeding Classes

Medical Center Enterprise 334-347-0584 ext 8252 or 8253

- Maya Hogan, CLC
- Bess Beasley, RN,
- Dee Miller, RN, CLC
- Jennifer Winekoff

EFNP Breastfeeding Classes

- Clovice Carves
Breastfeeding Counselor
334-894-5596

Breast Pump/Supplies

- Coffee County Health Dept.
334-347-9574
- Center Home Health
334-308-2813

La Leche League Contacts

- 334-3773811

Colbert County

Breastfeeding Counselors WIC 256-383-1231

- Linda Hall, RN,

Helen Keller, Hospital 256-386-4162

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Colbert County

Prenatal Breastfeeding Classes

- Leigh Smith, RN, BSN, IBCLC
256-386-4162

Breast Pump/Supplies

- Milner Rushing Drugs
256-386-5220 or 256-764-4700
- Colbert County Health Dept
256-383-1231

La Leche League Contacts

- Sue-256-320-8084
- Leighanne-256-577-2868

Conecuh County

WIC Breastfeeding Counselors 251-578-1952

- Liane Overton, RD

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Conecuh County Health Dept.
251-578-1952

Coosa County

WIC Breastfeeding Counselors 256-377-4364

Breast Pump/Supplies

- Coosa County Health Dept.
256-377-4364

Covington County

WIC Breastfeeding Counselors 334-222-1175

- Edna Cunningham, NA
- Teresa Marshall, RN

La Leche League Contact

- Sara Goolsby
334-858-3683

Covington County

Breast Pump/Supplies

- Covington County Health Dept.
334-222-1175
- Pharmicare
334-427-1111

Prenatal Breastfeeding Classes

- Barbara Mills, Expanded Food & Nutrition Education Program
334-388-4719
- Alabama Cooperative Extension System
334-222-1125

Postpartum Breastfeeding Support Group

- Sandra Davis, RN, Andalusia Regional Hospital 334-222-8466

Crenshaw County

WIC Breastfeeding Counselors 334-335-2471

- Patty Rushing, RN

Breast Pump/Supplies

- Crenshaw County Health Dept.
334-335-2471

Cullman County

WIC Breastfeeding Counselors 256-734-1030

- Rhonda Abbott, RN
- Anita Bateman, RN

Cullman Regional Medical Center 256-737-2221

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of North Alabama-Head Start
256-260-3140 or 256-278-6788

Cullman County

Prenatal Breastfeeding Classes

- Cullman County Health Department
256-734-1030
- Cullman Medical Center
256-737-2221
- Nancy Mitchell-Merrill, RN, BSN,
ICCE, CD
256-736-1920

Postpartum Breastfeeding Support Group

- Nancy Mitchell-Merrill, RN, BSN,
ICCE, CD
256-736-1920
- Cullman Medical Center
256-737-2221

Breast Pump/Supplies

- Borden Family Pharmacy
256-734-3146
- Cullman County Health Dept.
256-734-1030

La Leche League Contact

Dale County

WIC Breastfeeding Counselors 334-774-5146

- Morgan Ellis, RD
- Maleia Reynolds, RN
- Ginny Sexton, RN, CLC

Dale Medical Center 334-774-2601, ext. 1229

Breast Pump/Supplies

- Dale County Health Dept.
334-774-5146

La Leche League Contacts

- Kimberly, 334-791-2494
- Jodie, 334-596-2629

Dallas County

WIC Breastfeeding Counselors 334-874-2550 or 334-877-2809

- Rebecca Stewart, RD, IBCLC
334-877-2841
- Rachel Todd, RD
334-877-2842
- Amy Lightfoot, NA
334-877-2840

Vaughan Regional Medical Center 334-418-4405

- Eddie Jo Howard, RNC

Breast Pump/Supplies

- Dallas County Health Dept
334-874-2550
- Healthmark Home Medical
334-418-0085

DeKalb County

WIC Breast Feeding Counselors 256-845-1931

- Teresa Alexander, RD, LD

Dekalb Regional Medical Center

- Joan Mathews, RN, IBCLC
256-997-2423 or 256-997-2425

Other Counselors

- Marsha Bearden, RN, IBCLC
256-528-7953
- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Marsha Bearden, RN, IBCLC
256-528-7953
- Joan Mathews, RN, IBCLC
256-997-2423 or 256-997-2425

DeKalb County

Breast Pump/Supplies

- Dekalb County Health Dept.
256-845-1931
- Complete Care
256-845-0883
- Marsha Bearden, RN, IBCLC
256-528-7953
- Joan Mathews, RN, IBCLC
256-997-2423 or 256-997-2425

Elmore County

WIC Breastfeeding Counselors 334-567-1171

- Kathy Ricks, R.D.N.
- Nicole Smith, NA
- Carol Wilson, RN
- Amy Cleckler, NA

Breast Pump/Supplies

- Elmore County Health Dept.
334-567-1171

Escambia County

WIC Breastfeeding Counselors

- Phyllis Redmon, NA, Brewton
251-867-5765
- Lori V. Nesmith, NA, Atmore
251-368-9188
- Phyllis Redmon, NA, Atmore
251-368-9188

Atmore Community Hospital 251-368-6281

- Connie Killam, RNC, CNS, MSN

Sacred Heart Women's Hospital Pensacola, Florida 850-416-8088

- Karen Shelton, RN, IBCLC

Baptist Hospital, Pensacola, Florida 850-434-4567

- Susan Hannum, RN, ICCE, IBCLC
- LeeAnn Montaina, RN, IBCLC
- Elaine Condon, RN, IBCLC

Escambia County

Naval Hospital, Pensacola, Florida 850-505-6058

Prenatal Breastfeeding Classes

- Sacred Heart Women's Hospital
Pensacola, Florida
850-416-8088
- Phyllis Redmon, NA, WIC, Brewton
251-867-5765

Prenatal Breastfeeding Classes

- Baptist Hospital, Pensacola, Florida
850-434-4567

Postpartum Breastfeeding Support Group

- Sacred Heart Women's Hospital
Pensacola, Florida
850-416-8088

Breast Pump/Supplies

- Escambia County Health Dept.
Atmore
251-368-9188
- Escambia County Health Dept.
Brewton
251-867-5765
- Baptist Hospital
Pensacola, Florida
850-434-4567
- Sacred Heart-The Nesting Place
Pensacola, Florida
850-416-6378

Etowah County

WIC Breastfeeding Counselors 256-547-6311

- Tresea Williams, RD, LD

Gadsden Regional Medical Center, 256-494-4231

- April Mitchell, RN, IBCLC
- Melissa Cone, RN, IBCLC

Etowah County

Other Counselors

- Deborah Davis, CRNP

Prenatal Breastfeeding Classes

- Montine Hardin, Auburn Cooperative Extension Service(MOM'S Helper Program) 256-549-5376

Postpartum Breastfeeding Support Groups

- Regional Medical Center, Gadsden 256-494-4334

Breast Pump/Supplies

- Etowah County Health Dept. 256-547-6311
- The New You 256-546-6398

Fayette County

WIC Breastfeeding Counselors 205-932-5260

- Denise Hamm, RD, LD

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Fayette County Health Dept 205-932-5260

Franklin County

WIC Breastfeeding Counselors 205-332-2700

- Wanda House, RN

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Breast Pump/Supplies

- Franklin County Health Dept.
205-332-2700

Franklin County

La Leche League Contacts

- Rebecca 256-460-0640

Geneva County

WIC Breastfeeding Counselors 334-684-2257

Breast Pump/Supplies

- Geneva County Health Dept.
334-684-2257

La Leche League Contacts

- Kimberly , 334-791-2494
- Jodie, 334-596-2629

Greene County

Breastfeeding Counselors WIC, 205-372-9361

- Dorinda Jones, NA

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Greene County Health Dept.
205-372-9361

Hale County

Breastfeeding Counselors WIC, 334-624-3018

- Jane Neil, RD
- Cathy Wright, RN

Breast Pump/Supplies

- Hale County Health Dept.
334-624-3018

Henry County

WIC Breastfeeding Counselors 334-585-2660

- Karen Tipton, RN

Breast Pump/Supplies

- Henry County Health Dept.
334-585-2660

Houston County

WIC Breastfeeding Counselors 334-678-2800

- Karen Campbell, RD
- Bertie Welch, RN

Southeast Alabama Medical Center, 334-673-4141

- Keitha Madrie, RN, IBCLC

Flowers Hospital 334-794-5000, Ext. 1577

- Angie Jones, RN
- Mary McCassrey, RN

Prenatal Breastfeeding Classes

- Southeast Alabama Medical Center
334-712-3336
- Flowers Hospital
334-794-5000, Ext. 1950

Breast Pump/Supplies

- Houston County Health Dept.
334- 678-2800
- Mike's Southside Pharmacy
334-794-3174
- Our New Baby
334-677-2229
- Southeast Alabama Medical Center
Women's Center Boutique
334-699-4811 (retail) or
334-673-4141 (rental)

La Leche League Contacts

- 334-377-3811

Houston County

Postpartum Breastfeeding Support Groups

- Southeast Alabama Medical Center,
334-673-4141

Jackson County

WIC Breastfeeding Counselors 256-259-4161

- Robin Thornberry, RD
- Melissa McLaughlin, RN

Highlands Medical Center 256-218-3340

- Margaret Pierce, RN, IBCLC

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Jackson County Health Dept.
256-259-4161
- Highlands Medical Center
256-218-3340 or
256-259-4444, ext 3340

Postpartum Breastfeeding Support Groups

- Highlands Medical Center
256-218-3340 or
256-259-4444, ext 3340

Breast Pump/Supplies

- Jackson County Health Dept.
256-259-4161

La Leche League Contacts

- Jana - 256-455-4746

Jefferson County

Central Health Center 205-930-1150

- Anita Floyd, RD, LD

Western Health Center 205-715-6121

- Laura Morrison, RD, LD
- Marguerite Gorman, RD, LD
- Monica Sodipe, RD, LD

Eastern Health Center 205-591-5180

- Natalie Clements, , RD, LD
- Lindsay Adler, RD
- Nora Seals, RD

Morris Health Center 205-933-4242

- Barbi Moore, RD, LD

Brookwood Medical Center (Kaye Dahle Lactation Center) 205-877-1978

- Glenda Dickerson, RN, MS, IBCLC,
Lactation Services Manager
- Pat Spargo, RN, IBCLC
- Connie Carlisle, RN, IBCLC
- Kay Waters, RN, IBCLC
- Jennifer Sims, RN, IBCLC
- Leisha Bell, RN, IBCLC
- Audrey O'yama, RN, IBCLC
- Jan Nichols. RN, IBCLC
- Joy Riddle, RN, IBCLC
- Marcella Bennett, RN, IBCLC
- Ann Pace, RN, IBCLC

Jefferson County

UAB Women and Infant Center 205-975-8334

- Sylvia Edwards, RN, IBCLC
Advanced Nursing Coordinator Lactation
Services
- Barbara Vinson, MS, RN, IBCLC
- Donna Mason, RN, IBCLC
- Kristy Gullede, MS, RN, IBCLC
- Cheryl Smith, RN, IBCLC
- Angela Shorter, RN, IBCLC
- Anna Koopman, RN, IBCLC
- Joyce Roberson, RN, IBCLC
- Kimberly Scott, RN, IBCLC
- Latonya Robinson, RN, IBCLC
- Lisa Schnader, RN, IBCLC
- Martha Hackney, RN, IBCLC
- Mary K. Buzhardt, RN, IBCLC
- Katie Kretzschmar, RN, IBCLC

UAB Medical West 205-481-7180

- Cathy Nichols, RN, Nurse Manager

St. Vincent's East 205-838-3640

- Jeanni Orazine, RN, IBCLC

St. Vincent's Hospital 205-939-7538

- Gail Burns, RN, BS, IBCLC
- Jennie Segars, RN, IBCLC
- Rosie Miller, RN, IBCLC
- Nita Donelson, RN, IBCLC
- Sharon Stewart, RN, IBCLC
- Mary Maloney, RN, IBCLC

St. Vincent's Hospital

- Heidi Powell, RN, IBCLC
- Diane Key, RN, IBCLC
- Jennifer Speakman, RN, IBCLC

Jefferson County

Children's Hospital

205-638-6600

- Linda Keeney, RN, IBCLC
- Angela Shorter, RN, IBCLC
- Laura Wassermann, RN, IBCLC
- Jeanette Twa, RD, IBCLC

Trinity Medical Center

205-592-5690

- Karen Graham, RN, IBCLC

Baptist Medical Center Princeton

205-783-7174

- Marcia Davis, RNC, IBCLC

Prenatal Breastfeeding Classes

- Trinity Medical Center
205-592-1684
- Beverly Brown, BS, RN
205-531-3213

Prenatal Breastfeeding Classes

- Brookwood Medical Center
205-877-1978
- St. Vincent's East
205-939-7878 (to register)
205-838-3640
- The Good Health School
St. Vincent Hospital
205-939-7076
- Shelby Baptist Medical Center
205-620-8262

Prenatal Breastfeeding Classes

- UAB Women and Infant Center
205-975-8334

Postpartum Breastfeeding Support Groups

- UAB Women and Infant Center
205-975-8334
- Baptist Medical Center Princeton
205-783-7174
- Shelby Baptist Medical Center
205-620-8262

Jefferson County

Postpartum Breastfeeding Support Groups

- Baptist Medical Center Montclair
205-592-1684
- Brookwood Medical Center
205-877-1978

La Leche League Contact (Birmingham South)

- Shaylea 501- 804-8431
- Dawn 205-988-0594
- Erica 205-222-0081
- Stephanie 205-234-5792
- Madison 601-938-0338

Breast Pump/Supplies

- Brookwood Medical Center
205-877-1978
- Breastfeeding Solutions, Inc.
(pumps and scale rentals)
Brenda Hallmark, RN, IBCLC
205- 936-7533
- For Ladies Only
205-979-4377 (Vestavia Hills)
- St. Vincent's Hospital
205-939-7538
- St. Vincent's East
205-838-3640
- MASH
205-664-2059 (Alabaster)

Lamar County

WIC Breastfeeding Counselors 295-695-9195

- Denise Hamm, RD, LD

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Denise Hamm, RD, LD
205-695-9195

Lauderdale County

WIC Breastfeeding Counselors 256-764-7453

- Danna Rutz, RD, LD
- Janice Wittscheck, RN

Eliza Coffee Memorial Hospital 256-768-2229

- Jennifer Cross, RN, IBCLC
- Emily Broussard, RN, IBCLC

Other Counselors

- Shelia McNutt, MSN, FNP, IBCLC
256-767-0081
- Rosanna Ledbetter, RN, IBCLC
OB-Gyn Associates of NW AL
256-718-5900

Breast Pump/Supplies

- Lauderdale County Health Dept.
256-764-7453
- Milner-Rushing Drugs
256-764-4700
- The Baby's Room
256-766-5510

La Leche League Contacts

- Katie 256-443-0754
- Alisa 256-436-5867

Lawrence County

WIC Breastfeeding Counselors 256-974-1141

- Emily Elkins, RN
- Ashley LouAllen, NA
- Jill Kelley, RN
- Cathy Sanderson, RN

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Lawrence County

Breast Pump/Supplies

- Lawrence County Health Dept.
256-974-1141
- Steve's Drugs
256-974-7663

La Leche League Contacts

Lee County

WIC Breastfeeding Counselors 334-745-5765

- Alexis Thompson, R.D.N.
- Serra Bilgili, NA

East Alabama Medical Center, 334-528-3709

- Cheryl Adams, RN, IBCLC
- Angela Hamby, RN, IBCLC

Other Counselors

- Jessica-Lauren Roberts, MA, RD,
IBCLC
334-844-2591 Auburn University

Prenatal Breastfeeding Classes

- East Alabama Medical Center,
334-528-3709

Breast Pump/Supplies

- Adams Parkway Pharmacy
334-745-3881
- Lee County Health Dept.
334-745-5765
- Assist Home Med
334-741-7717
- Mother's Nook
East Alabama Medical Center
334-528-3600

Postpartum Breastfeeding Support Groups

- 334-528-3709

Lee County

La Leche League Contact

- 334-257-3950

Limestone County

Breastfeeding Counselors WIC, 256-232-3200

- Jessie Simmons, RD, LD
- LeAnn Barron, NA

Athens-Limestone Hospital 256-233-9536

- Anne Sheaves, RN, IBCLC

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Athens-Limestone Hospital
256-233-9490 Call before plan to
attend

Breast Pump/Supplies

- Limestone County Health Dept,
256-232-3200
- Athens Pharmacy
256-232-2242

Lowndes County

WIC Breastfeeding Counselors 334-548-2564

- Julie Till, RN
- Rachel Todd, RD

Breast Pump/Supplies

- Lowndes County Health Dept.
334-548-2564

Macon County

WIC Breastfeeding Counselors 334-727-1800

- Tina Allen, R.D.N.
- Tracey Johnson, NA

Postpartum Breastfeeding Support Groups

- Macon County Health Dept.
334-727-1800

Breast Pump/Supplies

- Macon County Health Dept.
334-727-1800

Madison County

WIC Breastfeeding Counselors 256-533-0826

- Kashera Sims, MS, RD
- Valerie Tabor, MS, RD
- Debbie Blanchard, RD, LD
- Marilyn Agee, NA
- Sheryl Gilbreath, MS, NA
- Lauren Burruss, RN
- Tenaja Ali, NA

Huntsville Hospital Women's Center 256-265-7285

- Kelly Shewbart, RN, IBCLC
- Cindy Gill, RN, IBCLC
- Elizabeth Jennings, RN, IBCLC
- Carolyn Black, RN, IBCLC
- Melissa Cote, RN, IBCLC
- Debra Smith, RN, IBCLC
- Celia Sweatman, RN, IBCLC
- Shannon Blaine, RN
- Vickie Johnston, RN, IBCLC

Crestwood Maternity Center 256-880-4250

- Densie Firman, RN, IBCLC
- Jennifer Miller, RN
256-880-4251
- Christy Beitel, RN
- Jane Mitchell, RN, IBCLC

Madison County

Madison Hospital

256-265-5651

- Stacy Ramirez, RN, IBCLC
- Kristine Taff, RN, IBCLC
- Anne Sheaves, RN, IBCLC

Other Counselors

- Lysa Parker
256-772-8161
- Susie McIntosh
256-837-2489
- Tone Williams
256-464-953
- Glenni Lorick, IBCLC
256-489-2590
- Melissa Florence, IBCLC
256-489-2590

Prenatal Breastfeeding Classes

- Madison County Health Department
205-533-0826
- Huntsville Hospital Women's Center
256-265-7440
- Crestwood Maternity Center
256-830-0283
- A Nurturing Moment
256-489-2590

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Postpartum Breastfeeding Support Groups

- Huntsville Hospital Women's Center
256-265-7285
- Mommy Milk Meet-up
256-489-2590

Breast Pump/Supplies

- Madison County Health Dept.
256-533-0826

Madison County

Breast Pump/Supplies

- Huntsville Hospital Women's Center
256-265-7285
- Kerley Medical
256-519-2386

Breast Pump/Supplies

- A Nurturing Moment
256-489-2590
- Posh Mommy
205-722-3181

La Leche League Contacts

Huntsville Group

- Rachael 512-560-8609
- Jessica 256-682-9356

Madison Group

- La Leche League-Madison
Jana- 256-455-4746
Stephanie- 256-325-6780

Marengo County

WIC Breastfeeding Counselors

334-295-4205

- Tina Parker, NA
- Michelle Pugh, RN

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Marengo County Health Dept.
334-295-5735

Marion County

WIC Breastfeeding Counselors

205-921-3118

- Paige Taylor, RN

Marion County

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Breastfeeding Pump/Supplies

- Marion County Health Dept.
205-921-3118

Marshall County

WIC Breastfeeding Counselors 256-582-7381

- Robin Thornberry, RD, LD

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Marshall Medical Center South 256-840-3465

- Sherre Goble, RN

Marshall Medical Center North 256-571-8263

- Courtnie Chaffin, RN, CLC

Prenatal Breastfeeding Classes

- Courtnie Chaffin, RN, CLC
Marshall Medical Center North
256-753-8263
- Sherre Goble, RN
Marshall Medical Center South
256-840-3439
- Marshall County Health Dept.
256-582-3174
- Sherre Ratcliff, LPN, Boaz-
Albertville Hospital
256-593-8310

Marshall County

Postpartum Breastfeeding Support Groups

Breast Pump/Supplies

- Marshall County Health Dept.
256-582-7381
- Fitting Your Needs
256-878-0105

Mobile County

WIC Breastfeeding Counselors

- Meridith Gardner, IBCLC
251-690-8806

Mobile Infirmary Medical Center 251-435-2525

- Ina Hall, RN, IBCLC
- Sandy Wallace, RN, IBCLC
- Melissa Blevins, RN, IBCLC

Providence Hospital 251-633-1749

- Marcia Ranew, RN, BS, CCE,
IBCLC

University South Alabama Children's and Women's Hospital 251-415-1285

- Tammy Doherty, RN, IBCLC
- Ann Slaughter, RN, IBCLC

Springhill Memorial Hospital 251-460-5207

- Eileen Lenoir, IBCLC

Prenatal Breastfeeding Classes

- Mobile County Health Dept.
251-690-8906
- Eileen Lenoir, IBCLC, Springhill
Memorial Hospital
251-460-5207

Mobile County

Other Counselors

- Marcia Ranew, RN, IBCLC
Providence Hospital
251-633-1749
- Sandy Wallace, RN, IBCLC,
Mobile Infirmary
251-435-2525

Prenatal Breastfeeding Classes

- USA Children's and Women's
Hospital
251-415-1069

Breast Pump/Supplies

- Mobile Infirmary
251-435-2525
 - Springhill Memorial Hospital
Pharmacy
251- 460-3870
 - Siegel's Baby Room
251-342-9469
 - Mobile County Health Dept.
251-690-8906
 - Springhill Medical Supply
251-342-3023
 - American Home Patient
251-380-5210
- ### Breast Pump/Supplies
- Children's and Women's USA Gift
Shop
251-415-1543

La Leche League Contacts

- Amanda
251-689-2085 or
amandaLLLmobile@yahoo.com
- michelleLLLmobile@yahoo.com

Postpartum Breastfeeding Support Groups

- Marcia Ranew, RN, IBCLC
Providence Hospital
251-633-1749

Monroe County

WIC Breastfeeding Counselors

251-575-3108

- Rosemary Robertson, RN
- Edna Cunningham, NA

Monroe County Hospital

251-743-7355

- Cindy Jones, RN, IBCLC
- Linda McCants, LPN

Breast Pump/Supplies

- Monroe County Health Dept.
251-575-3108

La Leche League Contacts

- Heather
251-862-2663
- Jennifer
251-248-2780

Montgomery County

WIC Breastfeeding Counselors

334-293-6400

- Jennifer Holtzsch, R.D.N.
334-293-6400
- Sharon Perdue, NA
293-6400 ext 2417
- Tina Allen, R.D.N.

Eastbrook Training Clinic,

334-270-9263

- Carmalita Green, RD, LD

Lister Hill, 334-834-5811

- Doris Harden, RD, LD
- Bettye Henderson, RD

Baptist Medical Center East, 334-244-8360

- Psyche Wilburn, RN, IBCLC
- Linda Veach, RN, IBCLC
- Jill Buck, RN, IBCLC
- Leanna Rambo, RN
- Tisha Powell, RN, IBCLC

Montgomery County

Jackson Hospital, 334-293-8497

- Liz Owen, RN, IBCLC
- Pam Mathews, RN, IBCLC

Baptist Medical Center, South 334-286-2829

- Leanna Rambo, RN

Prenatal Breastfeeding Classes

- Baptist Medical Center East
334-244-8360
- Liz Owen, RN, IBCLC
Jackson Hospital
334-293-8497
- Eastrook WIC Training Clinic
334-270-9263

Breast Pump/Supplies

- Montgomery County Health Dept.
334-293-6450
- Storkland
334-277-2229
- Baptist East Gift Shop
334-244-5077
- Jackson Hospital Gift Shop
334-293-8821

La Leche League Contacts

- Alina,
LLL.Montgomery.AL@gmail.com
- Denise
LLL.Montgomery.AL@gmail.com

Other Counselors

- Tangel Boyd, IBCLC

Postpartum Breastfeeding Support

- LaLeche Legue
LLL.Montgomery.AL@gmail.com
- Baptist Medical Center South
334-286-2829

Morgan County

WIC Breastfeeding Counselors 256-560-0611

- Pam Galbreath, RN
- Jessie Simmons, RD
- Wendy Singleton, LPN, CLC
- Ashley LouAllen, NA
- Kisha Franklin, NA

Decatur Morgan Hospital 256-341-2966 or 256-341-3455

- Britney Hood, RN, IBCLC
- Brandi Casteel, RN

Other Counselors

- Rose Marie Sledd, IBCLC
256-351-8151
- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Prenatal Breastfeeding Classes

- Morgan County Health Dept.
256-560-0611
- Parkway Medical Center Pavilion for
Women & Children
256-301-3393 or 256-301-3499
- Decatur General Women's Center
256-341-2966
- Debra Miller, Decatur OB/GYN
205-353-0178

Postpartum Breastfeeding Support Groups

- Decatur General Women's Center
256-341-2966 or 256-341-3435
- Breastfeeding Resource Hotline
256-341-3435
- La Leche League
Huntsville Group

Morgan County

Breast Pump/Supplies

- Payless Pharmacy
256-353-5011
- Payless Express
256-351-7006
- Morgan County Health Dept.
256-560-0611
- Kerley Medical
256-519-2386

La Leche League Contacts

- Paige 256-874-3617
- Stephanie
256-325-6780 or 256-348-9700

Perry County

WIC Breastfeeding Counselors 334-683-6155

- Rachel Todd, RD
- Tina Parker, NA, Uniontown
334-628-6226

Breast Pump/Supplies

- Perry County Health Department
334-683-6155
- Union Town Clinic
334-628-6226

Pickens County

WIC Breastfeeding Counselors 205-367-8157

- Jennifer Pate, NA
- Dorinda Jones, NA

Prenatal Breastfeeding Classes

Breast Pump/Supplies

- Pickens County Health Dept.

Pike County

WIC Breastfeeding Counselors 334-566-2860

- Jody Lee, RD

Prenatal Breastfeeding Classes

- Pike County Health Dept.
334-566-2860

Postpartum Breastfeeding Support Groups

Breast Pump/Supplies

- Pike County Health Dept.
334-566-2860

La Leche League Contacts

- Jodie Kilpatrick, 334-447-9157
- Kimberly Vega, 334-470-7056

Poarch Band of Creek Indians

WIC Breastfeeding Counselors 251-368-9136

- Jill Lee, DTR
251-368-9136

Prenatal Breastfeeding Classes

- Jill Lee, DTR
251-368-9136

Randolph County

WIC Breastfeeding Counselors 334-863-8981

- Kathy Green, RN
- Jenny Knox, RD

Other Counselors

- Gift of Life
256-863-4111, ext. 1565

Prenatal Breastfeeding Classes

- Lanier Memorial Hospital Valley
334-756-3111

Randolph County

Postpartum Breastfeeding Support Groups

- Lanier Memorial Hospital Valley
334-756-3111

Breast Pump/Supplies

- Randolph County Health Dept.
334-863-8981

Russell County

WIC Breastfeeding Counselors 334-297-0251 or 334-297-5736

- Kourtnei Mitchell, NA
- Brandy Bazinet, NA
- Alexis Thompson, R.D.N.

Prenatal Breastfeeding Classes

- Russell County Health Department
334-297-0251

Postpartum Breastfeeding Support Groups

Breast Pump/Supplies

- Russell County Health Department
334-297-0251
- The Medical Center, Georgia
706-571-1390

Shelby County

WIC Breastfeeding Counselors 205-664-2470

- Ann McClendon, RD, LD
- Suzanne Walker, NA
- Laura Griffin, RD, LD

Shelby Baptist Medical Center 205-620-8262

- Vicki Tittle, RN, IBCLC
- Amy Lee, RN,

Shelby County

Prenatal Breastfeeding Classes

- Shelby Baptist Medical Center
205-620-8844

Postpartum Breastfeeding Support Group

Breast Pump/Supplies

- MASH
205-664-2059
- Shelby County Health Dept.
205-664-2470

La Leche League Contacts

- Shaylea ,501-804-8483
- Dawn, 205-988-0594
- Erica, 205-222-0081

St. Clair County

WIC Breastfeeding Counselors 205-338-3357

- Jennifer Bice, RD, LD
- Tia Johnson, RD

Breast Pump/Supplies

- St. Clair Health Dept.
205-338-3357
- Breastfeeding Solutions, Inc. (pump
and scale rental)
Brenda Hallmark, RN, IBCLC
205-936-7533

La Leche League Contacts

- Alicia, 205-884-0804

Other Counselors

- Brenda Hallmark, RN, IBCLC
Breastfeeding Solutions, Inc.
(Springville Area)
205-936-7533

Sumter County

WIC Breastfeeding Counselors 205-652-7972

- Jane Neill, RD
- Alice Lyles, NA
- Deann Fleming, RN

Breast Pump/Supplies

- York Drug Co.
205-392-5201
- Sumter County Health Dept.
205-652-7972

Talladega County

WIC Breastfeeding Counselors 256-362-2593

- Anna Keith, RD

Other Counselors

- Gift of Life, Robin J. Hill, RN,
Citizens BMC Hospital
256-761-4204

Citizens Baptist Medical Center 256-761-4200

- Teresa Reid, RN
- Jolene Lee, RN
- Angie Travis, RN

Prenatal Breastfeeding Classes

- Citizens Baptist Medical Center
256-761-4200
- Talladega County Health Dept.
256-362-2593

Breast Pump/Supplies

- Citizens Baptist Medical Center
256-761-4200
- Talladega County Health Dept.
256-362-2593

WIC Breastfeeding Counselors 256-248-3807

- Lynn Phurrough, RN

Talladega County

Coosa Valley Baptist Medical Center 256-249-5539 or 256-249-5749

- Erica Martin
- Charlotte Hurst, RN

Other Counselors

- Gift of Life (Sylacauga)
256-249-5348,
- Anne Potts, LBSW Coosa Valley
BMC
- Gift of Life(Talladega)
256-761-4204,
- Robin Hill, RN, Citizens BMC
- Megan Epperson, RN, IBCLC

Prenatal Breastfeeding Classes

- Today's Mom Extension Office
256-249-3807

Breast Pump/Supplies

- Sylacauga Health Department
256-249-3807
- Coosa Valley Baptist Medical Center
256-249-5749
- Citizens Baptist Medical Center
256-761-4200

Tallapoosa County

WIC Breastfeeding Counselors 256-329-0531

- Debbie Thompson, RN
- Candelyn Harkins, NA
- Marjorie Caldwell, RN

Russell Hospital 256-329-7162

- Vicki Walden- Gift of Life
256-234-3477

Breast Pump/Supplies

- Russell Hospital
256-329-7162
- Tallapoosa County Health Dept.
256-329-0531

Tallapoosa County

WIC Breastfeeding Counselors 256-825-9203

- Debbie Thompson, RN
- Candelyn Harkins, NA

Breast Pump/Supplies

- Tallapoosa County Health Dept.
256-825-9203

Tuscaloosa County

WIC Breastfeeding Counselors

- Lee Ann Wagner, RD, LD
205-562-6900

Northport Medical Center 205-330-3037

- Jane Abel, RN, IBCLC
- Mary McAteer, RN, IBCLC

DCH Regional Medical Center 205-750-5186

- Mona Guin, RN, IBCLC
- Jan Norman, RN, IBCLC
- Vickie Lyle, RN, IBCLC
- Patti Kortbawi, RN, IBCLC

Other Counselors

- Cindy Wagner, RD, IBCLC
205-553-6790
- Mylene Garcia, IBCLC

Prenatal Breastfeeding Classes

- Tuscaloosa County Health Dept.
205-562-6900
- Jane Abel, Northport Medical Center
205-330-3037
- Mona Guin, RN, IBCLC,
DCH Regional Medical Center
205-750-5186

Tuscaloosa County

Postpartum Breastfeeding Support Groups

- Tuscaloosa County Health Dept.
205-562-6900
- Jane Abel, Northport Medical Center
205-333-3037
- Mona Guin, RN IBCLC
DCH Regional Medical Center
205-750-5186

Breast Pump/Supplies

- Christine Cover, RN, Baby Talk
Northport
205-333-1594
- Tuscaloosa County Health Dept.
205-562-6900
- Northport Medical Center
205-330-3031
- DCH Regional Medical Center
205-750-5186

La Leche League Contact

- Jessica
205-410-1934

Walker County

WIC Breastfeeding Counselors 205-221-9775

- Leigh Ann Colvin, RD
- Shirley King, RN

Walker Baptist Medical Center 205-387-4858

- Cathy Bruce, RN, BSN, CCE,
IBCLC

Other Counselors

Walker County

Prenatal Breastfeeding Classes

- Cathy Bruce, RN, IBCLC, Walker Baptist Medical Center
205-387-4858

Breast Pump/Supplies

- For Ladies Only
205-979-4377
- Walker County Health Dept.
205-221-9775

Washington County

WIC Breastfeeding Counselors

- Cynthia Turberville, RD
251-847-2245(Chatom)
- Kaye Odom, RN
251-847-2399

Breast Pump/Supplies

- Washington County Health Dept.
Chatom
251-847-2245

Wilcox County

WIC Breastfeeding Counselors **334-682-9217**

- Kristy Wilkinson, RN
- Gwen Kenney, RN
- Shanna Huggins, RN

Breast Pump/Supplies

- Wilcox County Health Dept.
334-682-9217

Winston County

WIC Breastfeeding Counselors

- Carol Davis, RN
205-489-2101

Other Counselors

- Crystal Terry, MA, CLC
Community Action Partnership of
North Alabama-Head Start
256-260-3140 or 256-278-6788

Breast Pump/Supplies

- Winston County Health Dept.
205-489-2101

AREA NUTRITION DIRECTORS AND COUNTIES

AREA 1

Dianne Lollar, MPH, RD **205-295-4727**
Area Nutrition Director

Colbert	Tuscumbia
Franklin	Russellville
Lauderdale	Florence
Marion	Hamilton
Walker	Jasper
Winston	Double Springs

AREA 2

Shelia Osborn, MS, RD **256-301-6711**
Area Nutrition Director

Cullman	Cullman
Jackson	Scottsboro
Lawrence	Moulton
Limestone	Athens
Madison	Huntsville
Marshall	Albertville
Morgan	Decatur

AREA 3

Renee Cole, RD **205-554-4515**
Area Nutrition Director

Bibb	Centreville
Fayette	Fayette
Greene	Eutaw
Lamar	Vernon
Pickens	Carrollton
Tuscaloosa	Tuscaloosa

AREA 4

Jeanne Baker, RD **205-930-1536**
Area Nutrition Director

Jefferson	Birmingham
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AREA 5

**Reba Brannan, MPH, RD
Area Nutrition Director**

205-685-4177

Blount	Oneonta
Cherokee	Centre
DeKalb	Fort Payne
Etowah	Gadsden
St. Clair	Pell City
Shelby	Pelham

AREA 6

**Cynthia Templeton, RD
Area Nutrition Director**

256-463-2296

Calhoun	Anniston
Chambers	Valley
Clay	Ashland
Cleburne	Heflin
Coosa	Rockford
Randolph	Roanoke
Talladega	Talladega

AREA 7

**Denise Pope, MS, RD
Area Nutrition Director**

**334-295-2412
334-295-1000**

Choctaw	Butler
Dallas	Selma
Hale	Greensboro
Lowndes	Hayneville
Marengo	Linden
Perry	Marion, Uniontown
Sumter	Livingston
Wilcox	Camden

AREA 8

**Alisa Champion, RD
Area Nutrition Director**

334-277-8464 ext. 4

Autauga	Prattville
Bullock	Union Springs
Chilton	Clanton
Elmore	Wetumpka
Lee	Opelika
Macon	Tuskegee
Montgomery	Montgomery
Russell	Phenix City

AREA 9

**Nancy Johnson, RD
Area Nutrition Director**

251-937-5859

Baldwin	Robertsdale
Butler	Greenville
Clarke	Grove Hill
Conecuh	Evergreen
Covington	Andalusia
Escambia	Brewton
Monroe	Monroeville
Washington	Chatom

AREA 10

**Debbie Curran, RD
Area Nutrition Director**

334-393-5541

Barbour	Eufaula
Coffee	Enterprise
Crenshaw	Luverne
Dale	Ozark
Henry	Abbeville
Houston	Dothan
Pike	Troy

AREA 11

**Elizabeth W. Smith, MPA, RD
Area Nutrition Director**

251-694-3949

Mobile	Mobile
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