

# **MICROSTREAM® CAPNOGRAPHY:** *The use and benefits in intubated and nonintubated patients*



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**LT/PM SCFD 7**



# Course Overview

- Capnography Overview
- Physiology
- Oxygenation vs. Ventilation
- History of Capnography



## Course Overview

- Technology Advances
- Understanding the Waveform
- Capnography uses in EMS Intubated uses
- Non-intubated uses



# Capnography Overview

## Why use capnography?

## Why should I learn capnography?



# Capnography Overview

- End Tidal CO<sub>2</sub> -What is It?
  - Breathing is done in waves
  - EtCO<sub>2</sub> is the amount of CO<sub>2</sub> measured at the peak of the wave
  - EtCO<sub>2</sub> is measured at nose, mouth, or hub of the ET tube

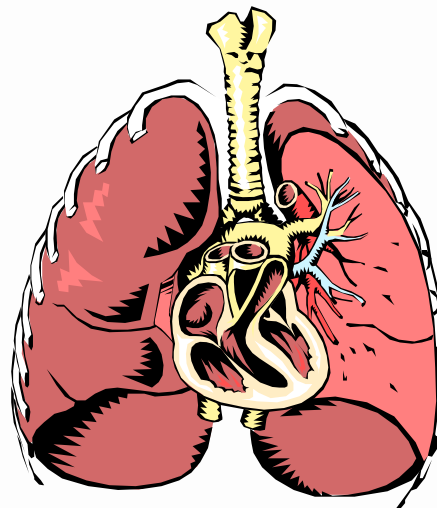


# Capnography Overview

- A technology that
  - Provides another measurement in assessing your patient
  - Gives an objective measure of your patient's ventilatory status
  - Shows a graphic picture of your patient's ventilatory status
  - Presents an early warning of changes in your patient's cardiopulmonary status
  - Supplies important documentation on your patient



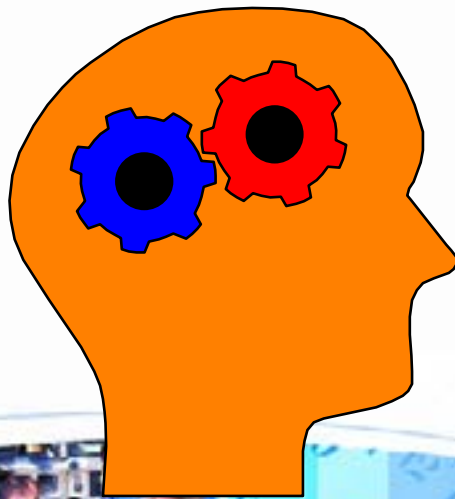
# PHYSIOLOGY



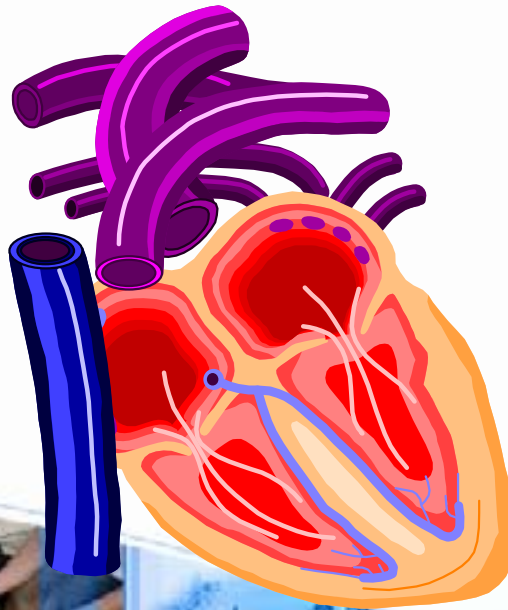
# Physiology of CO<sub>2</sub>

## ALL THREE ARE IMPORTANT!

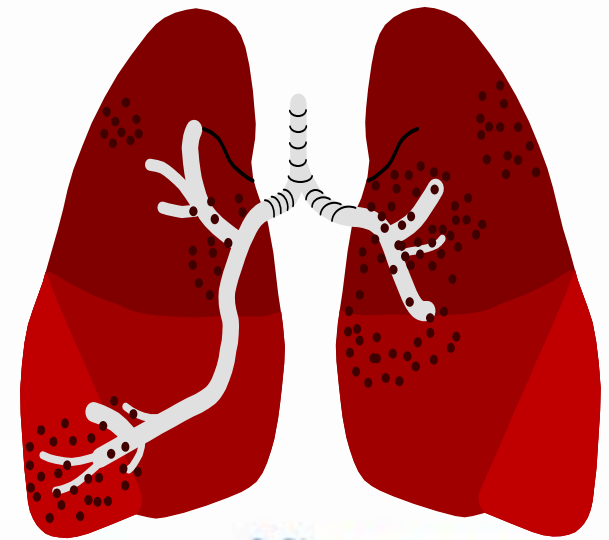
### METABOLISM



### PERFUSION



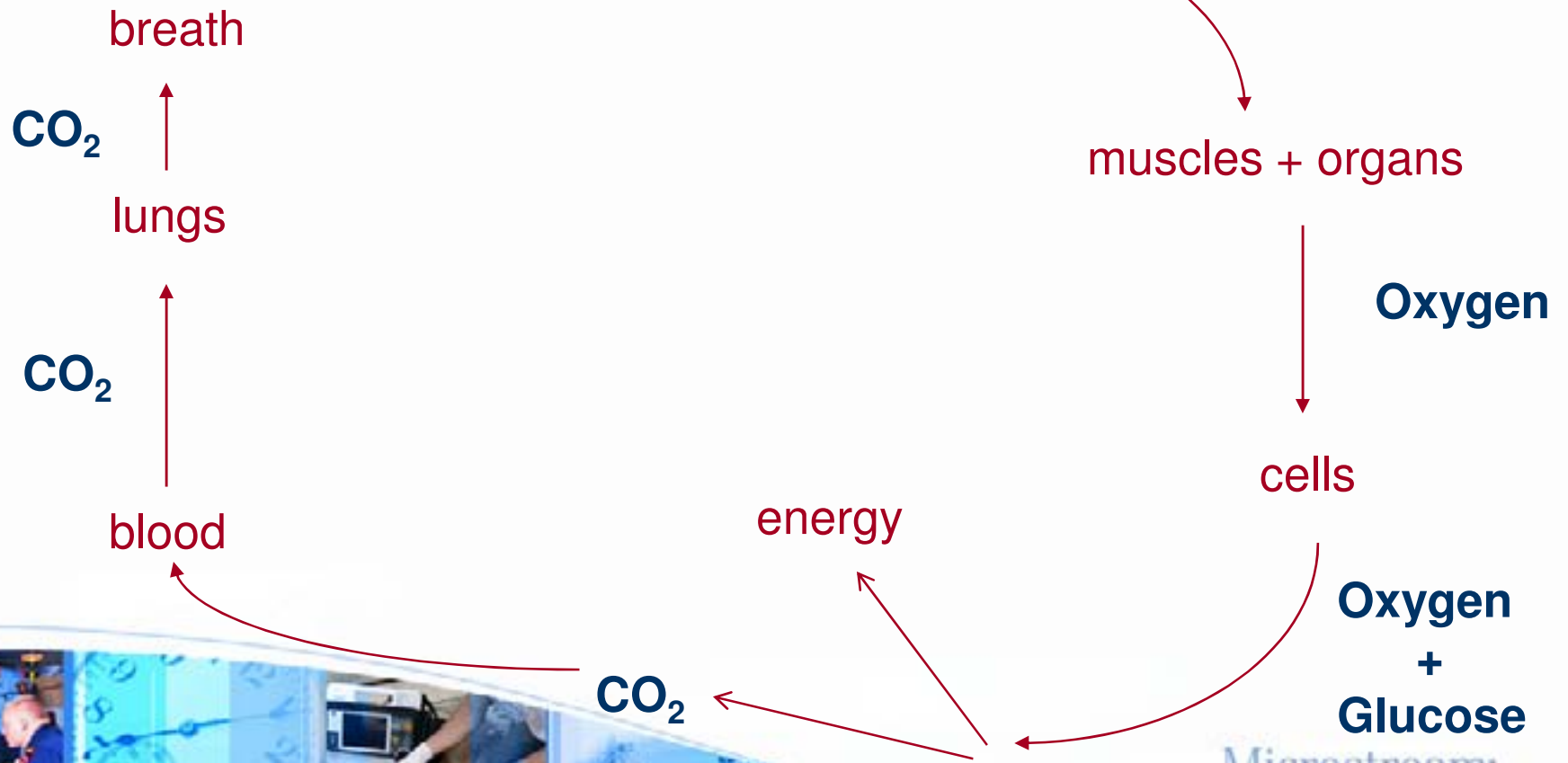
### VENTILATION





# Physiology of Carbon Dioxide Production

Oxygen -> lungs -> alveoli -> blood



# The Relationship Between PaCO<sub>2</sub> and EtCO<sub>2</sub>

- EtCO<sub>2</sub> normal range is 35 - 45 mmHg
- Under normal ventilation and perfusion conditions, the PaCO<sub>2</sub> & EtCO<sub>2</sub> will be very close
  - 2 - 5 mmHg with normal physiology
- Wider differences found in abnormal perfusion and ventilation



# Oxygenation and Ventilation

What is the difference?

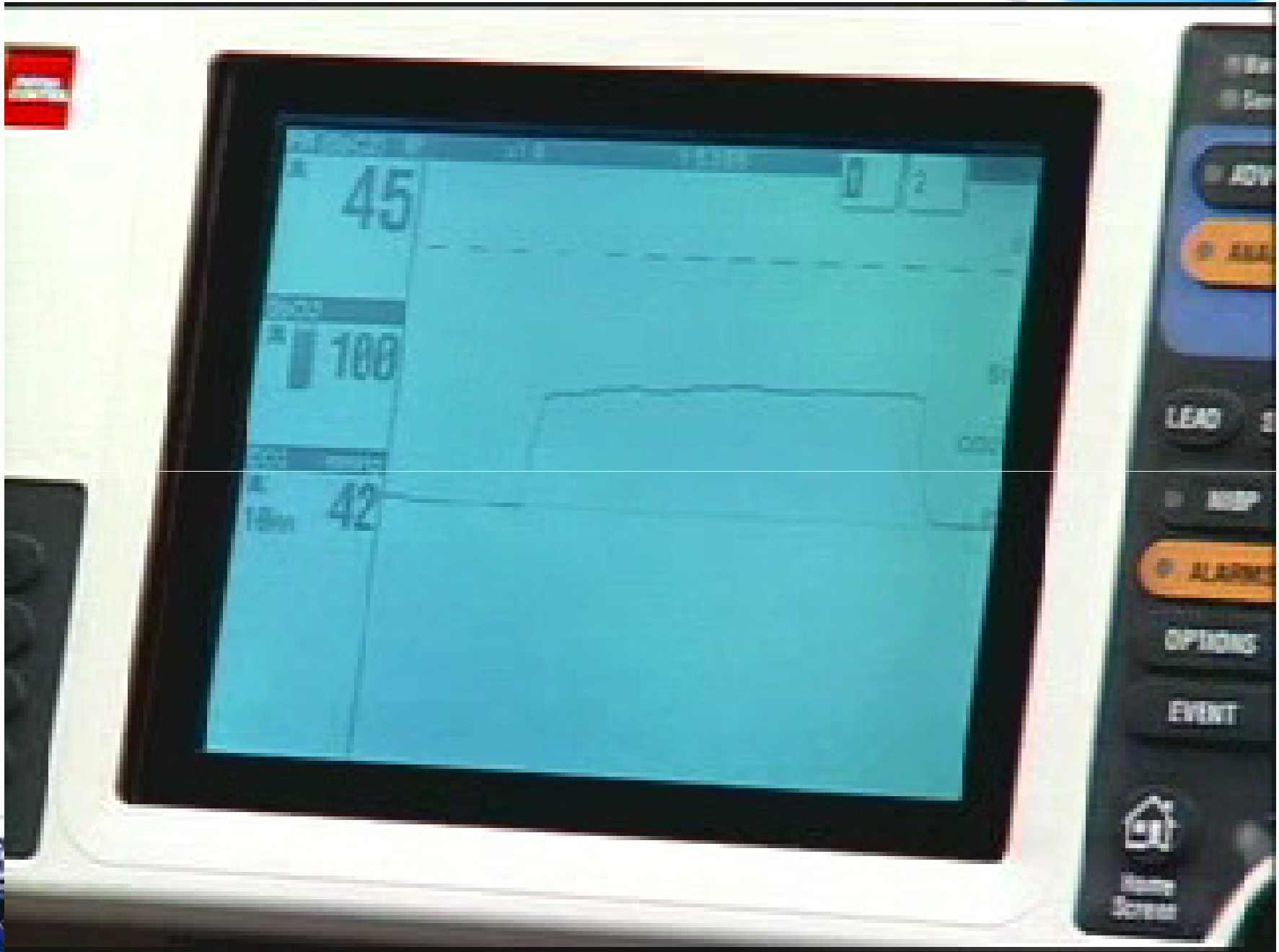


## Oxygenation versus Ventilation

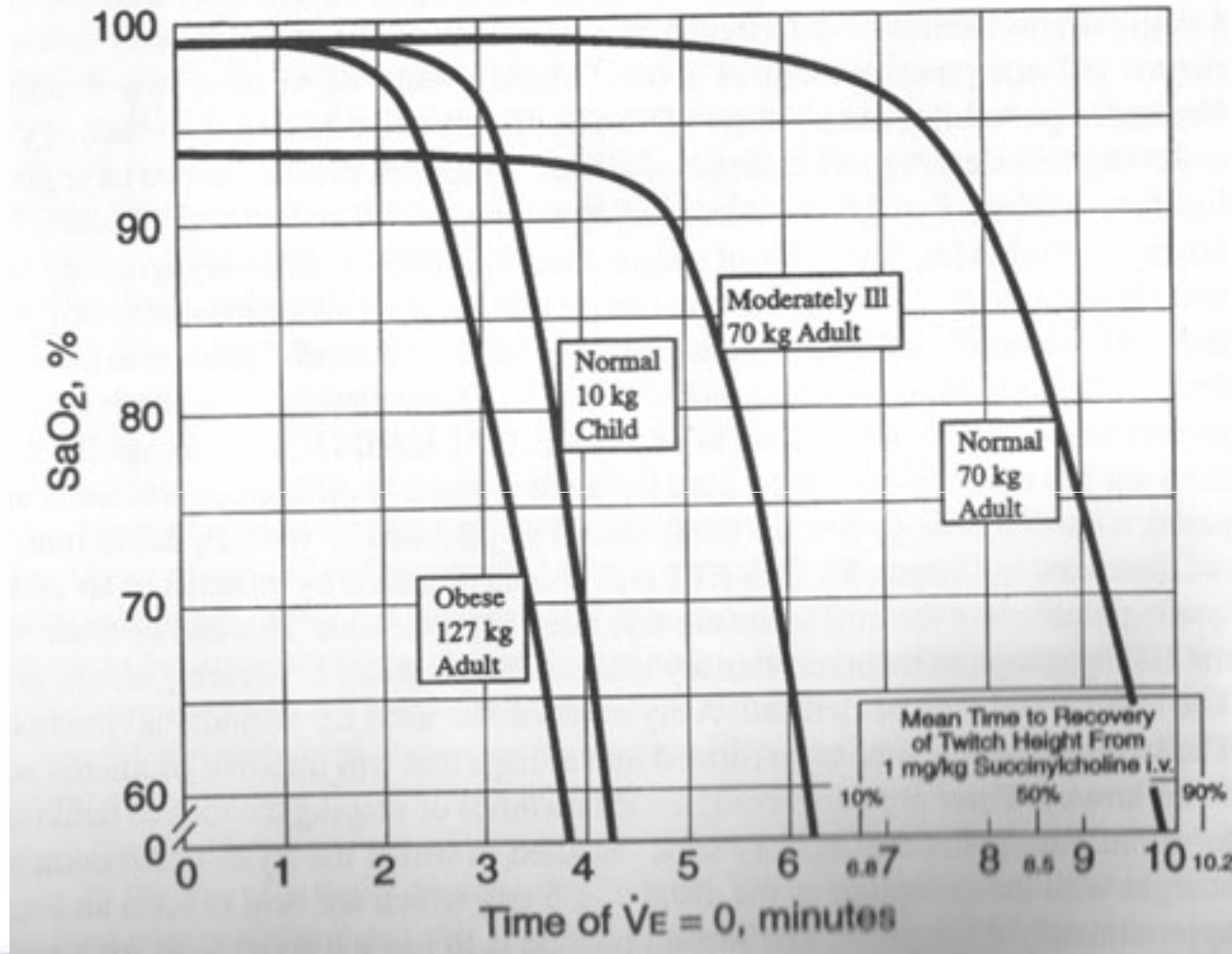


- Monitor your own SpO<sub>2</sub> and EtCO<sub>2</sub>
- SpO<sub>2</sub> waveform is in the second channel
- EtCO<sub>2</sub> waveform is in the third channel

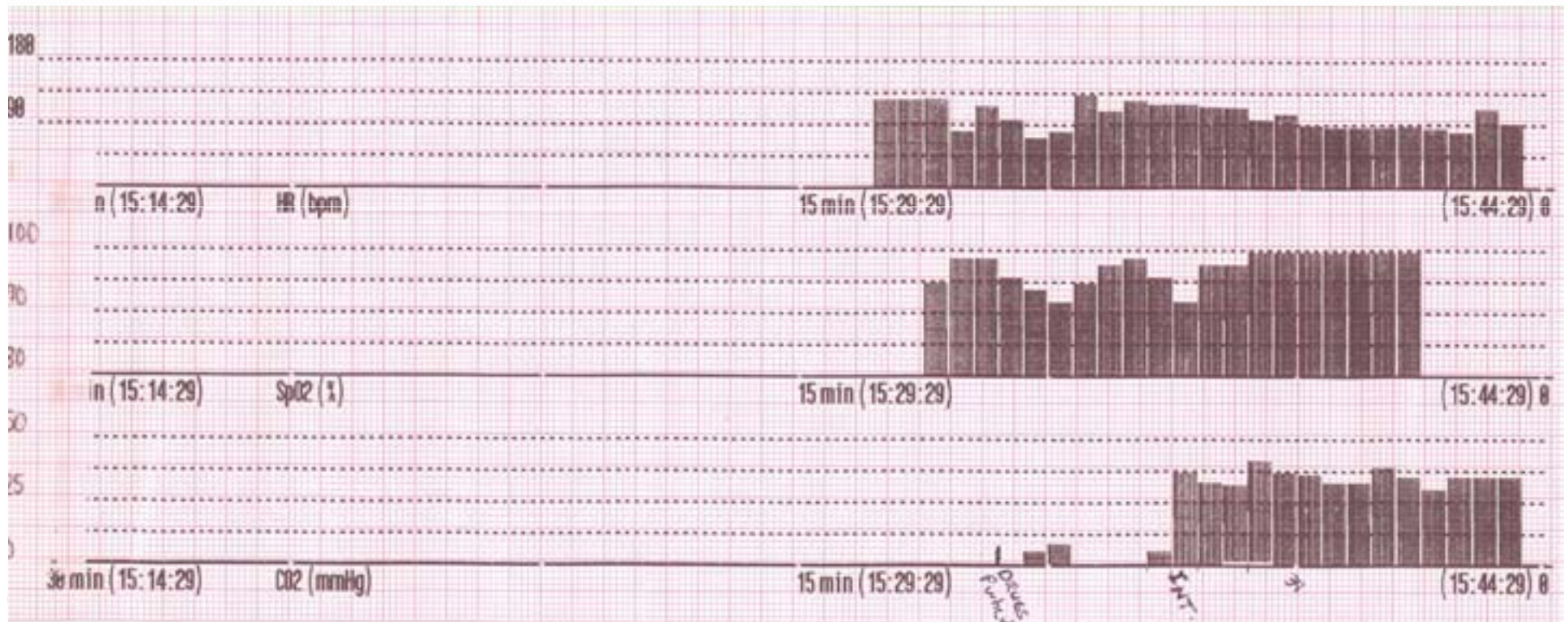




# Oxygen Desaturation Curve



# Trend Summary Desaturation



# Oxygenation and Ventilation

- Oxygenation
  - Oxygen for metabolism
  - SpO<sub>2</sub> measures % of O<sub>2</sub> in RBC
  - Reflects change in oxygenation within 5 minutes
  - Sensitive to artifact, motion, poor perfusion
- Ventilation
  - Carbon dioxide from metabolism
  - EtCO<sub>2</sub> measures exhaled CO<sub>2</sub> at point of exit
  - Reflects change in ventilation within 10 seconds
  - Accurate with motion and poor perfusion





# History of Capnography in EMS

- Used by anesthesiologists since the 1970s
- Standard of care in the OR since 1991
- New standards and technologies now expanding utilization



Source: PRACTICE GUIDELINES FOR SEDATION AND ANALGESIA BY NON-ANESTHESIOLOGISTS (Approved by the House of Delegates on October 25, 1995, and last amended on October 17, 2001)  
Anesthesiology 96: 1004-1017, 2002



# History of Capnography in EMS

Colorimetric



Capnometry

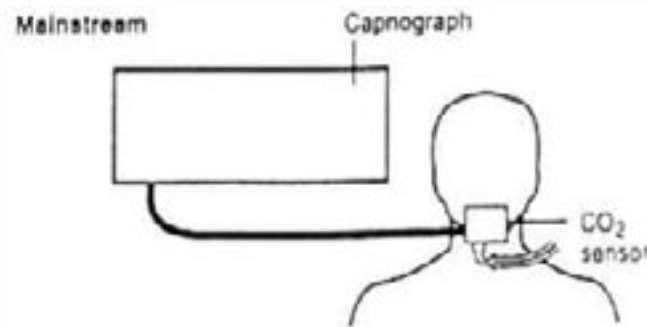


Capnography

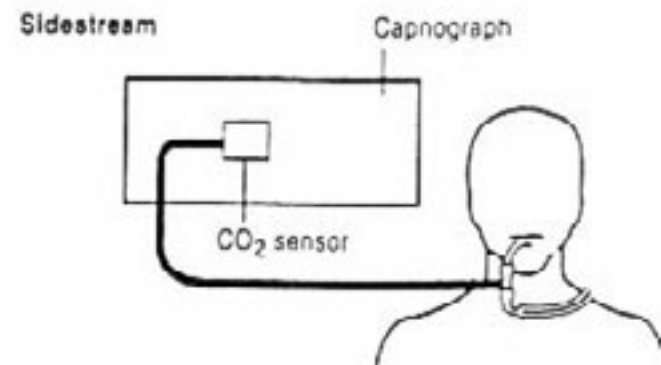
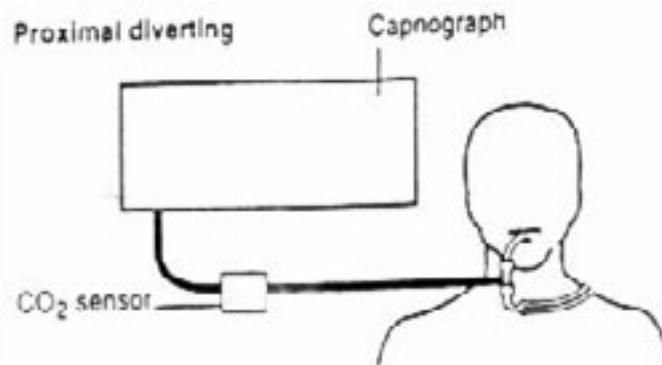


# Conventional Technologies

- **Mainstream**



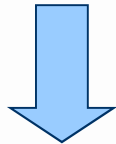
- **Sidestream**



# History of Capnography in EMS

## Capnography Technologies

- Conventional high-flow sidestream



1980's

- Mainstream



Early 1990's

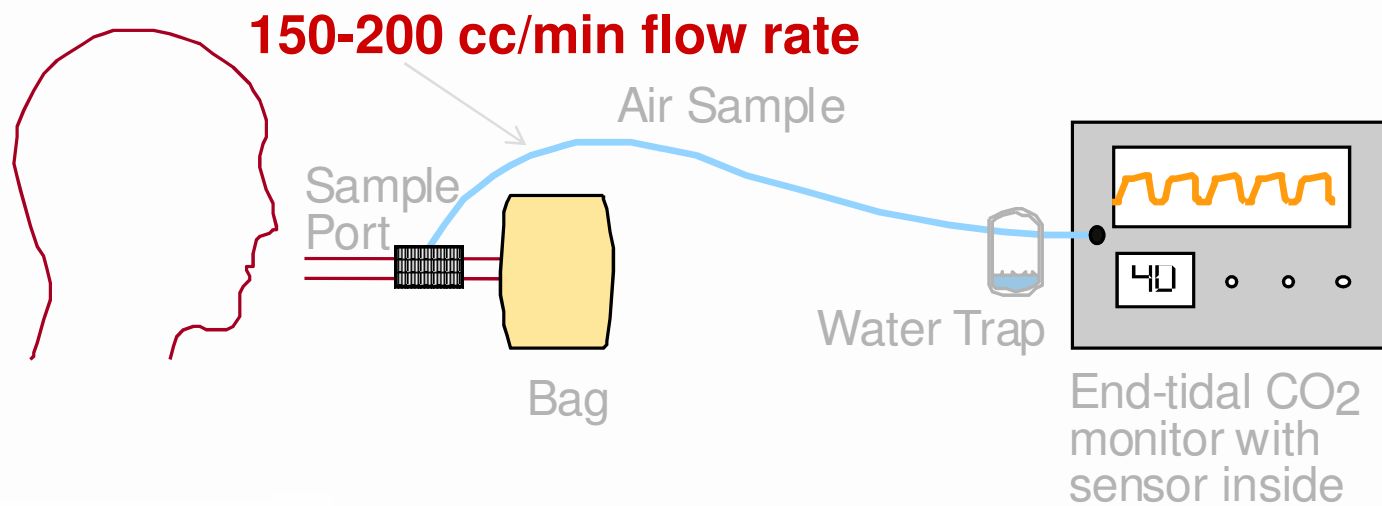
- Microstream® technology



# History of Capnography in EMS

Conventional high-flow sidestream system

capnography



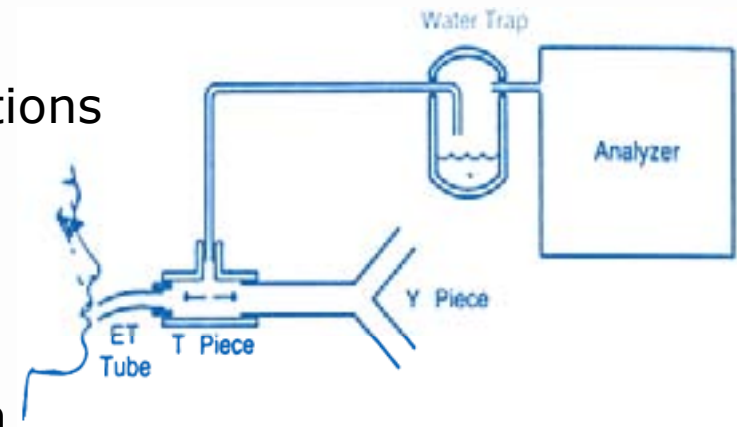
# Conventional Sidestream Technologies

- **Advantages**

- No sensor at airway
- Intubated & non-intubated applications

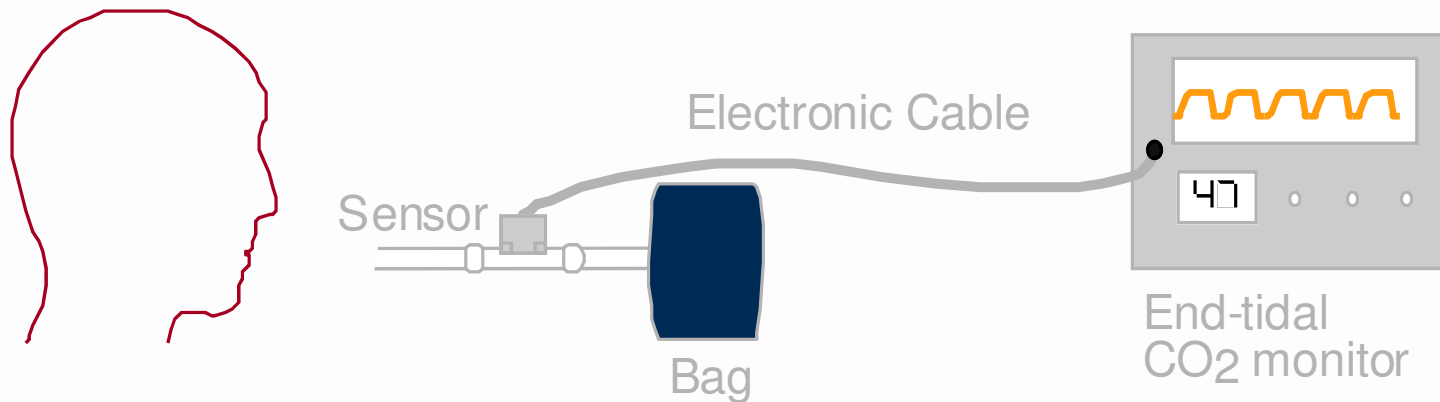
- **Disadvantages**

- Requires routine zero & calibration
- Requires high sample flow rate (150-250 ml/min)
- Secretions block sampling tube
- Requires external filter & water trap
- Competes for tidal volume in infants & neonates



# History of Capnography

- Mainstream Capnography



# Mainstream Conventional Technology

- **Advantages**

- Sensor on airway / real time



- **Disadvantages**

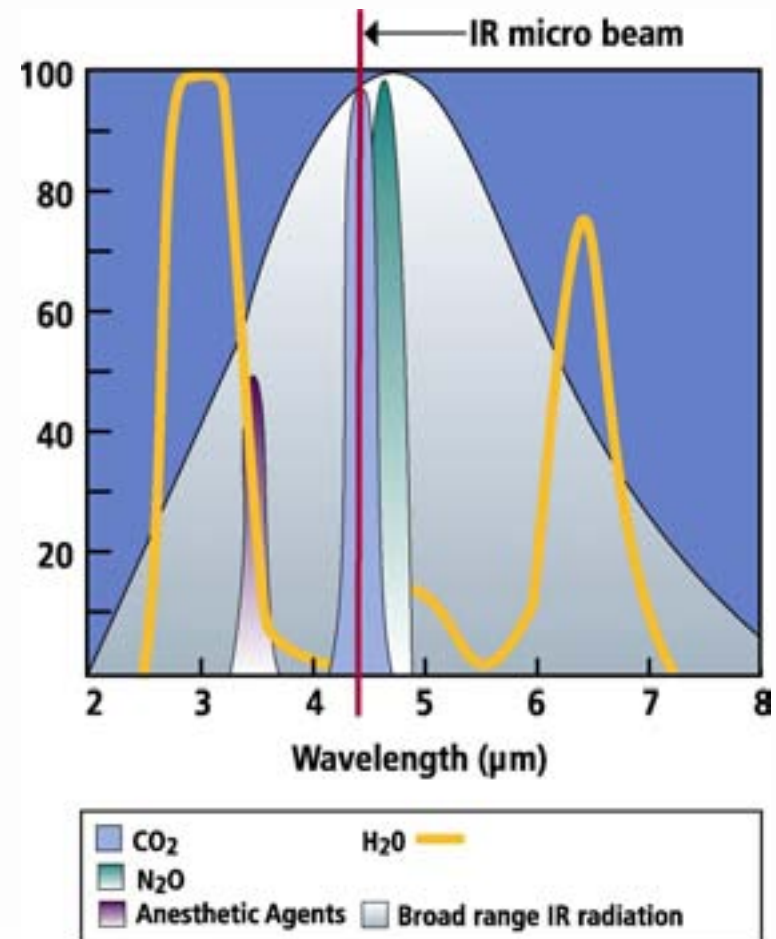
- Requires routine zero & calibration
- Requires sensor & cable at airway
- Heavy sensor on the airway
- Expensive sensor replacement
- Secretions block sensor window
- Only intubated patient populations
- Not able to use on non-intubated patients





# Microstream® Technology

- **Microstream® technology improves upon conventional sidestream technology**
  - Focused CO<sub>2</sub> specific IR beam  
- **Not affected by any other gases**
  - Low sample flow rate  
- 50 ml/min
  - Miniature sample cell  
- 15 microliters



# Microstream® Technology

- **Microstream® technology improves upon conventional sidestream technology**

## Advantages

- No sensor at airway
- No routine calibration
- Automatic zeroing
- Neonatal through adult
- Intubated and non-intubated patients
- Promotes superior moisture handling
- Accurate at small tidal volumes and high respiratory rates (pediatrics/neonates)



# Microstream® Capnography

- A combination of a unique CO<sub>2</sub> sidestream measurement technology and FilterLine® sampling line for improved breath sampling
- Only system providing accurate EtCO<sub>2</sub> readings for non-intubated patients receiving supplemental O<sub>2</sub> and switch between oral and/or nasal breathing



# Microstream® Capnography Major Benefits

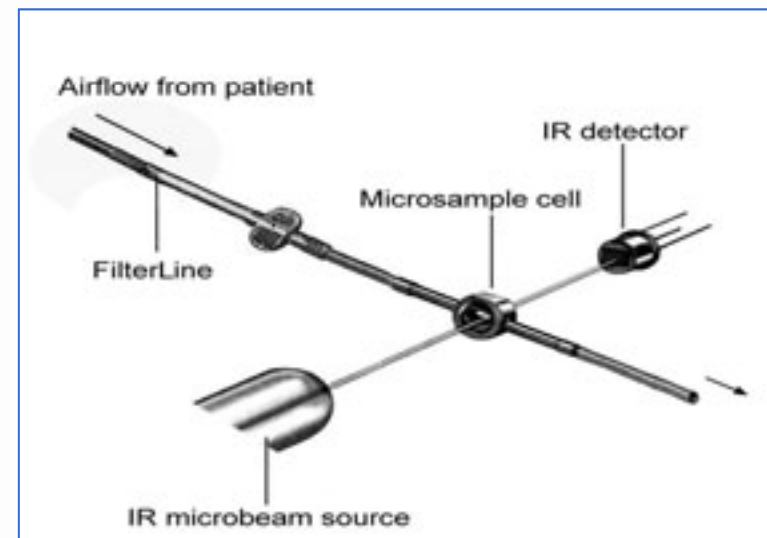
- Ease of use
- Reliable technology
- Flexibility; applicable for all patient types
- Versatile for all care environments
- Latest in capnography technological advancements



# Microstream® Capnography Advantages

## • Ease of Use

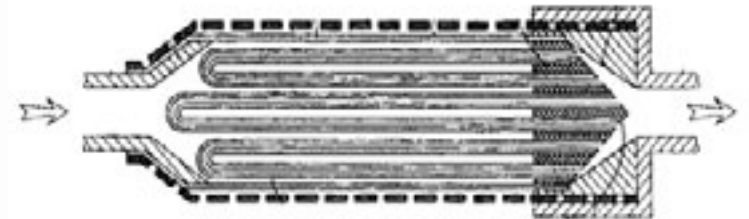
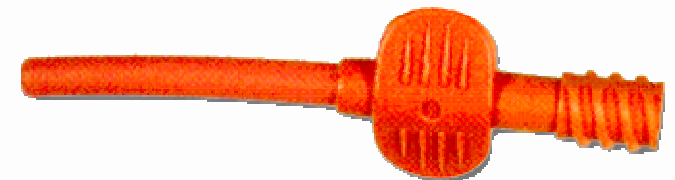
- No expensive sensors to replace
- Yearly calibration – done in 5 minutes by BioMed
- Quick warm up time  
~40 seconds from  
ON until first waveform  
and number appear
- One-piece Plug & Play  
consumables



# Microstream® Capnography Advantages

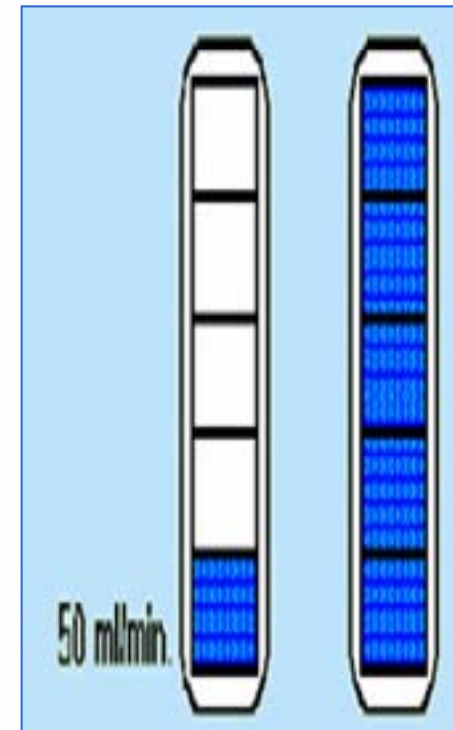
## • **Reliable Technology**

- Fast response time
- 1 mm microbore tubing reduces delay time
- Crisp waveform – longitudinal filter maintains laminar flow
- 0.2 micron Filter (hydrophobic longitudinal hollow fiber filter) prevents liquids from entering into the monitor



# Microstream® Capnography Advantages

- **Flexible for all Patient Populations**  
– *Solution for monitoring neonates*
  - 50 ml/min flow rate supports entire patient population – including neonates, compared to other brands that require 3-4 times the sample flow rate (150-200ml/min)
  - Does not compete for Neonate tidal volume
  - The lower the flow, the less moisture in the sampling line



# FilterLine® Solutions for EMS

## Non-Intubated



## Intubated



## Smart Solutions

Smart CapnoLine® Plus/  
Smart CapnoLine® Plus O<sub>2</sub>

Smart CapnoLine® Plus  
with connector

## FilterLine® Sets





# Smart Solutions for Non-intubated Patients

- “Microstream<sup>®</sup> technology allows the accurate measurement of EtCO<sub>2</sub> in the absence of an endotracheal tube.”
  - Continuous sampling from both mouth and nose
  - Special oral-piece design optimally samples when the patient is mouth breathing
  - Increased surface area provides greater sampling accuracy in the presence of low tidal volumes



ASA, 2001. Jay Brodsky, MD Professor of Anesthesia,  
Stanford University Medical Center, CA, USA.



## Smart Solutions for Non-intubated Patients

- **“Smart CapnoLine®Plus / Smart CapnoLine®Plus O<sub>2</sub>”**  
Oral/nasal FilterLine® for CO<sub>2</sub> measurement and O<sub>2</sub> delivery
  - Uni-junction sampling method ensures optimal waveform and ultra-fast response time
  - Unique O<sub>2</sub> delivery method reduces CO<sub>2</sub> sampling dilution
  - Effective O<sub>2</sub> delivery for both low flow and high flow needs



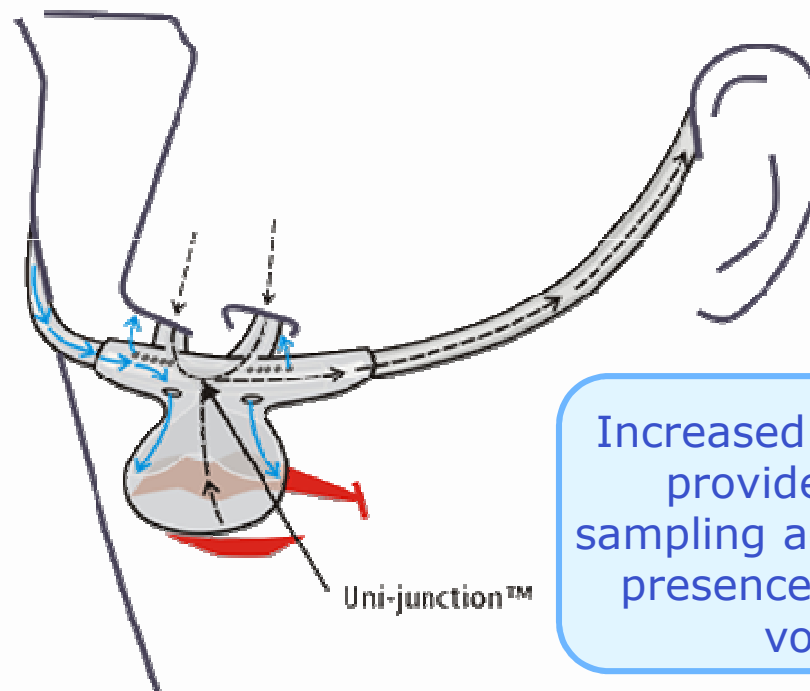
# Microstream® Capnography

## A Unique Solution for Non-intubated Patients

- **CO<sub>2</sub> sampling/O<sub>2</sub> delivery for non-intubated patients**

Small pin holes deliver oxygen around both nose and mouth

Uni-junction™ of sampling ports prevents dilution from supplemental oxygen



Increased surface area provides greater sampling accuracy in the presence of low tidal volume



## FilterLine® Sets - Solutions for Intubated Patients

- Easily handles moisture and secretions without water traps
- Able to measure in any position
- Easily switches to non-intubated monitoring without re-calibration of monitor



## FilterLine® FAQs

- For use only with monitors using Microstream® technology
- Single patient use, latex free
- Do not attempt to disinfect or flush lines
- Securely connect all components
- Never cut any area of a FilterLine® CO<sub>2</sub> sampling line
- Do not instill medications through the airway adapter
- When suctioning or instilling saline, place monitor into standby
- Never pass a suction catheter or stylet through the intubated airway adapter
- Change the FilterLine® CO<sub>2</sub> sampling line when the monitor displays a CO<sub>2</sub> occlusion message



# Microstream® Capnography Solutions for all Applications

“Microstream® features:

- Low flow rates
- Reduced dead space
- Lack of moisture-associated occlusion problems, and
- Low power consumption.

Furthermore, it can be used reliably in both intubated and non-intubated patients.”

\*Journal of Clinical Monitoring and Computing, August 1999. Baruch Krauss, MD, Division of Emergency Medicine, Boston Children’s Hospital, Instructor in Pediatrics, Harvard Medical School, Boston, Massachusetts, USA.



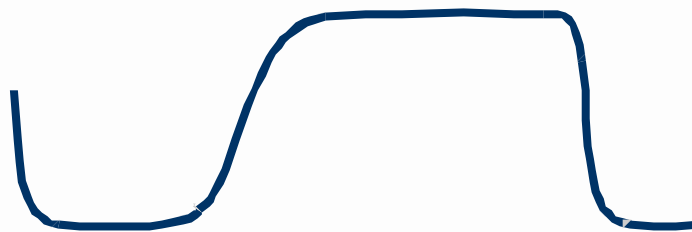
# Capnographic Waveforms

As Diagnostic as an ECG Waveform



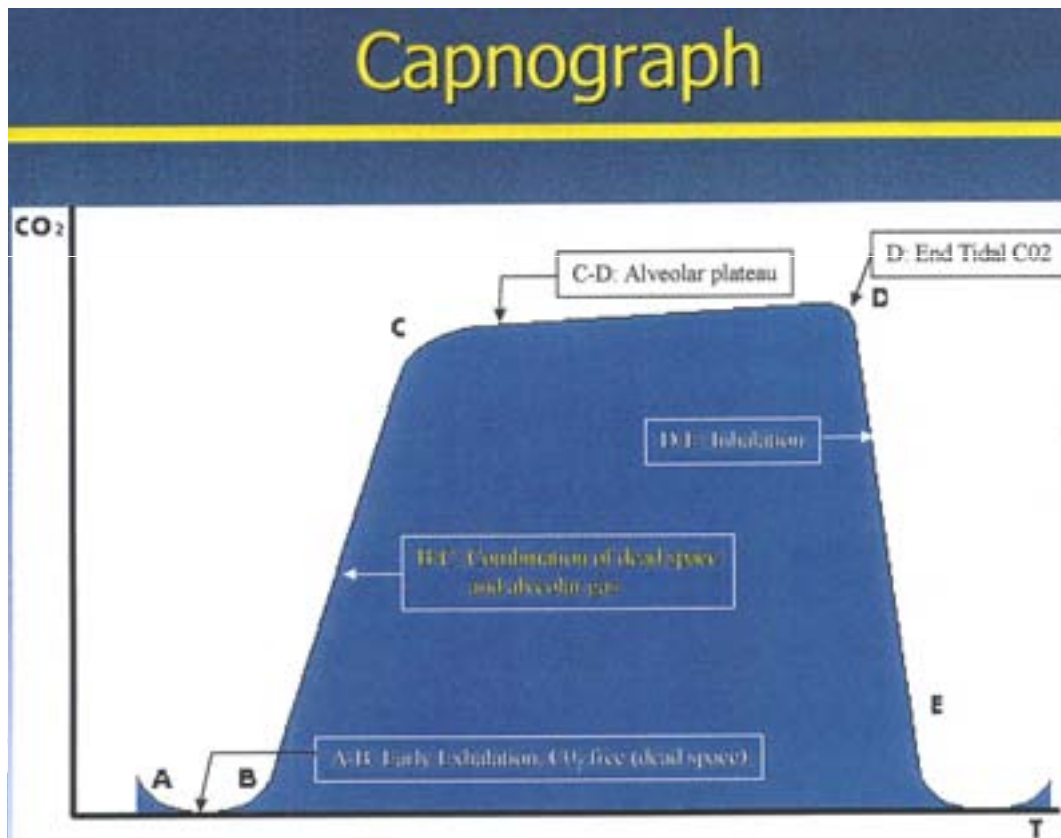
# Capnographic Waveform

- Normal waveform of one respiratory cycle
- Similar to ECG
  - Height shows amount of CO<sub>2</sub>
  - Length depicts time





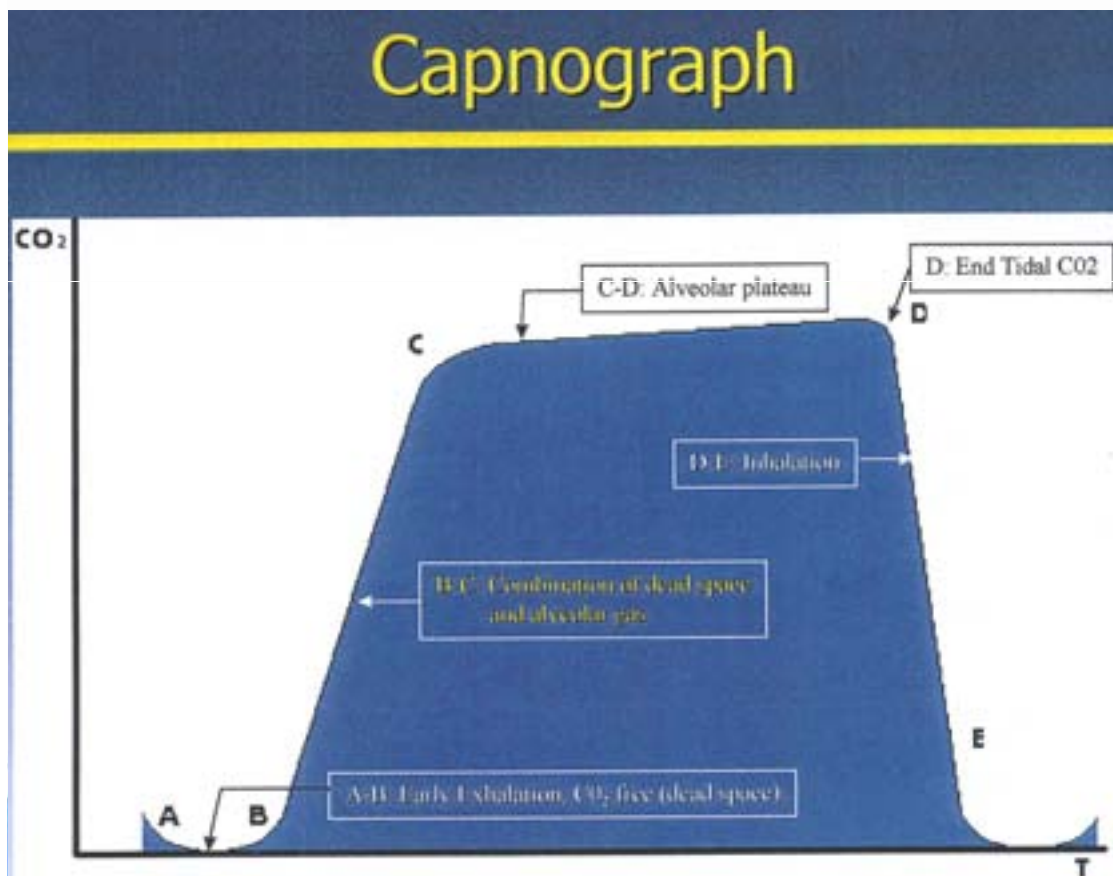
## Capnogram: Phase I



- ❖ Phase I occurs during exhalation of air from the anatomic dead space, which normally contains no CO<sub>2</sub>.
- ❖ This part of the curve is normally flat, providing a steady baseline.



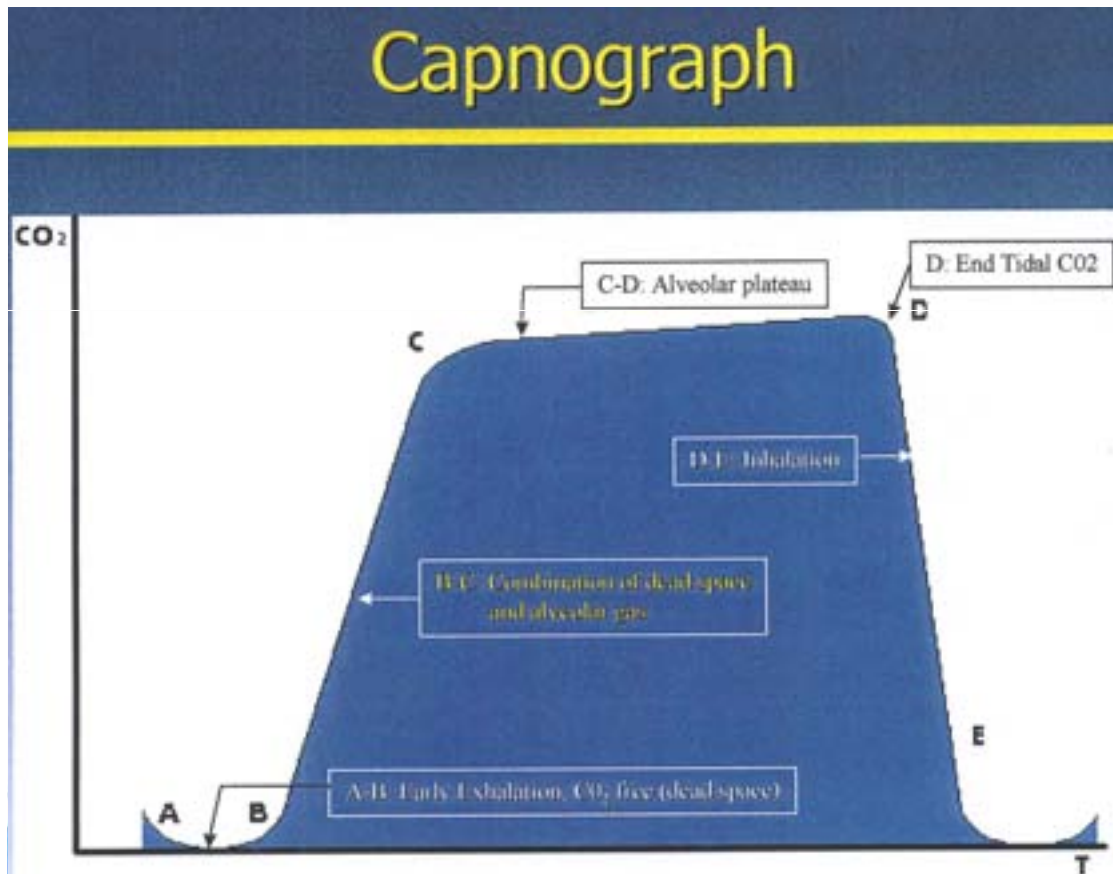
## Capnogram: Phase II



- ❖ Phase II occurs during alveolar washout and recruitment, with a mixture of dead space and alveolar air being exhaled.
- ❖ Phase II normally consists of a steep upward slope.



## Capnogram: Phase III

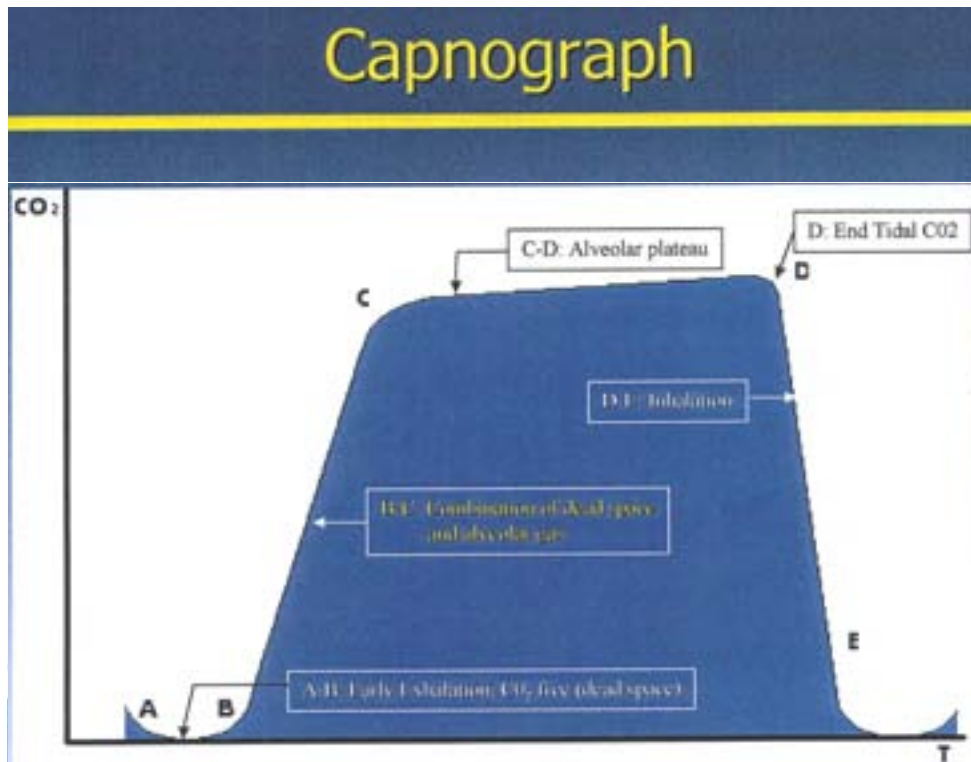


- ❖ Phase III is the alveolar plateau, with expired gas coming from the alveoli.
- ❖ In patients with normal respiratory mechanics, this portion of the curve is flat, with a gentle upward slope.
- ❖ The highest point on this slope represents the EtCO<sub>2</sub> value.

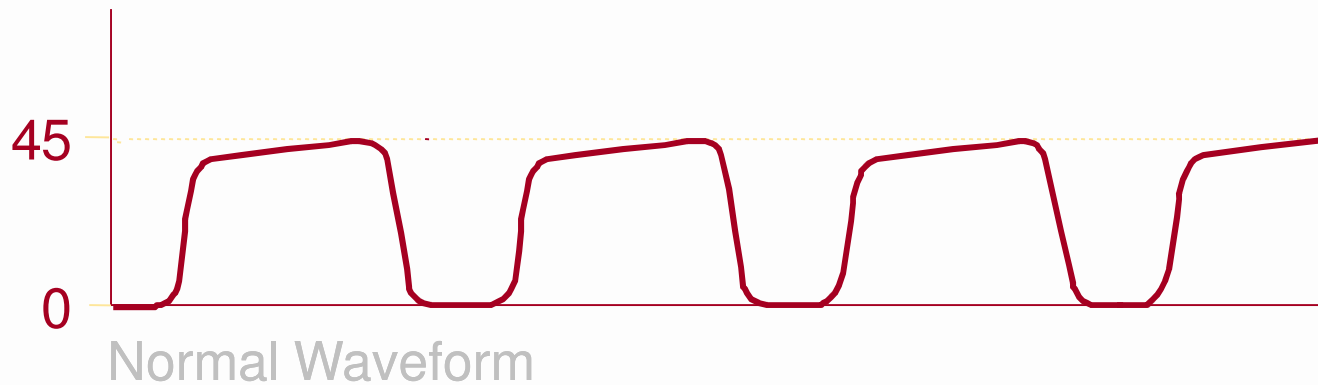


# Capnogram: Phase IV

- ❖ Atmospheric air contains negligible amounts of CO<sub>2</sub>.
- ❖ Phase IV occurs during inspiration, where the EtCO<sub>2</sub> level normally drops rapidly to zero.
  - Unless CO<sub>2</sub> is present in the inspired air, as occurs when expired air is rebreathed
- ❖ This part of the waveform is a steep, downward slope.



# Capnography Waveform



Normal range is 35-45 mm Hg (5% vol)



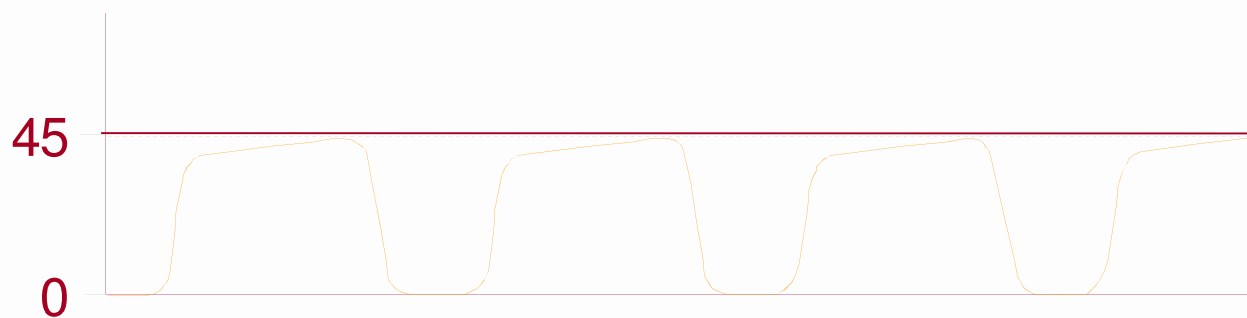
# Capnography Waveform Question

- How would your capnogram change if you intentionally started to breathe at a rate of 30?
  - Frequency
  - Duration
  - Height
  - Shape

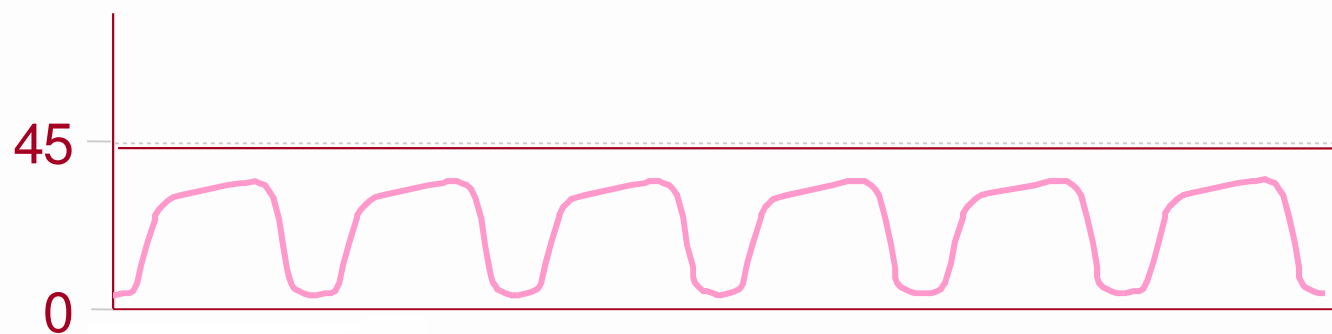


# Hyperventilation

- RR  : EtCO<sub>2</sub> 

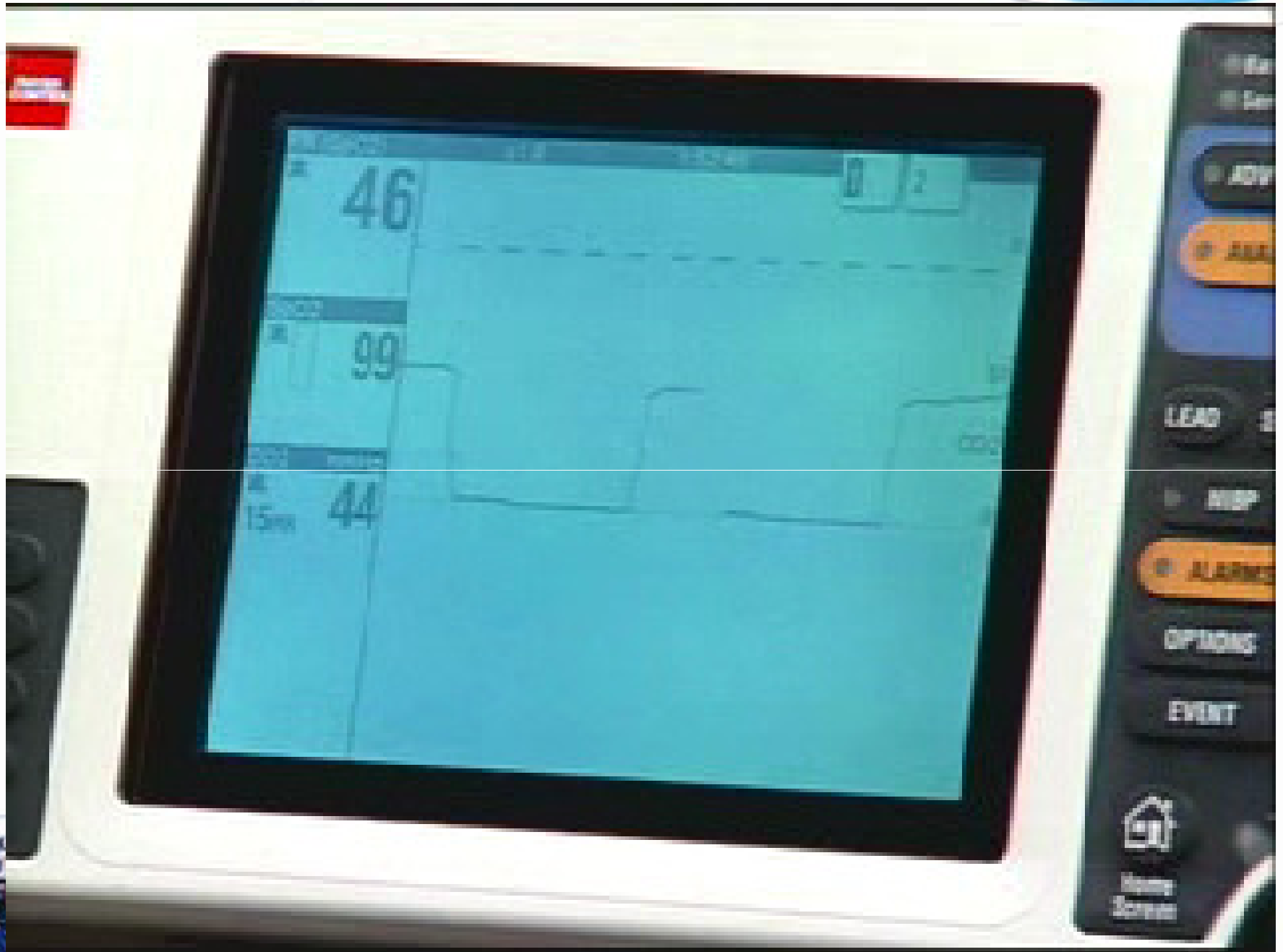


Normal



Hyperventilation







# Capnography Waveform Question

- How would your capnogram change if you intentionally decreased your respiratory rate to 8?

Frequency

Duration

Height

Shape

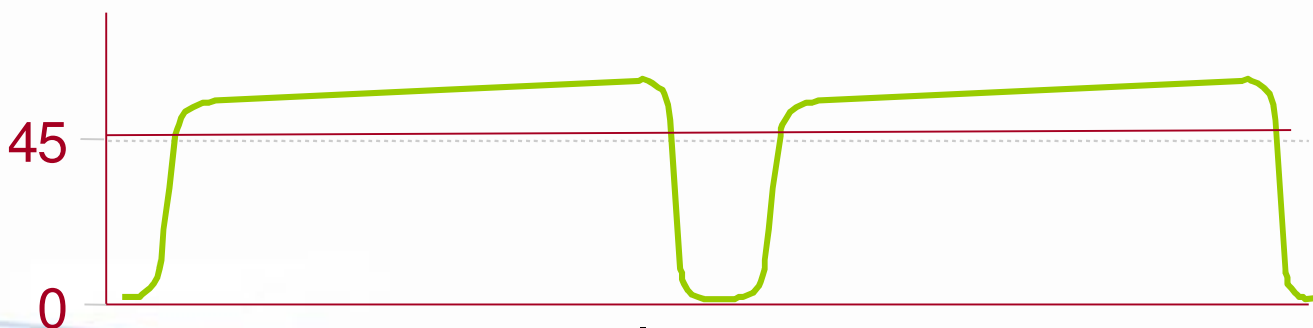


# Hypoventilation

RR ↓ EtCO<sub>2</sub> ↑



Normal



Hypoventilation

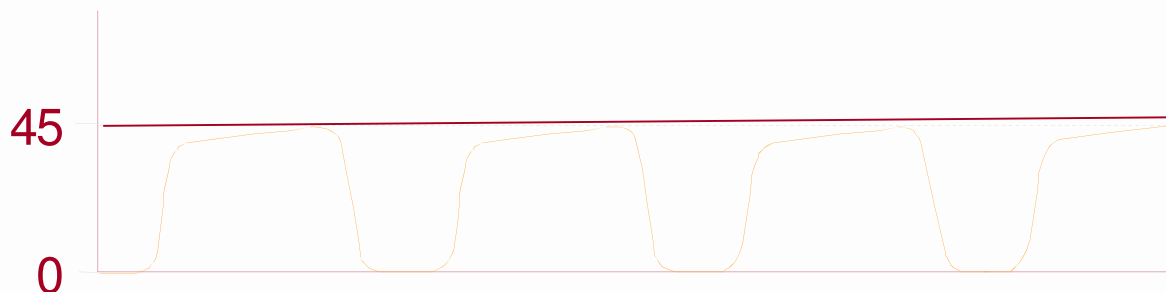




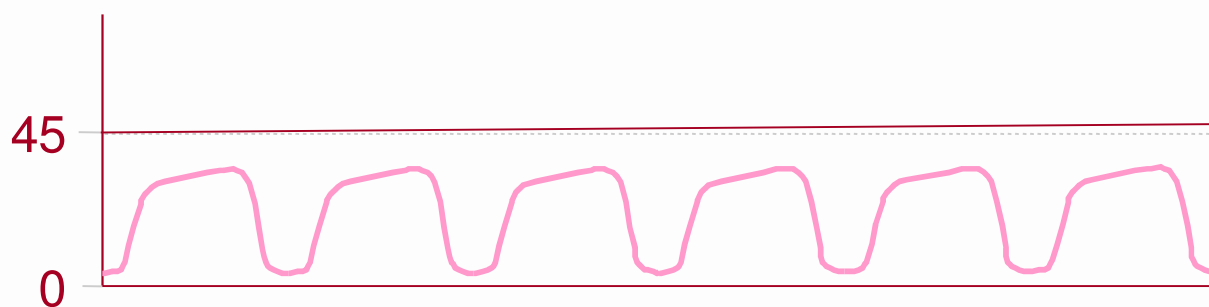
Navigation and control panel on the right side of the monitor:

- Buttons: **ADV**, **ALL**, **LEAD**, **RESP**, **ALARMS**, **OPTIONS**, **EVENT**
- Home icon with text: **Home Screen**

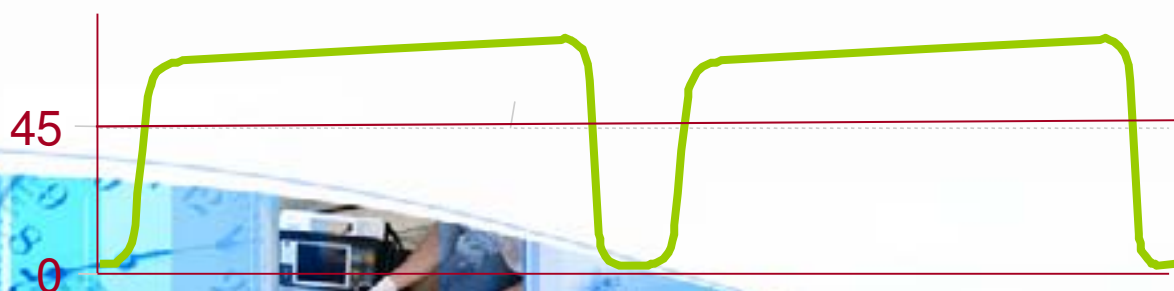
# Capnography Waveform Patterns



Normal



Hyperventilation

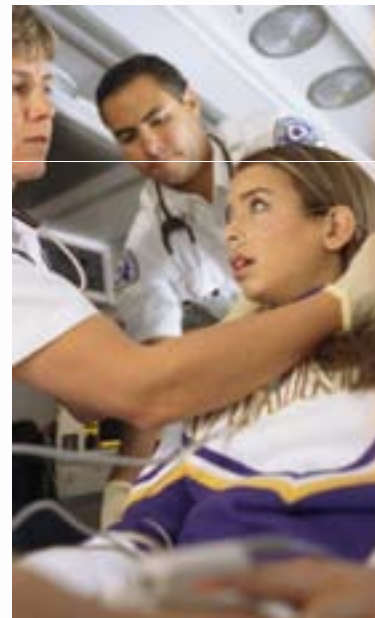


Hypoventilation



# Capnography Waveform Question

How would the waveform shape change during an asthma attack?



## Bronchoconstriction

- Shark-like in appearance



# Asthma

- Studies are looking at the correlation of baseline values when dealing with asthmatics
- Treatment will then be tailored to what category the patient falls



# Asthma

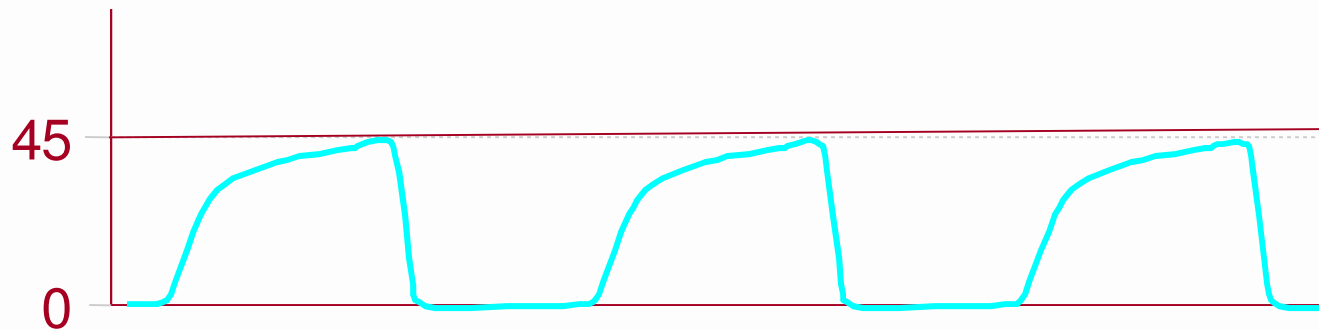
- Green—initial distress phase with *decrease* in CO<sub>2</sub> levels. Treatment would include MDI and follow up.
- Yellow—moderate distress phase with *normal* CO<sub>2</sub> levels. Treatment includes neb and transport.
- Red—severe distress phase with *increased* CO<sub>2</sub> levels. This is immediate epi SQ, Neb, and ETT.



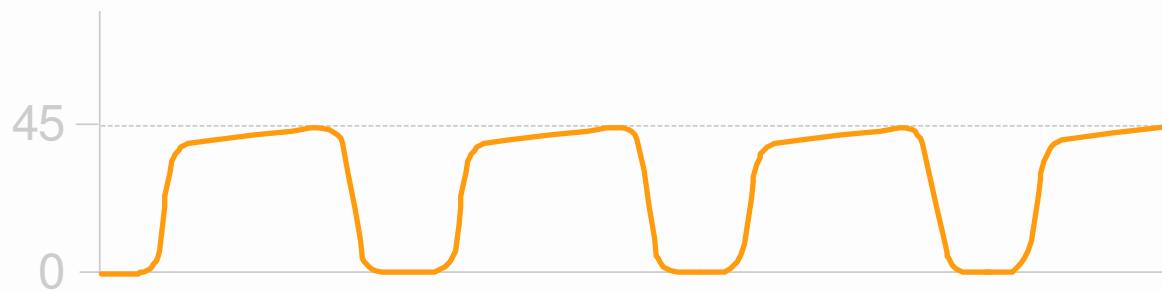


# Bronchospasm Waveform Pattern

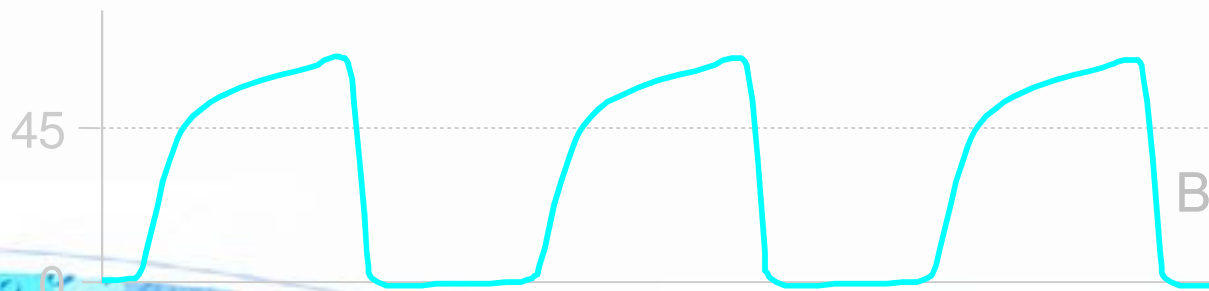
- Bronchospasm hampers ventilation
  - Curves upstroke of Phase II
- Characteristic pattern for bronchospasm
  - "Shark Fin" shape to waveform.



# Capnography Waveform Patterns



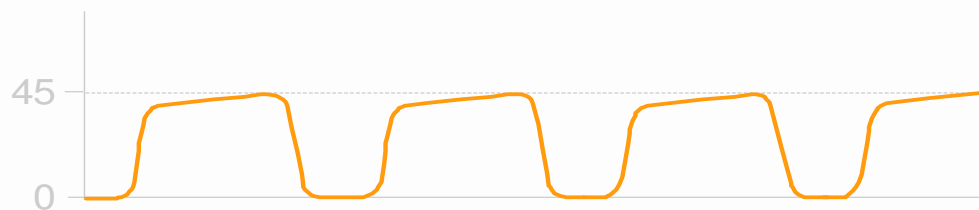
Normal



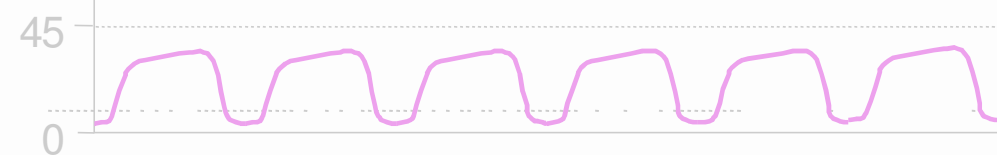
Bronchospasm



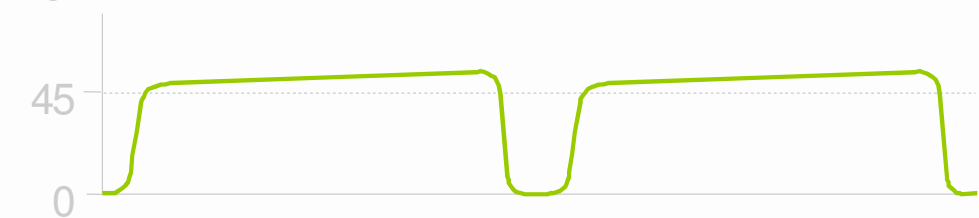
# Capnography Waveform Patterns



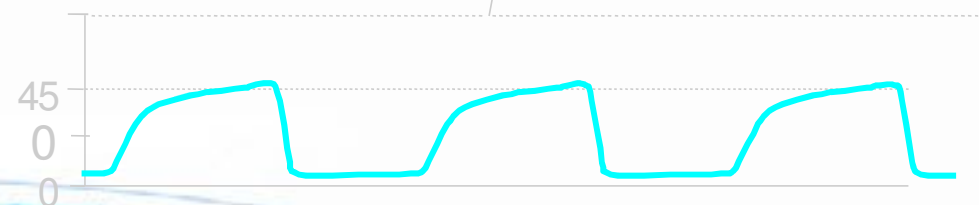
Normal



Hyperventilation



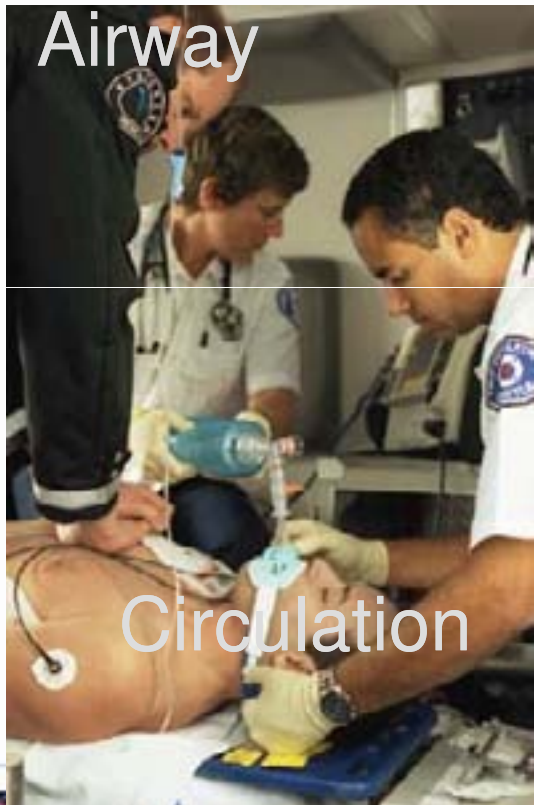
Hypoventilation



Bronchospasm



# Using Capnography



# Using Capnography



- Documentation
  - Waveforms
    - Initial assessment
    - Changes with treatment
  - EtCO<sub>2</sub> values
    - Trends over time



# Capnography Applications on Intubated Patients

- Confirm correct placement of ET tube
- Detect changes in ET tube position *immediately*
- Resuscitation
  - Assess adequacy of chest compressions
  - Detect ROSC
  - Objective data for decision to cease resuscitation
- Optimize ventilation of patients
- Document, document, document



# Confirm ET Tube Placement

- Traditional methods of confirmation
  - Listen for breath sounds
  - Observe chest movement
  - Auscultate stomach
  - Note ET tube clouding



These methods are subjective and can be unreliable



## Confirm ET Tube Placement

- “The presence of exhaled CO<sub>2</sub> indicates proper tracheal tube placement.” P I-101
- “...end-tidal CO<sub>2</sub> monitors can confirm successful tracheal tube placement within seconds of an intubation attempt”<sup>P I-101</sup>

Source: Guidelines 2000 for Cardiovascular Resuscitation and Emergency Cardiovascular Care.  
*Circulation*. 2000;102(suppl I)8. August 22,2000





## Confirm ET Tube Placement

- 108 patients intubated in the Field
  - 52 trauma patients
  - 56 medical patients
- ET tube placement checked on arrival at the ED
- 27 patients (25%) had improperly placed ET tube
  - 18 were in the esophagus
  - 9 in oropharynx with tip above the cords

Source: Falk J, Sayre MR. "Confirmation of Airway Placement" , *Prehospital Emergency Care*. 1999 ; 3:273-278



# Confirm ET Tube Placement

“ All endotracheal intubations must be accompanied by an objective confirmation...The optimal method of measurement is quantitative capnography and its use on all intubated patients.” p-277

Source: Falk J, Sayre MR. “Confirmation of Airway Placement” ,  
*Prehospital Emergency Care*. 1999 ; 3:273-278



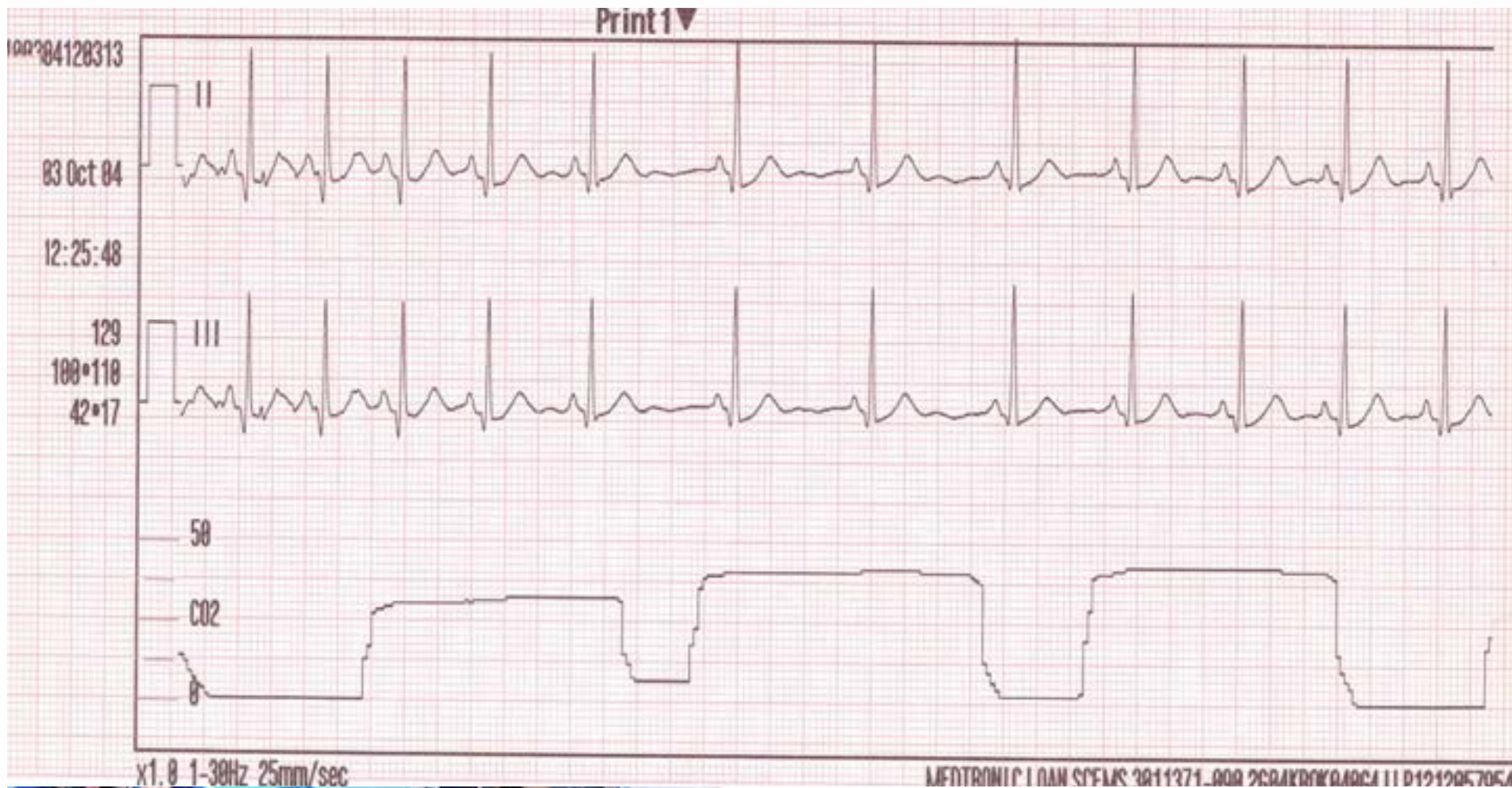
## Confirm ET Tube Placement



- Capnography provides
  - Documentation of correct placement
  - Ongoing documentation over time through the trending printout
  - Documentation of correct position at ED arrival



## Transferred to ED at 12:25



# Confirm ET Tube Placement

- Study in neonates
  - 100 intubations
  - 40 were esophageal
  - Capnography identified 39 of the 40
  - Mean time to detection of esophageal intubation
    - 1.6 seconds with capnography
    - 97 seconds with clinical signs.

Source: Roberts W, et al. 1995. Pediatric Pulmonology. 19:262-268



# Airway – Rescue Devices

Combitube



LMA



## Confirm ET Tube Placement

- ET tube placement in esophagus may briefly detect CO<sub>2</sub>
  - Following carbonated beverage ingestion
  - When gastric distention was produced by mouth to mouth ventilation
- CO<sub>2</sub> detection will disappear after 6 positive pressure breaths



# Detect ET Tube Displacement

- Traditional methods of monitoring tube position
  - Periodic auscultation of breath sounds
  - Gastric distention
  - Worsening of patient's color
    - Late sign of tube displacement

These methods are subjective and unreliable





## Detect ET Tube Displacement

- “ Continuous capnography monitoring devices can identify and signal a fall in exhaled CO<sub>2</sub> consistent with tracheal tube dislodgement. This may be very helpful in emergencies when clinicians have other responsibilities.” p-140

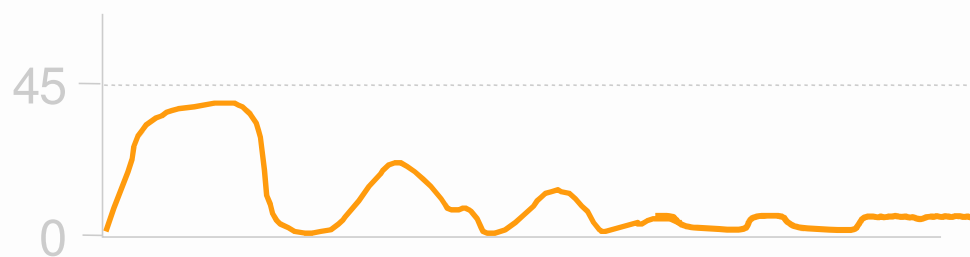
Source: ACLS-The Reference Textbook, ACLS: Principles and Practice. Ed. RO Cummins. American Heart Association. 2003. ISBN 0-87493-341-2



## Detect ET Tube Displacement



- Capnography
  - *immediately* detects ET tube displacement



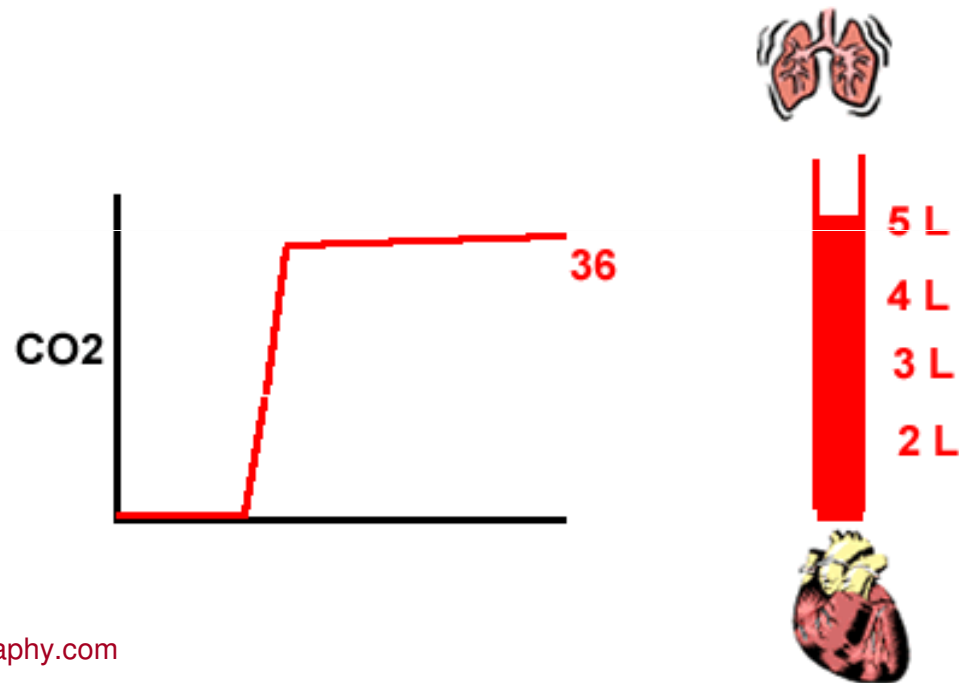
# Capnography in Cardio Pulmonary Resuscitation



- Assess chest compressions
- Early detection of ROSC
- Objective data for decision to cease resuscitation



# CPR, Cardiac Output, and EtCO2



Reference: Capnography.com

Cardiac output



# CPR: Assess Chest Compressions

- Capnography provides non-invasive method for monitoring blood flow generated by CPR
- **Airway**- open with ET tube
- Breathing - controlled and stable
- **Circulation**- cardiac output directly related to changes in EtCO<sub>2</sub>



## CPR: Assess Chest Compressions

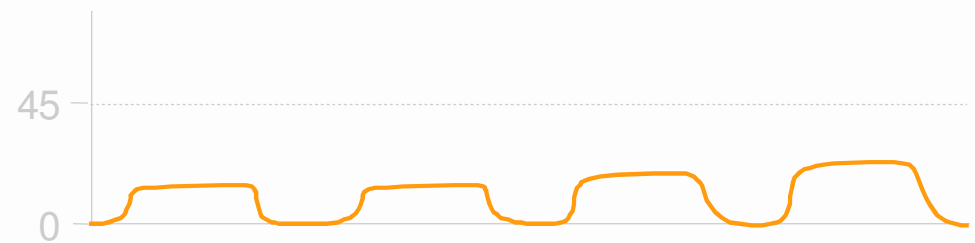
- Increase in EtCO<sub>2</sub> has been shown to correlate with
  - A fresh rescuer at a faster compression rate
  - A new rescuer during CPR with no change in rate
  - Mechanical compressions

Better compressions lead to higher ETCO<sub>2</sub> levels

Source: White RD. "Out-of-Hospital Monitoring of End-Tidal Carbon Dioxide Pressure During CPR", *Annals of Emergency Medicine*. 1994; 23(1):756-761



## CPR: Assess Chest Compressions



Use feedback from ETCO2 to depth/rate/force of chest compressions during CPR



## CPR: Detect ROSC

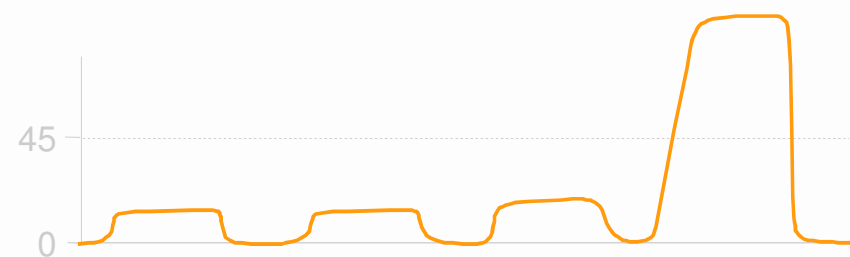
- 90 prehospital patients intubated in the field
- 16 survivors
- In 13 survivors a rapid rise on CO<sub>2</sub> production was the earliest indicator of ROSC.
  - Before a palpable pulse
  - Prior to blood pressure

Source: Wayne MA "Use of End-tidal Carbon Dioxide to Predict Outcome in Prehospital Cardiac Arrest" . *Annals of Emergency Medicine*. 1995; 25(6):762-767





## CPR: Detect ROSC



## ETCO2 DURING CPR

- Onset of arrest → ETCO2 decreases
- During CPR → ETCO2 increases slightly
- ROSC → ETCO2 markedly increases
- ROSC(cont'd) → ETCO2 falls slightly

Dependent on down time and  
preexisting conditions



# Decision to Cease Resuscitation

- Capnography
  - Has been shown to predict probability of outcome following resuscitation
  - May be used in the decision to cease resuscitation efforts

Source: Levine RL. End-tidal carbon dioxide and outcome of out-of-hospital cardiac arrest. *New England Journal of Medicine*. 1997;337(5):301-306.



## Decision to Cease Resuscitation

- 90 victims of prehospital cardiac arrest with PEA
- EtCO<sub>2</sub> in ROSC was much higher after 20 minutes

ROSC No ROSC

Initial 10.9±4.9 11.7±6.6  $P=.672$  (NS)

20 min 31.0±5.3 33.9±2.8  $P<=.0001$

- 100% mortality if unable to achieve an EtCO<sub>2</sub> of 10 mm Hg after 20 minutes

Source: Wayne MA. Use of End-tidal Carbon Dioxide to Predict Outcome in Prehospital Cardiac Arrest. *Annals of Emergency Medicine*. 1995;25(6):762-767



# Optimize Ventilation

- Use capnography to titrate EtCO<sub>2</sub> levels in patients sensitive to fluctuations
- Patients with suspected intracranial pressure (ICP)
  - Head trauma
  - Stroke
  - Brain tumors
  - Brain infections



## Optimize Ventilation



- Monitor ventilations with capnography to maintain appropriate and stable CO<sub>2</sub> levels
- Follow local protocols and medical direction



## ***Non-Intubated Patients***

- Objective Assessment of Respiratory Complaints
  - Asthma
  - COPD vs. CHF
- Response to Treatment of Pain
- Assessment of Airway & Ventilatory Status
  - Seizure
  - Intoxication
  - Overdose
- Perfusion Assessment
  - Pacing (Electrical vs. Mechanical Capture)
  - Stable vs. Unstable tachycardia's
  - PEA vs. rhythm with low perfusion

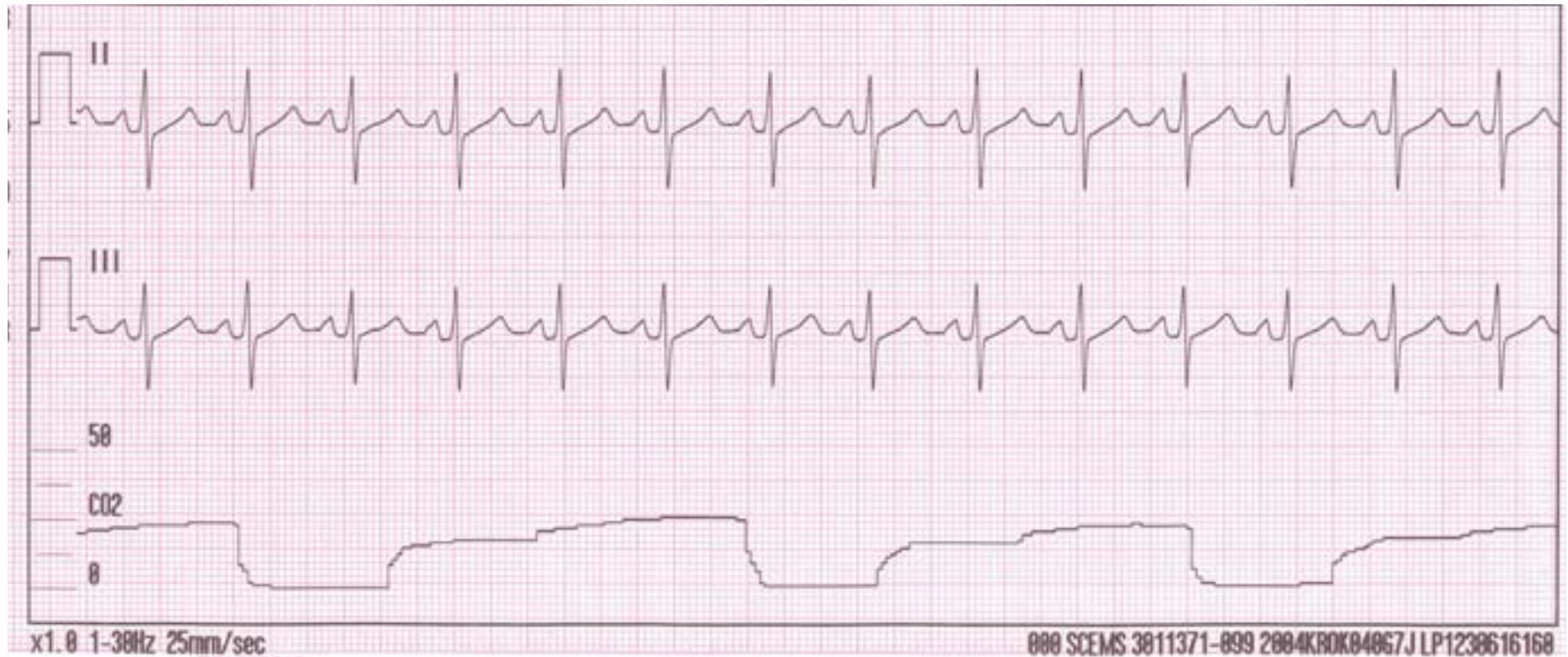


# Case Presentations





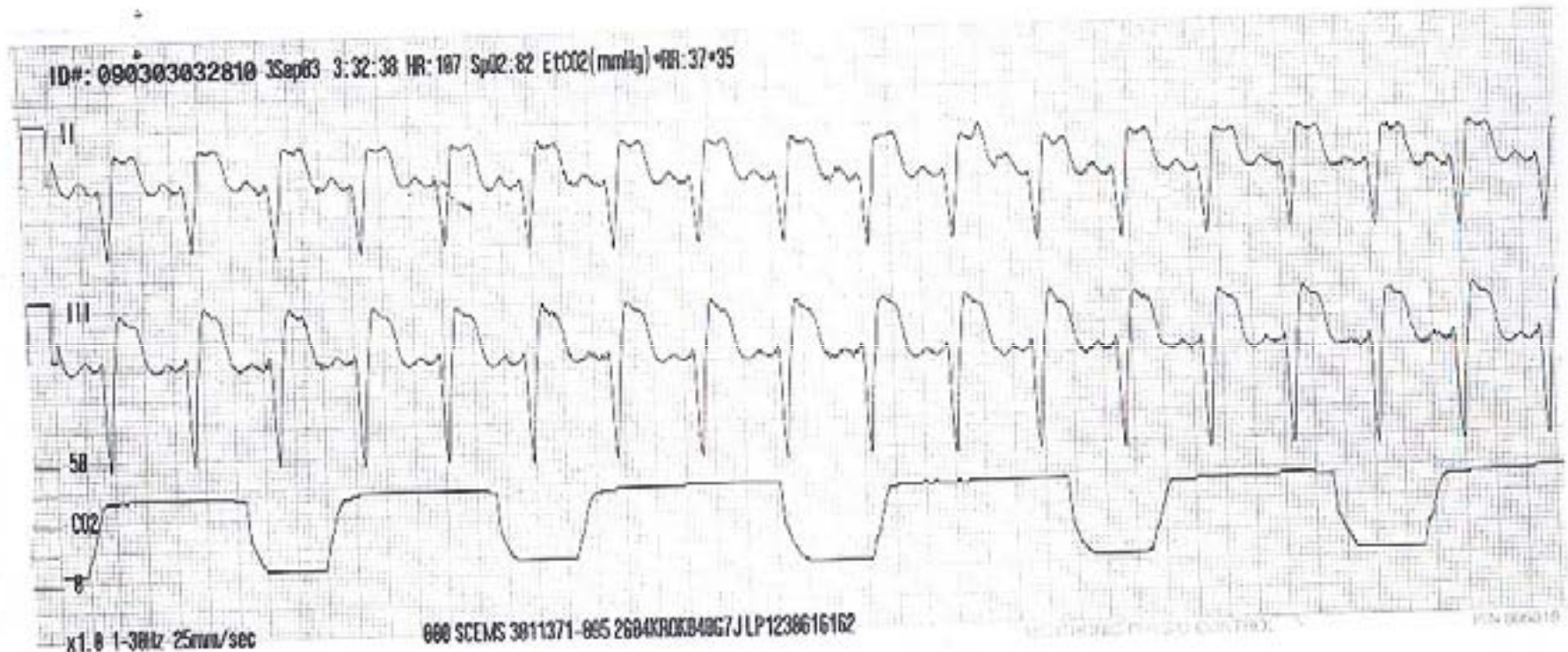
# 78 y/o Male, short of breath Hx. Of CHF and COPD



Patient treated with Albuterol, Solu-Medrol and Magnesium Sulfate.



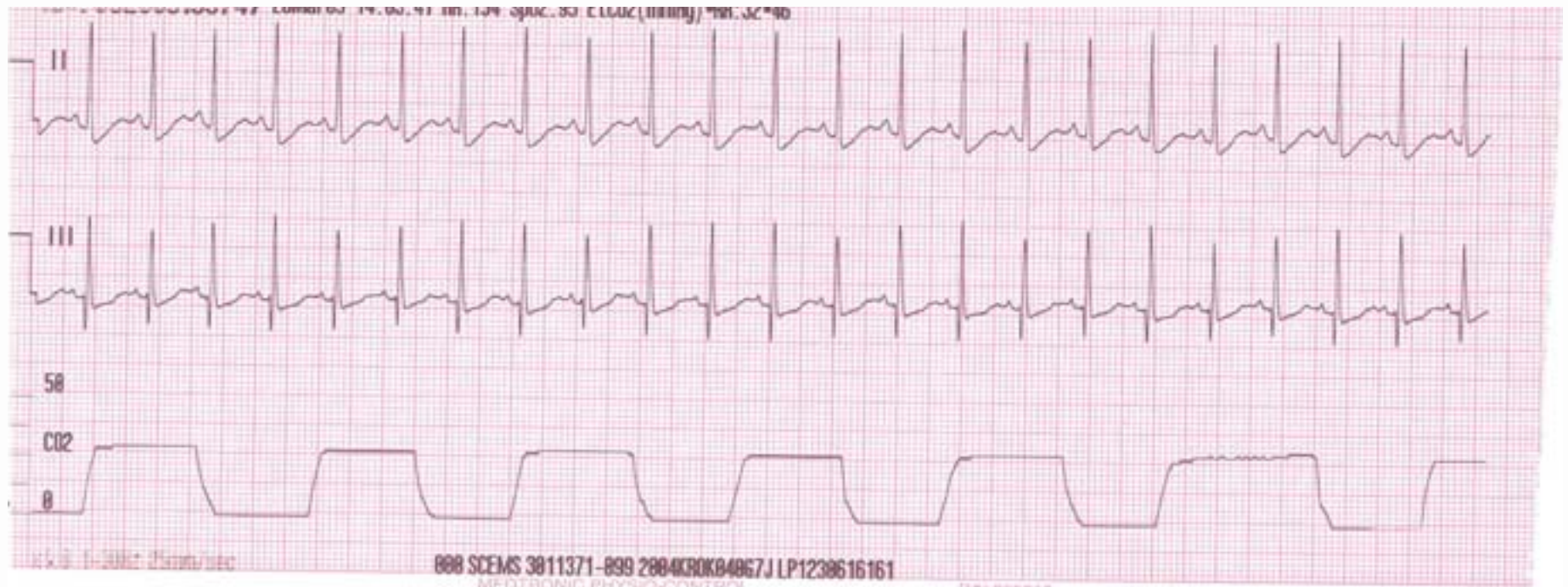
# 66 y/o female, hx of COPD and CHF, acute onset of CP and Shortness of Breath



Patient placed on CPAP, treated with NTG, Lasix and Morphine. (Above strip was with CPAP in place)



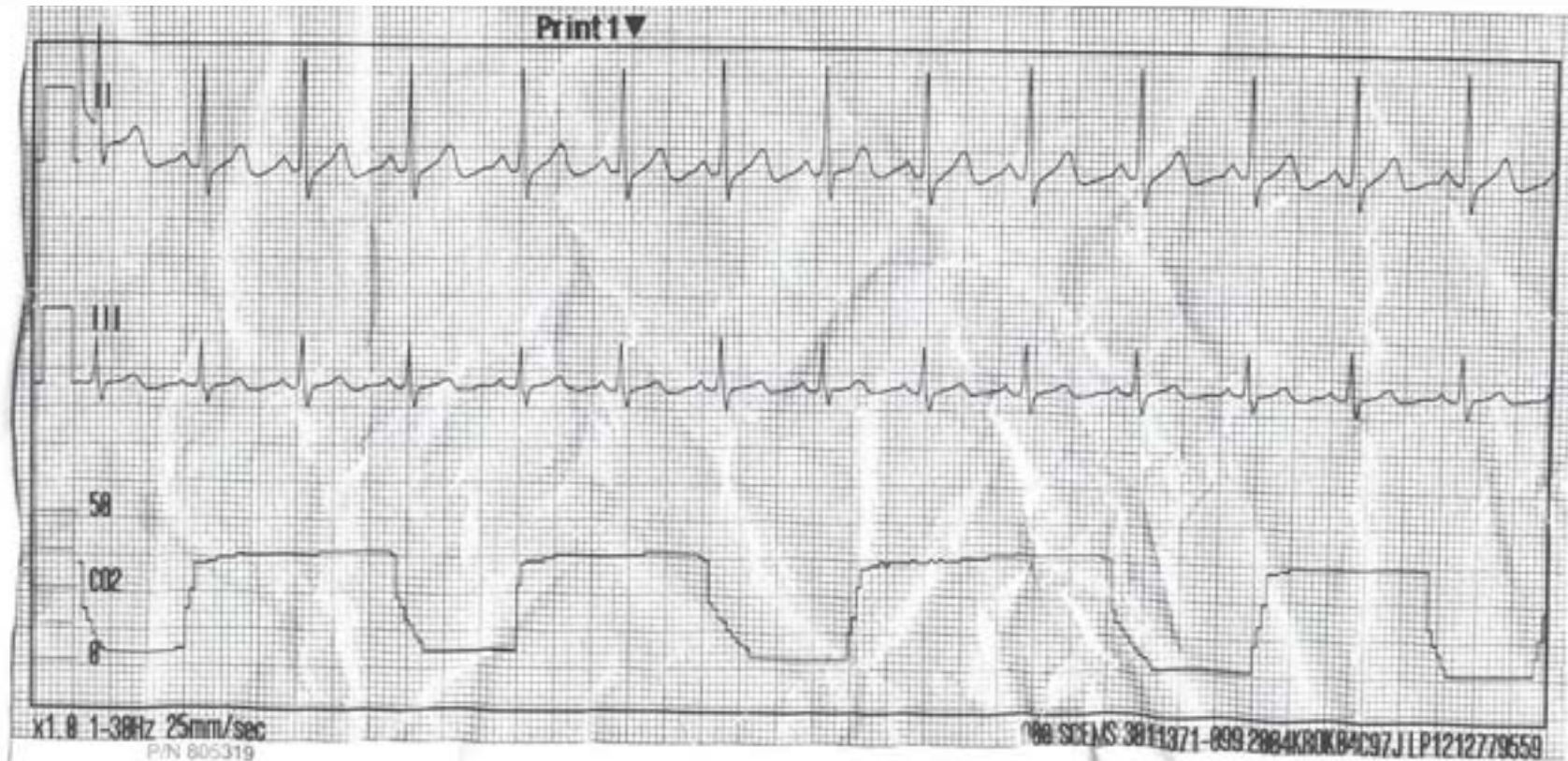
**4 y/o female, sister has Asthma  
and mom administered her  
sister's MDI. RR 46, PR 146**



**Is there Bronchoconstriction present?**



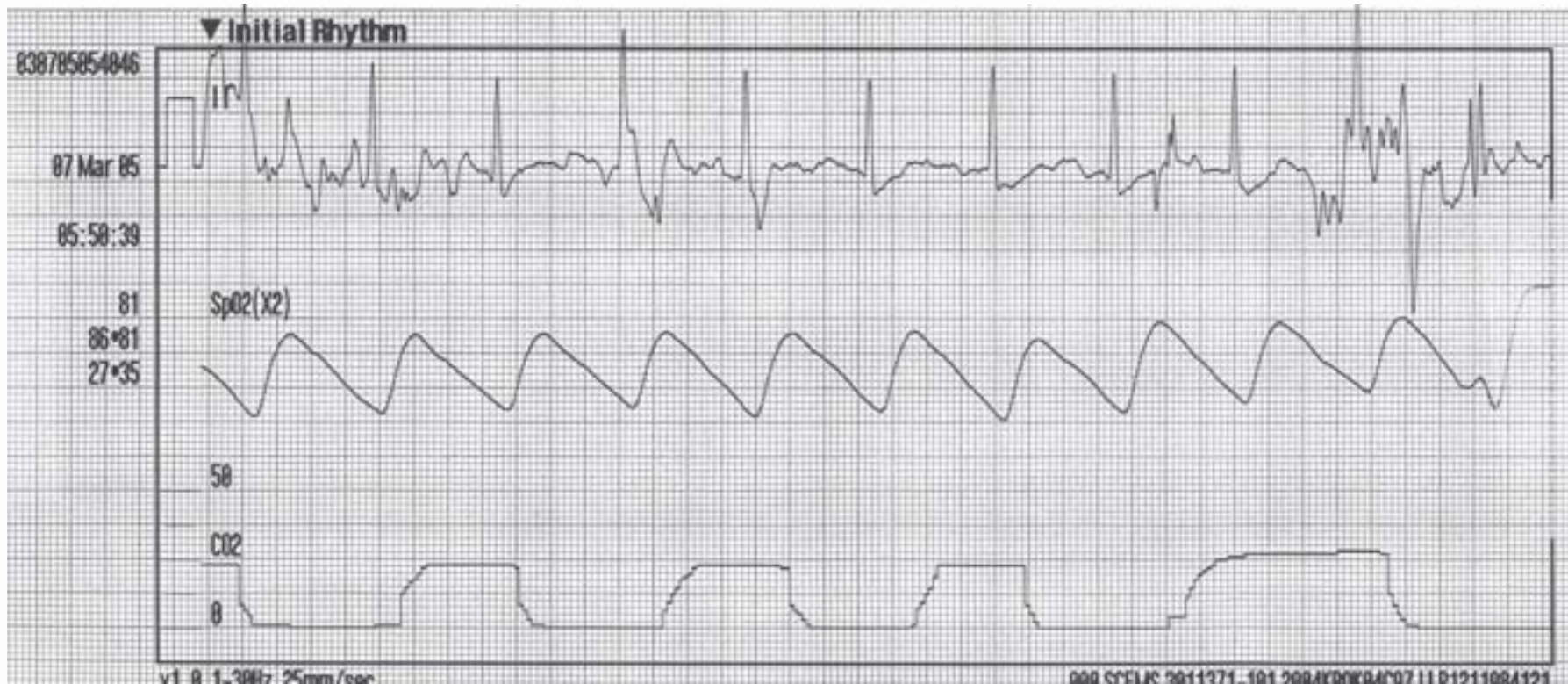
**10 y/o female hx of Asthma, School nurse treated with 2 neb. treatments.**



**Is there Bronchoconstriction present?**



**89 y/o male called 911 for his wife who fell, he c/o dyspnea. Hx of COPD.**



**Is there Bronchoconstriction present?**



# 2 year old with special needs having a seizure



Does the patient have an airway and is she ventilating adequately?



# 60 y/o CPR in progress, rhythm change noted



**No palpable pulses, how can we determine if there is perfusion?**



# CPR is stopped, Ventilations are continued.



## Is there perfusion? Why or Why Not





# 48 y/o male Narcotic OD. Code Summary

	Time	Event	HR	SpO2*PR	EtCO2(mmHg)*RR	NIBP(mmHg)*PR
881985141785	14:17:05					
	14:18:22			•		
	14:18:58		57	97*59		
Sex:	14:22:03		59	•		
	14:22:32		59	•		
	14:27:03		57	•		
Aug 05 14:17:05	14:27:05		57	•		
000	14:29:13		64	98*63		142/97(111)*63
SCEMS	14:32:04		60	99*68		
00:41:56	14:36:51		52	99*59		
	14:37:04		64	99*62		
	14:42:03		76	100*73		
	14:45:16		63	99*63		137/90(108)*63
	14:47:04		68	98*68		
	14:47:46		66	98*67		
	14:52:03		---	•		
	14:57:03		---	•		
	14:59:01					

Are there any issues present?

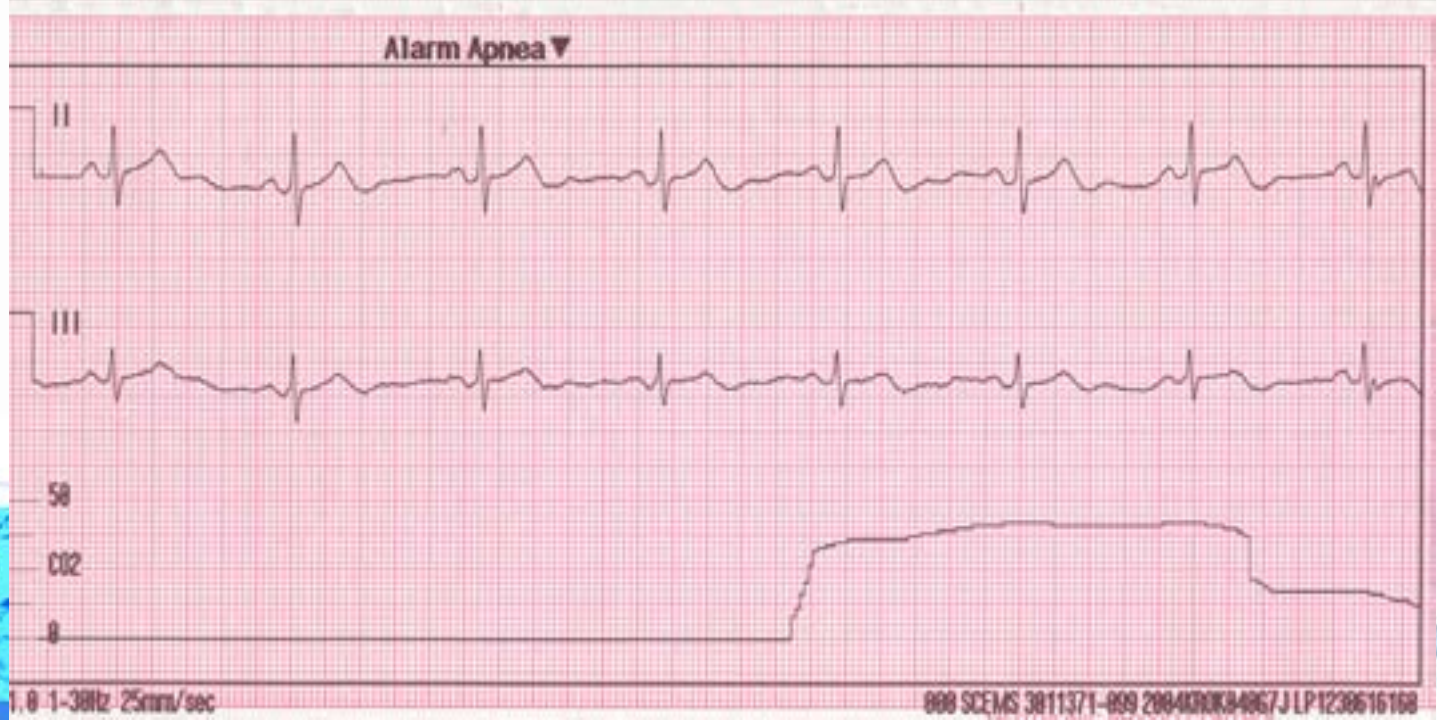
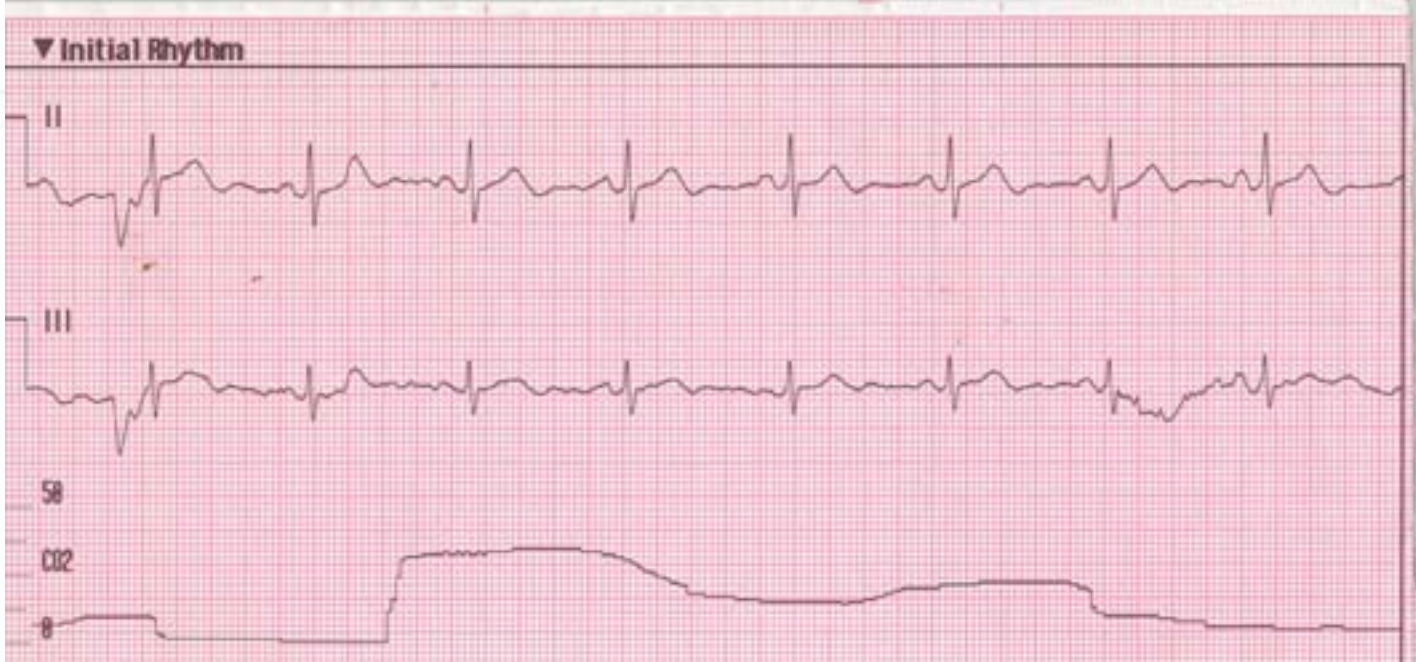


# 48 y/o male Narcotic OD. Code Summary

	Time	Event	HR	SpO2*PR	EtCO2(mmHg)*RR	NIBP(mmHg)*PR
881985141785	14:17:05	Power On				
	14:18:22	Initial Rhythm		•	36*6	
	14:18:58	Alarm Apnea	57	97*59	21*9	
Sex:	14:22:03	Vital Signs	59	•	35*6	
	14:22:32	Alarm Apnea	59	•	•	
	14:27:03	Vital Signs	57	•	28*14	
Aug 05 14:17:05	14:27:05	Alarm Apnea	57	•	28*14	
000	14:29:13	NIBP	64	98*63	58*9	142/97(111)*63
SCEMS	14:32:04	Vital Signs	68	99*68	47*7	
00:41:56	14:36:51	Alarm Apnea	52	99*59	39*12	
	14:37:04	Vital Signs	64	99*62	45*8	
	14:42:03	Vital Signs	76	100*73	39*21	
	14:45:16	NIBP	63	99*63	37*16	137/90(108)*63
	14:47:04	Vital Signs	68	98*68	38*28	
	14:47:46	Generic	66	98*67	36*19	
	14:52:03	Vital Signs	•	•	•	
	14:57:03	Vital Signs	•	•	•	
	14:59:01	Power Off				

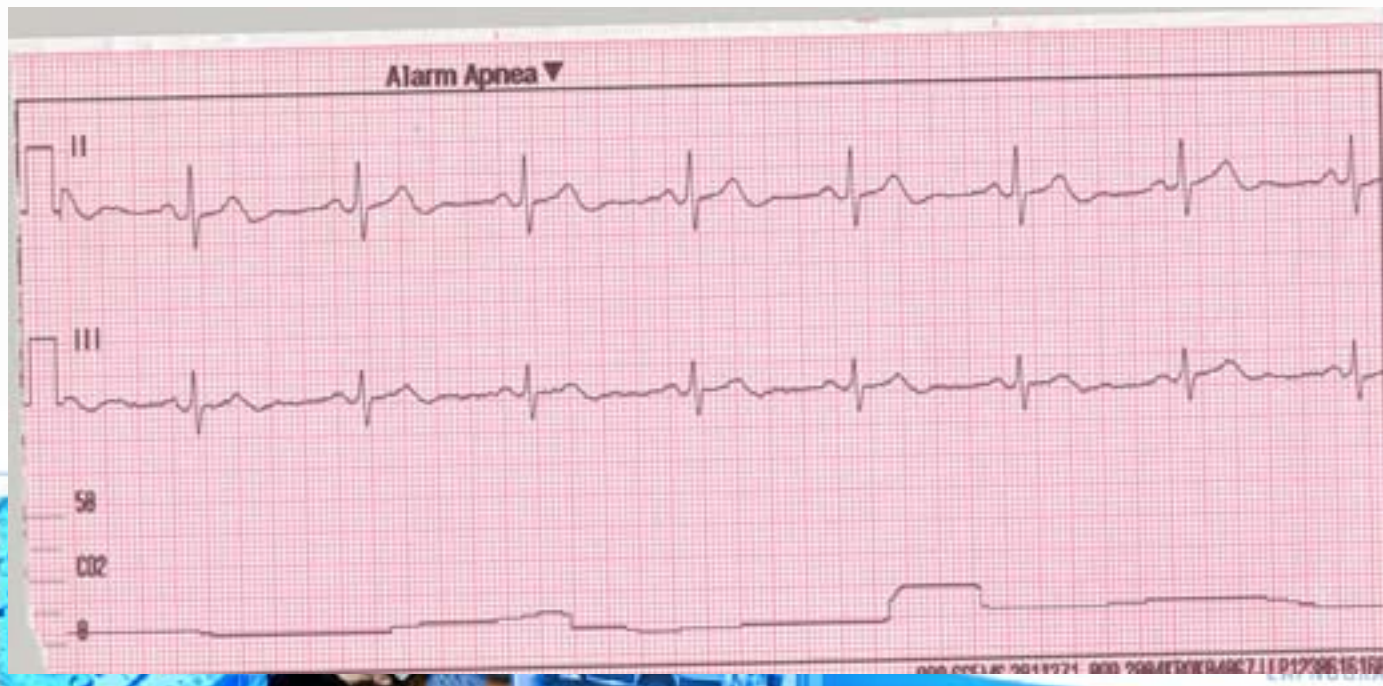
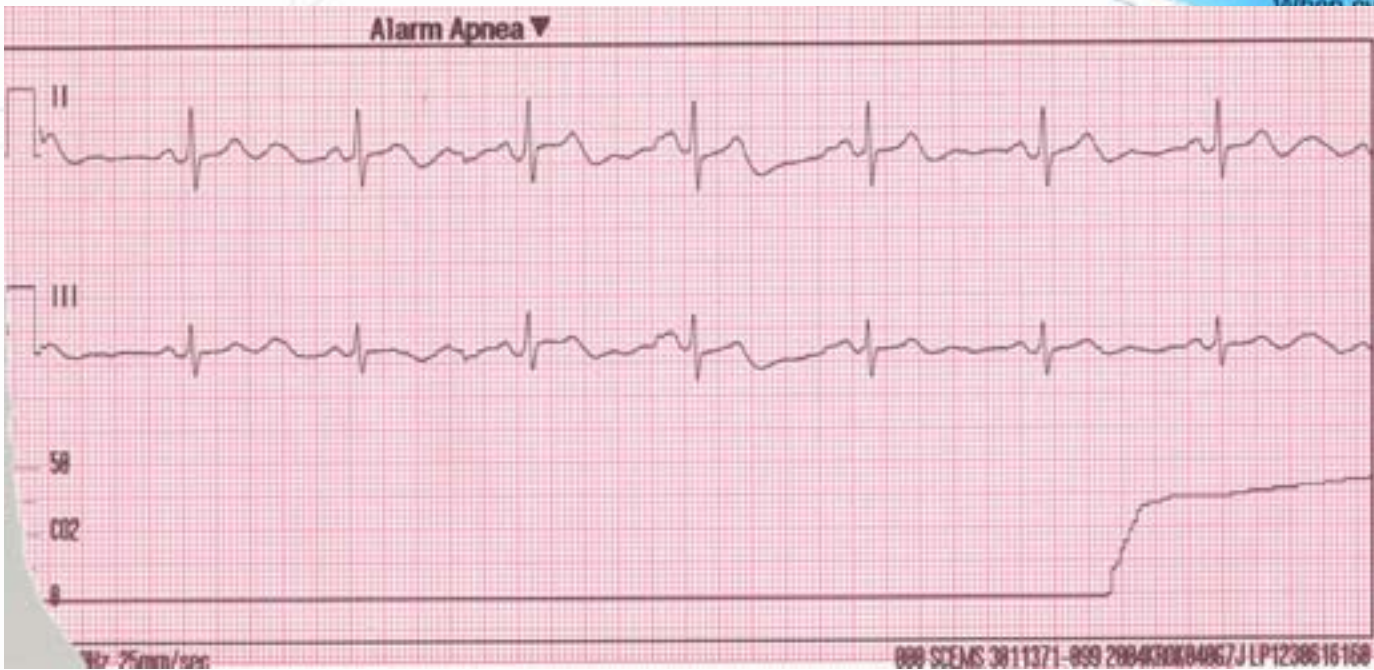
Are there any issues present?

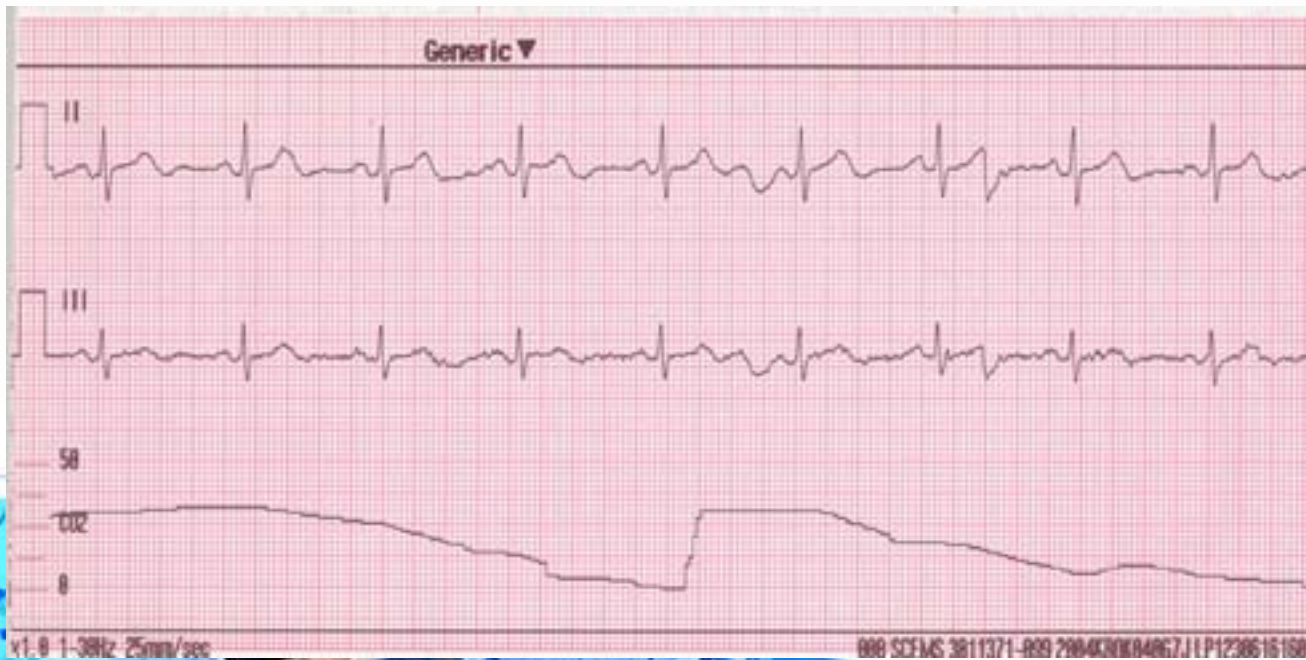
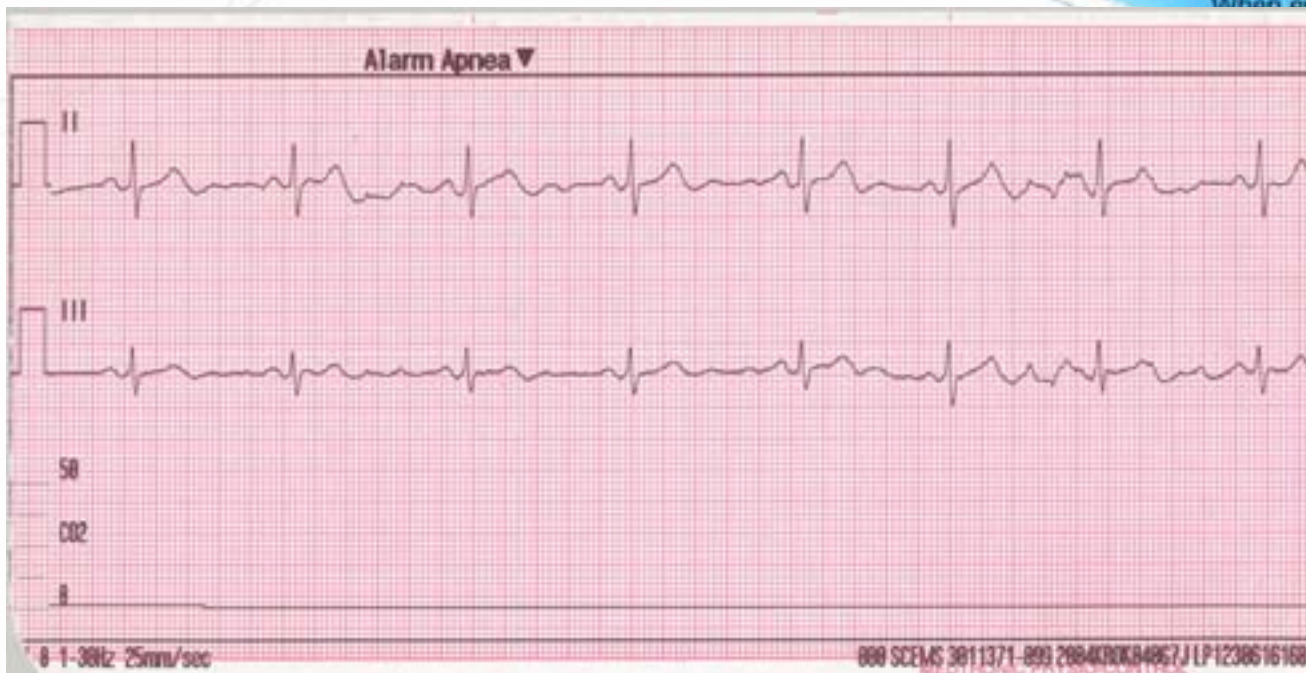




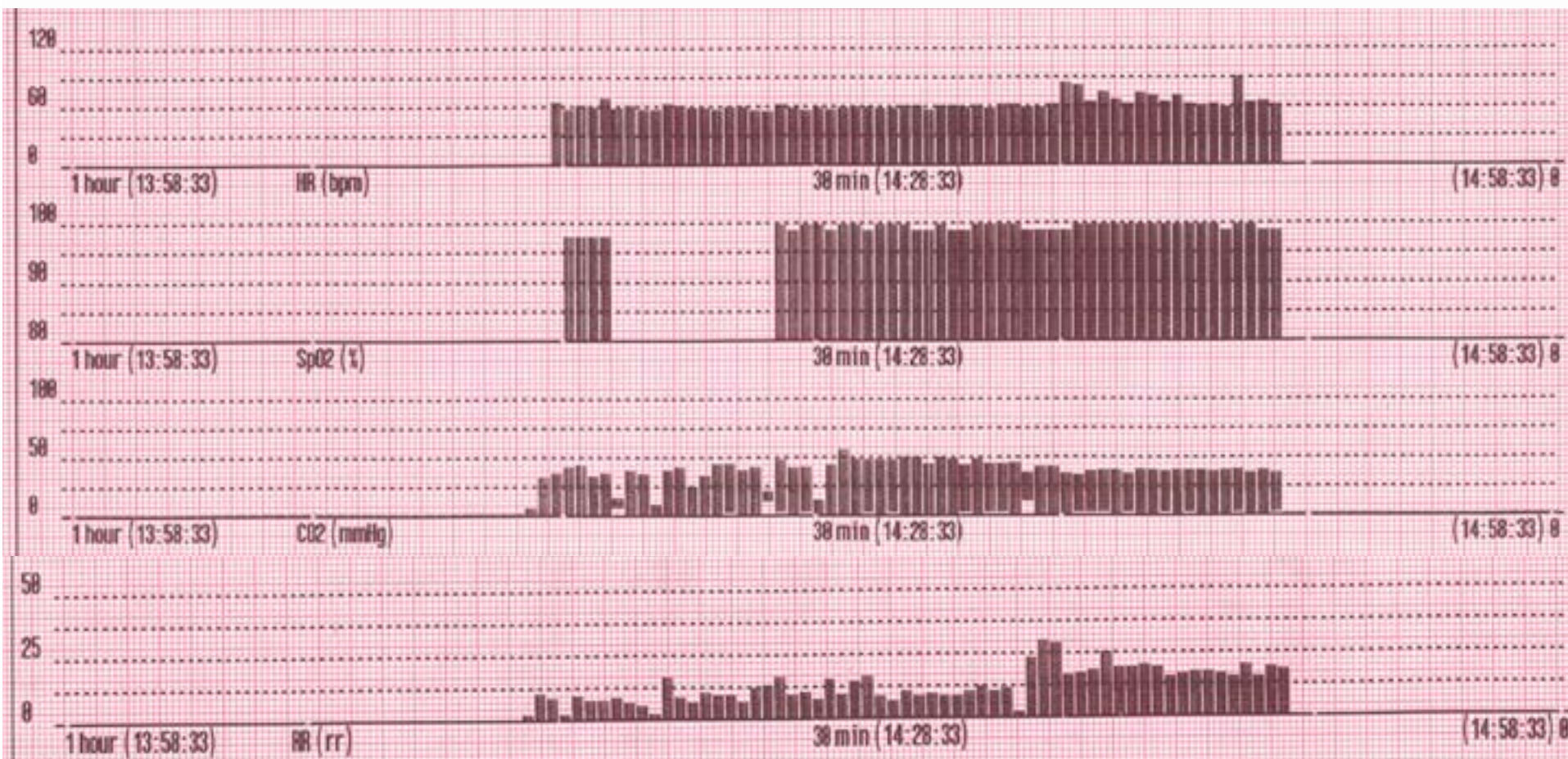
1.0 1-38Hz 25mm/sec

888 SCEMS 3811371-889 2084330K34867JLP1238616168





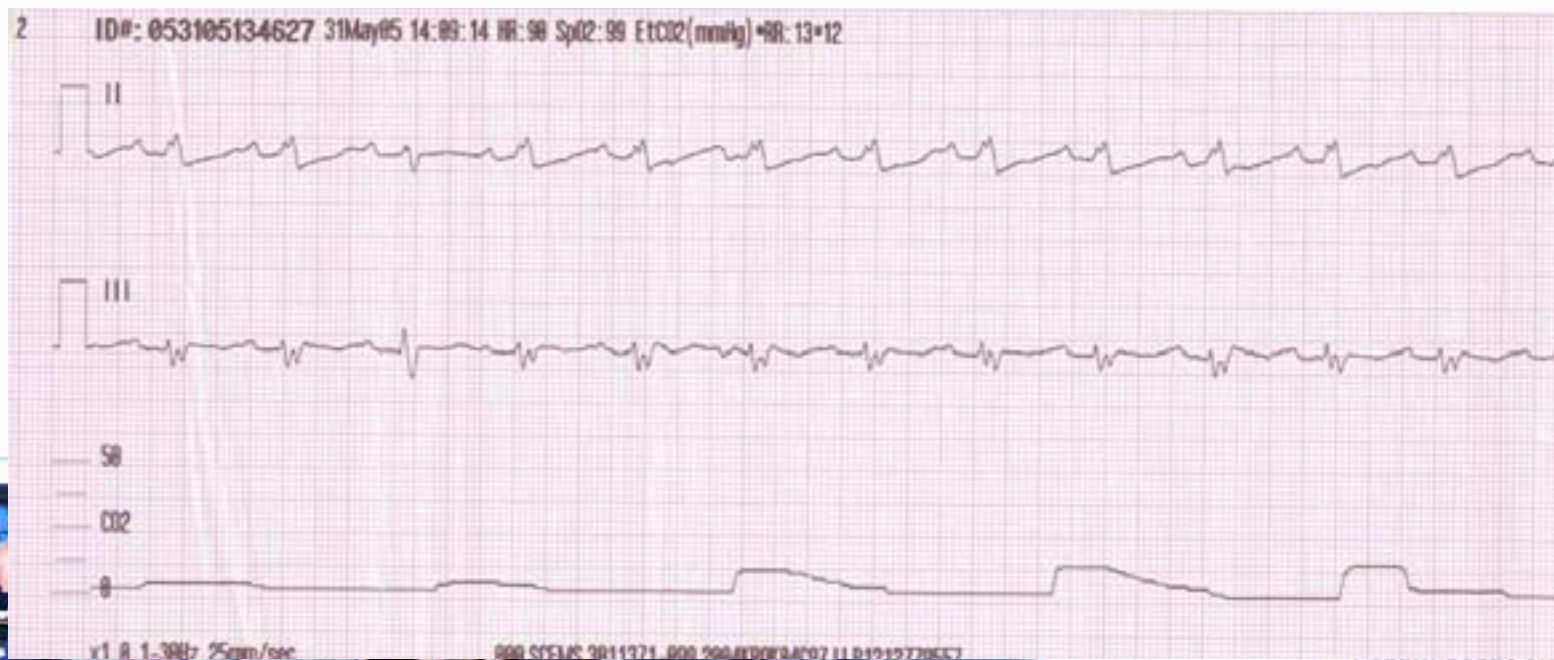
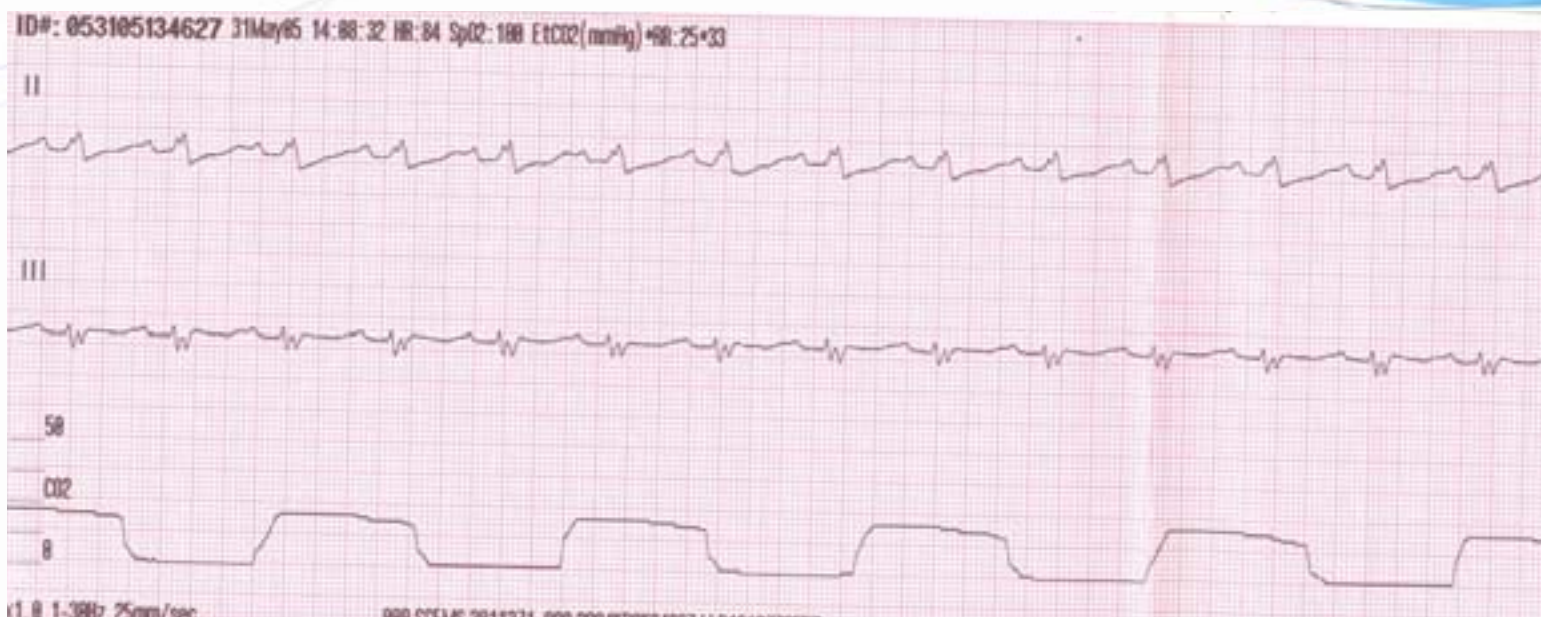
# Trend Summary



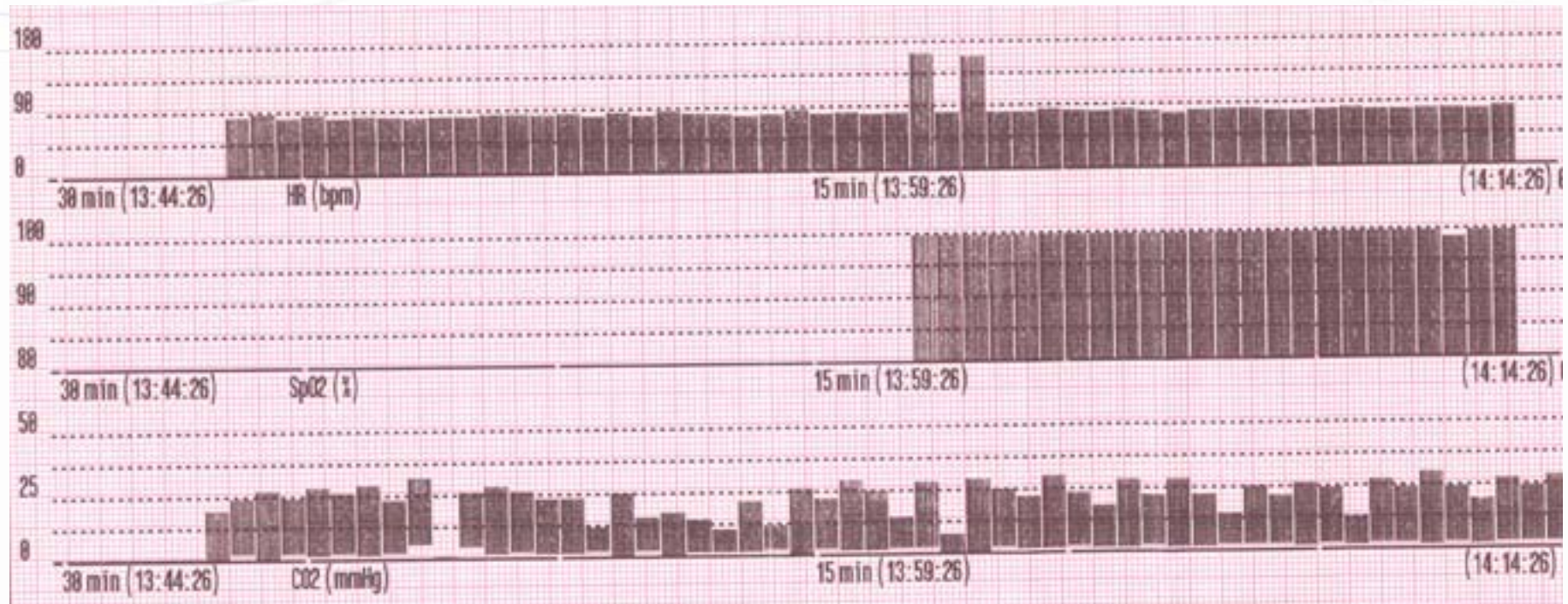
# 63 y/o female, found unresponsive in bed 1 hour after lunch. Hx CVA and IDDM

- VS – Initial
  - P-86, R-14 ,BP 112/76, GCS-8
- VS – 8 minutes later
  - P-88, R-40, ETCO<sub>2</sub> – 20, GCS-8
- VS – 17 minutes into patient care
  - P-84, R-14, BP 142/112, GCS-8, ETCO<sub>2</sub> – 30
- VS – 24 minutes into patient care
  - P-86, R-36, BP 150/120, GCS-8, ETCO<sub>2</sub> – 20
- Pulse Ox 100% on NRB entire time









## Was the patient ventilating adequately during care?

What type of breathing pattern has been described and documented?



## Detection of Metabolic Acidosis

- Assesses metabolic status providing information on how effectively CO<sub>2</sub> is being produced by cellular metabolism.
- Recent studies have shown that EtCO<sub>2</sub> and serum bicarbonate (HCO<sub>3</sub>) are linearly correlated in diabetes
- can be used as an indicator of metabolic acidosis in these patients



## Capnography in Diabetics

- As the patient becomes acidotic,  $\text{HCO}_3^-$  decreases and a compensatory respiratory alkalosis develops with an increase in minute ventilation and a resultant decrease in  $\text{EtCO}_2$ .
- The more acidotic, the lower the  $\text{HCO}_3^-$ , the higher the respiratory rate and the lower the  $\text{EtCO}_2$ .



# Capnography in Diabetes

- Ketoacidosis
  - metabolic acidosis
  - compensatory tachypnea, low EtCO<sub>2</sub>
- HHNC
  - Nonacidotic
  - normal respiratory rate, normal EtCO<sub>2</sub>

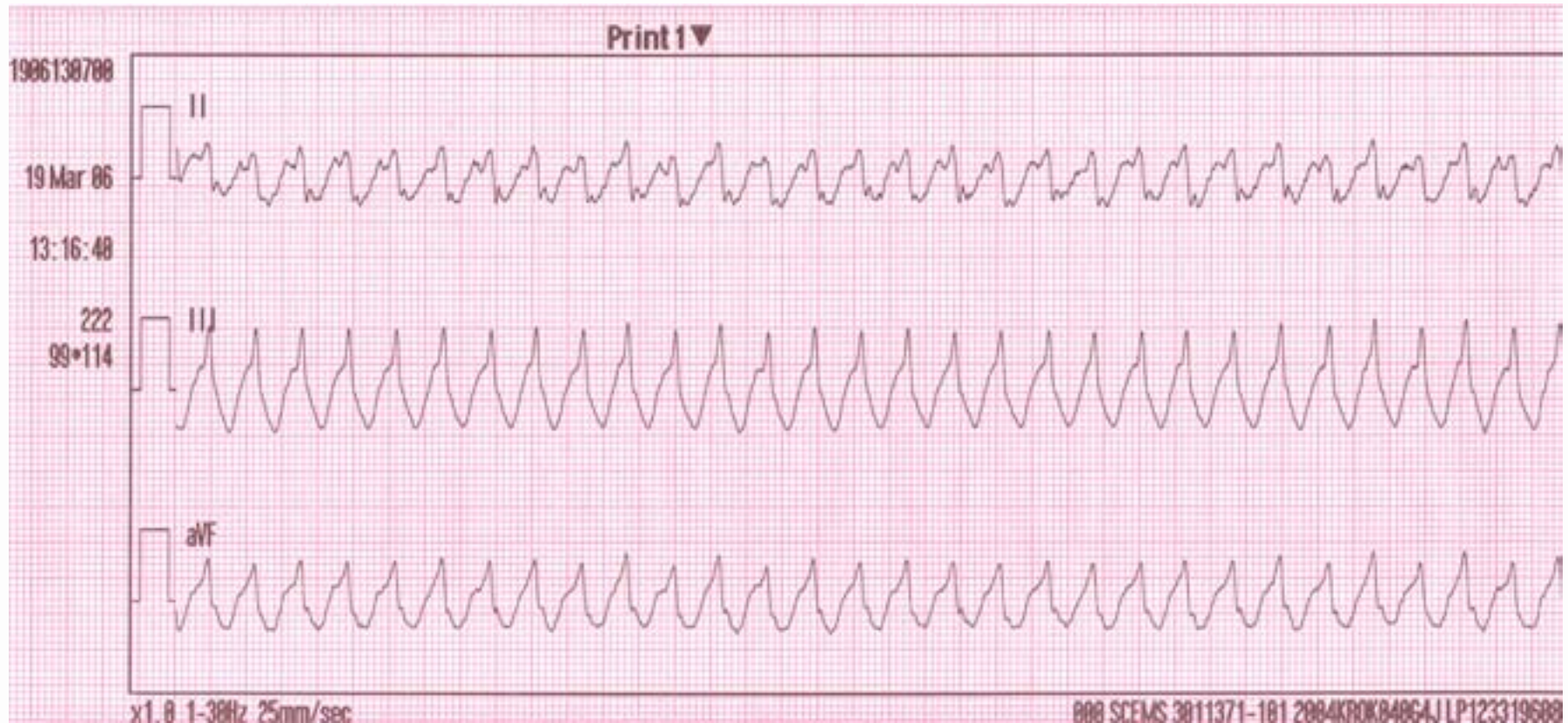


## Why this Works

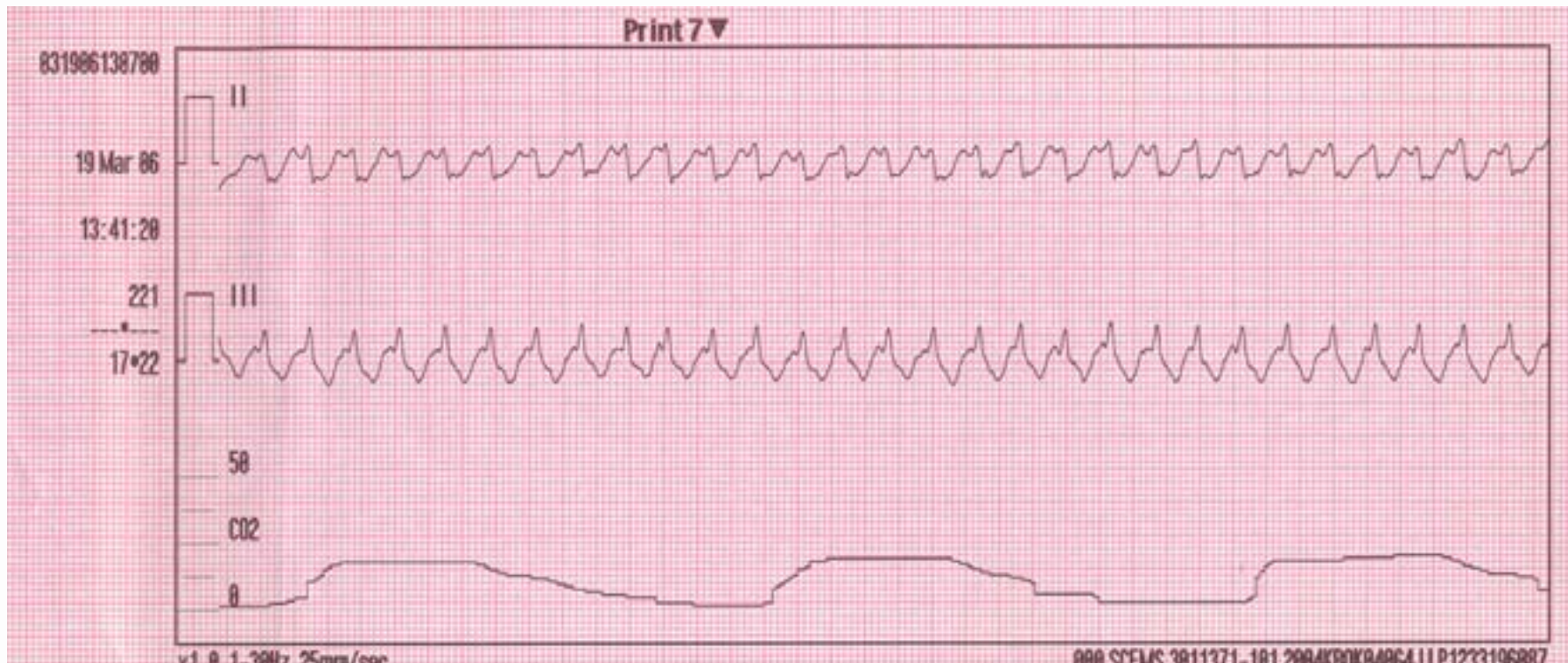
- $H^+ + HCO_3 \rightarrow H_2CO_3 \rightarrow H_2O + CO_2$
- As the body uses up it's stores of Bicarb to rid the acid it loses it's ability to transport Carbon Dioxide
- So as Dioxide levels fall it correlates to the lack of bicarb.....patient is acidotic.



# 86 year-old male “Something is not right.”



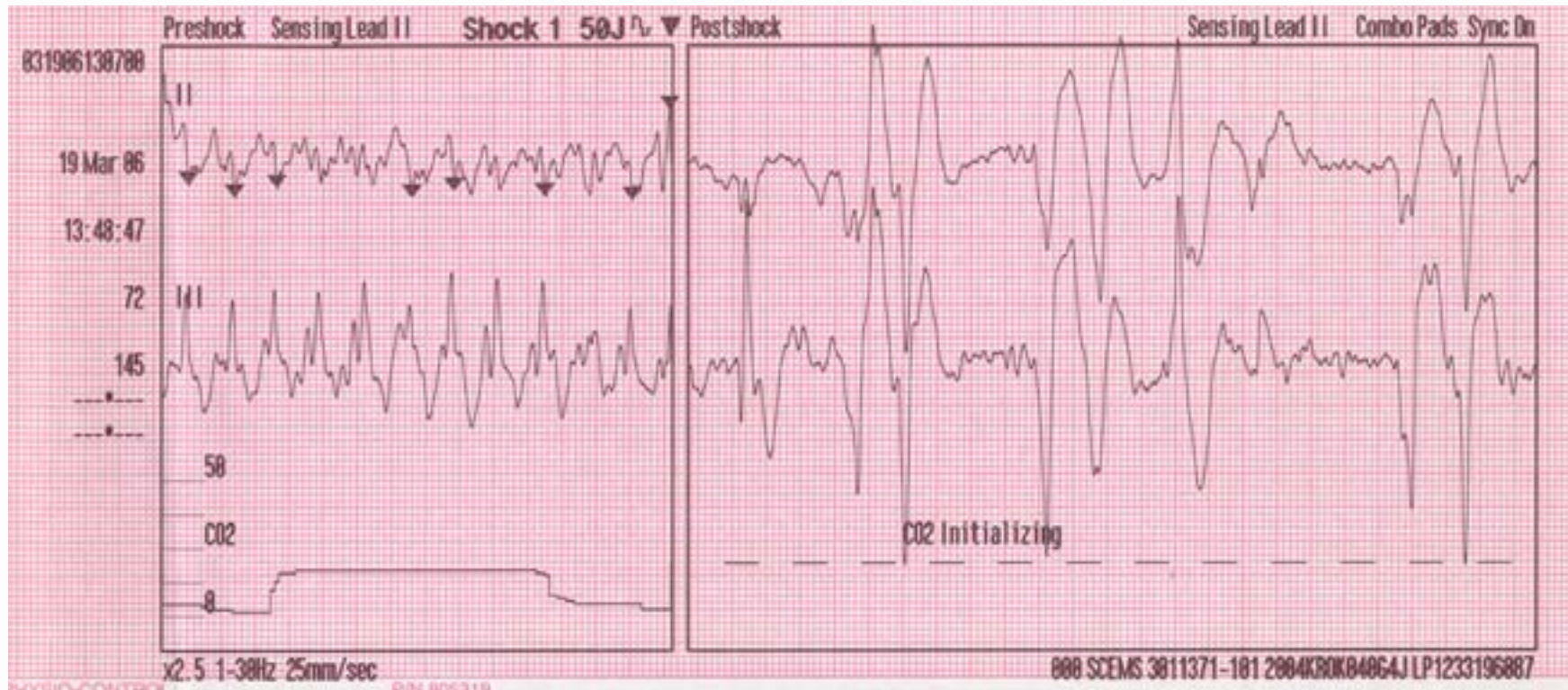
# Capnography and Perfusion



**How is the patient's perfusion status?**



# Cardioversion



CO<sub>2</sub> Initializing post Defibrillation and Cardioversion





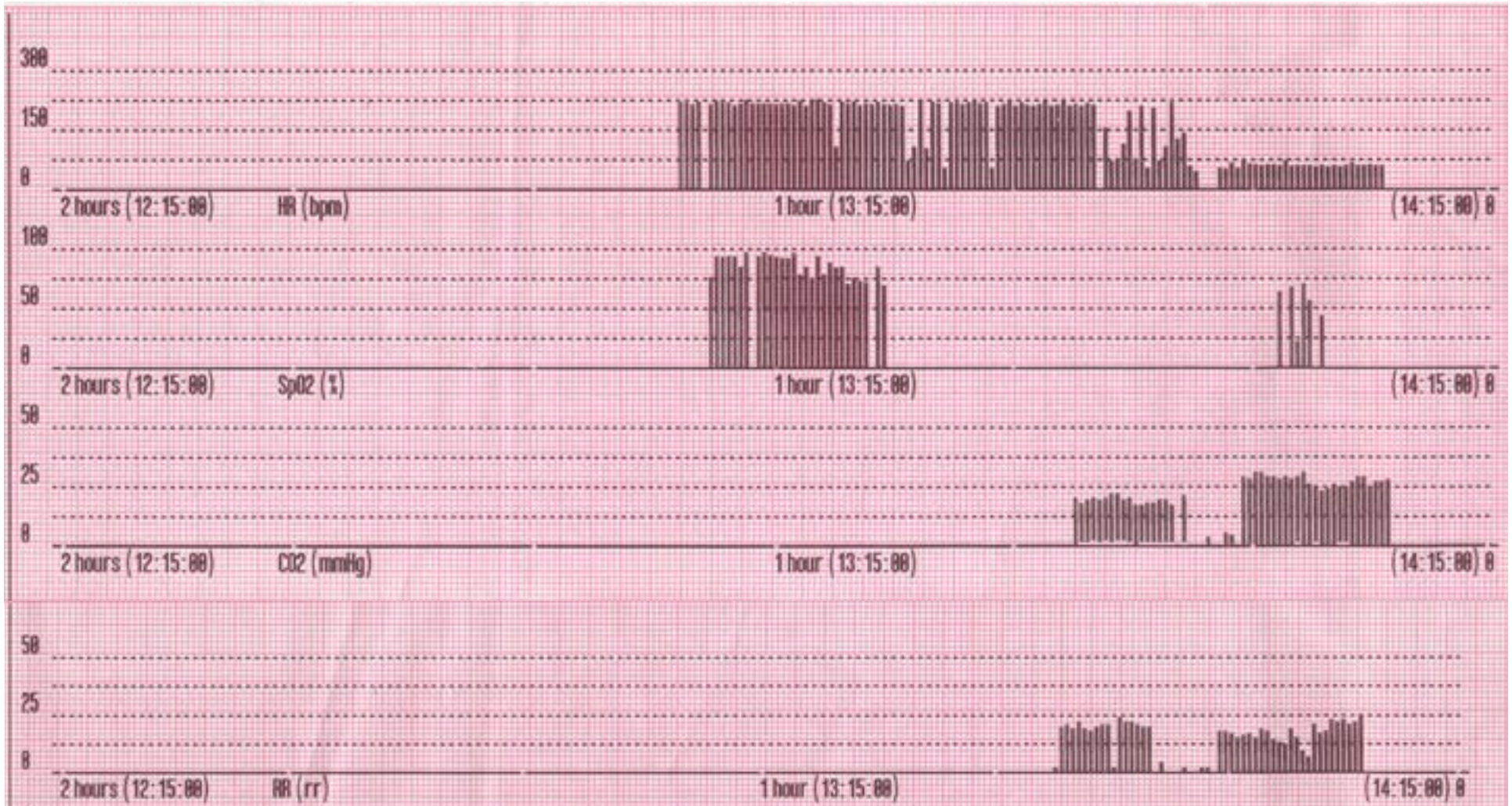
# Capnography and Perfusion



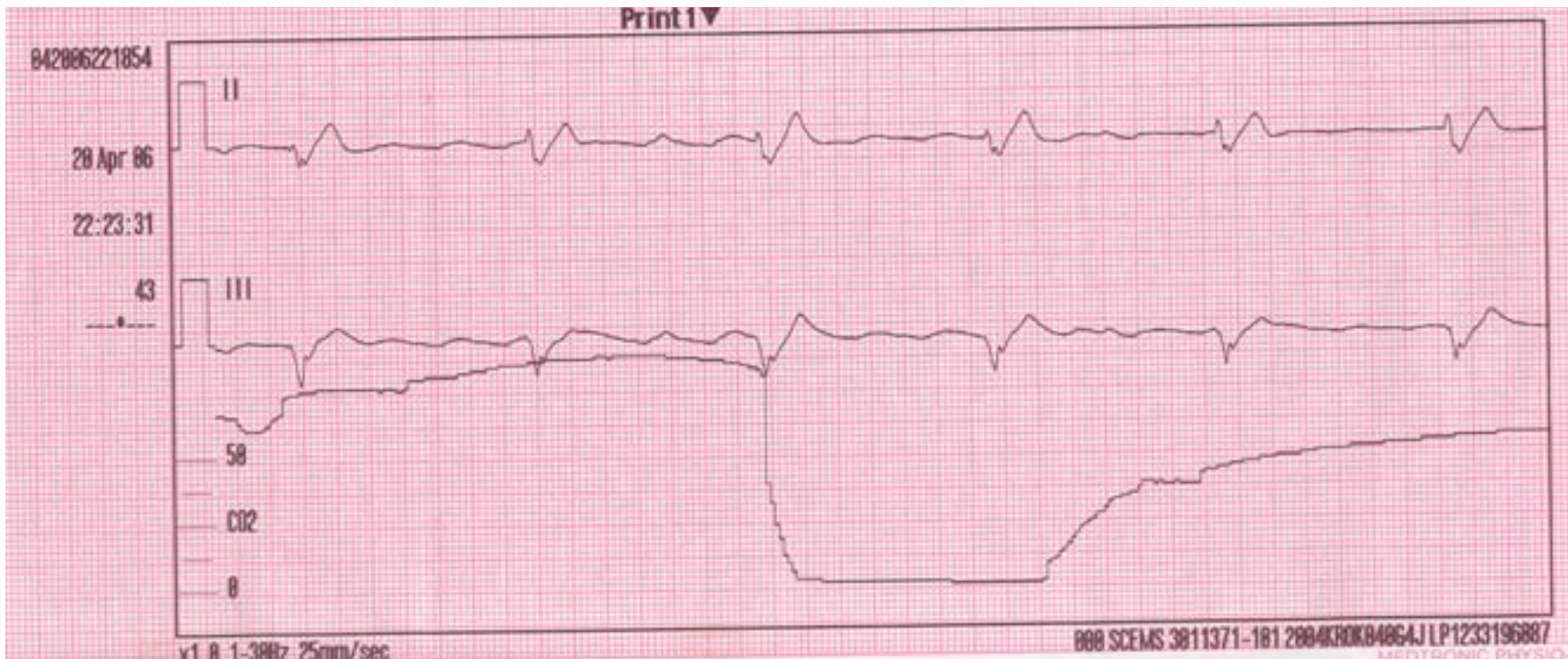
**How is the patient's perfusion status?**



# Trend Summary



# 67 year-old male Cardiac Arrest – COPD

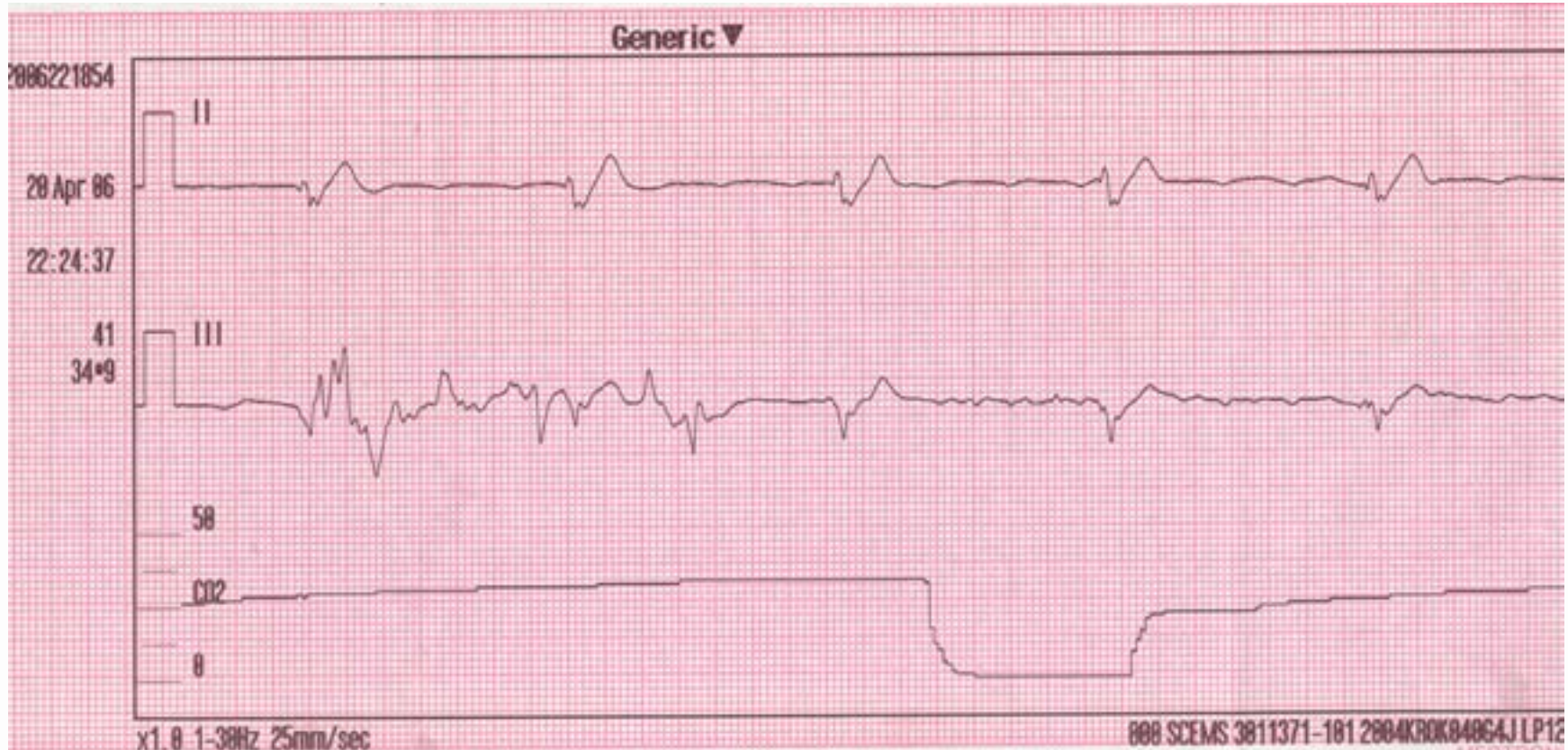


Is the tube in the correct place?

**How is the patient's perfusion status?**



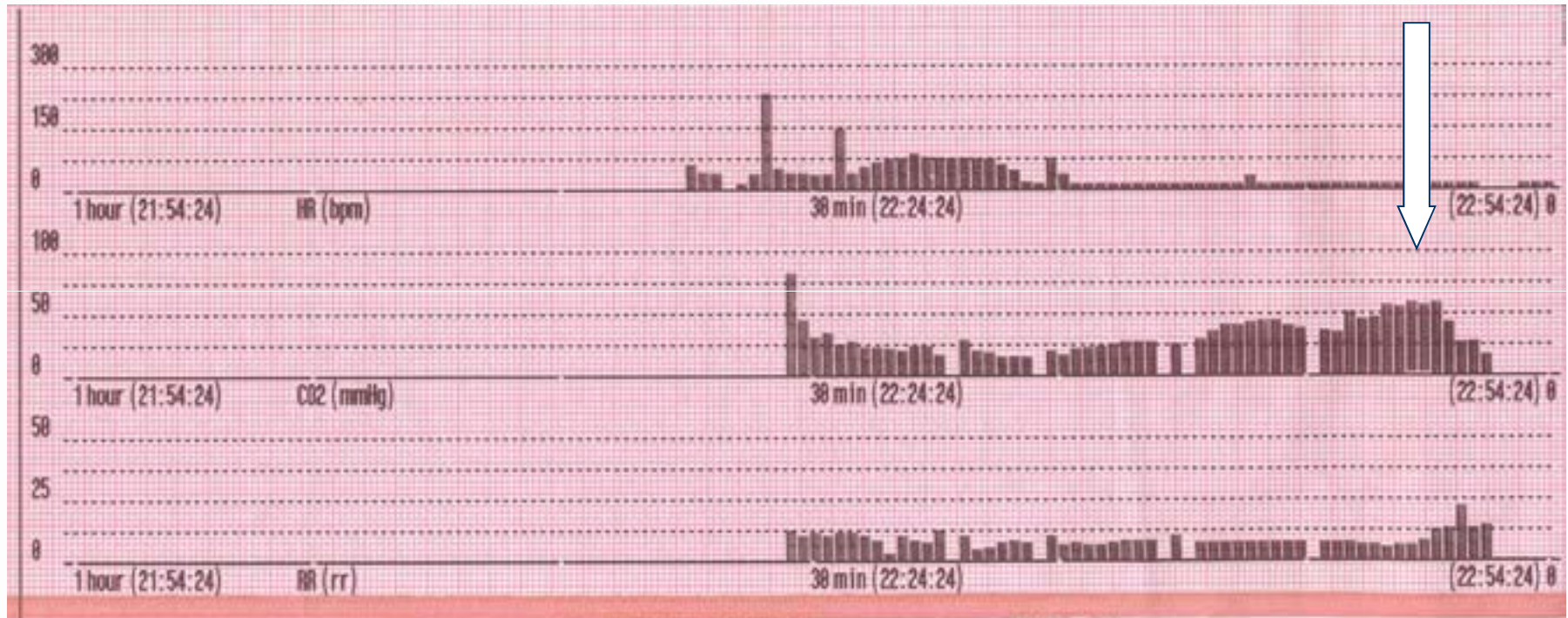
# Perfusion Status???



Do we need to continue chest compressions?



# Trend Summary



# Other Waveforms



## Abnormal Waveforms

- ❖ **Gradual increase in EtCO<sub>2</sub>**
  - ❖ Rising body temperature
  - ❖ Hypoventilation
  - ❖ Increased metabolism



## Abnormal Waveforms

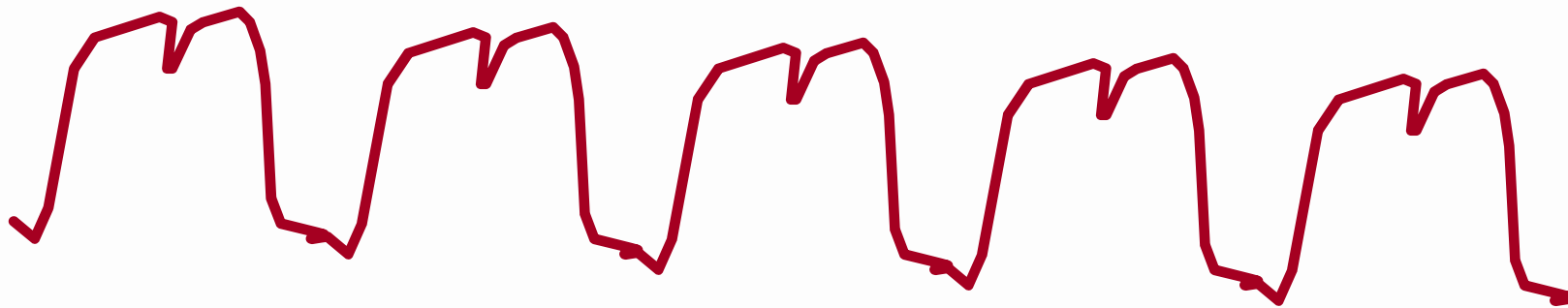
Sustained low EtCO<sub>2</sub> with a good plateau indicates either hyperventilation or a large physiological dead space ventilation, resulting in a widened a-ADCO<sub>2</sub>.

- ❖ Pulmonary Emboli
- ❖ Hypovolemia
- ❖ Hyperventilation
- ❖ COPD resulting in alveolar over-distension
- ❖ Excessive level of PEEP





# Curare Cleft



# Emphysema

- The slope of phase III can be reversed in patients with emphysema where there is marked destruction of alveolar capillary membranes and reduced gas exchange



When every breath counts



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- [Medtronic Physio-Control](#)
  - [Local Sales Representative](#)
  - [www.physiocontrol.com](http://www.physiocontrol.com)
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