

The Alabama Department of Public Health and

**The March of Dimes** 

# Prematurity Summit

Friday, November 14, 2014

Embassy Suites 300 Tallapoosa Street Montgomery, AL 36104

# **AGENDA**

Registration		
Welcome & Opening Remarks	Tom Miller, MD, FACOG	
Chronic Disease & Prematurity in Alabama	John Waits, MD	
Alabama's Prematurity	Joseph Biggio, MD	
Break		
<b>Perinatal Depression</b>	Robin Lanzi, PhD,MPH	
March of Dimes & Prematurity	Judy Lilley, BS	
Safe Sleep	Michael Warren, MD, MPH	
Break		
Obesity & Prematurity	Annie McCartney, MSN, WHNP-BC	
Socio-economics & Disparitie in Prematurity	es Nina Johnson, MD	
Evaluations/Wrap up/Closing remarks		
Adjourn		
	Welcome & Opening Remarks  Chronic Disease & Prematurity in Alabama  Alabama's Prematurity  Break  Perinatal Depression  March of Dimes & Prematurity  Safe Sleep  Break  Obesity & Prematurity  Socio-economics & Disparitie in Prematurity  Evaluations/Wrap up/Closing	

Parking is available at the following locations

Embassy Suites 300 Tallapoosa Street, Montgomery, AL 36104

Cost: \$10.00 Self Parking

\$15.00 Valet Parking

Montgomery City Parking Deck 495 Molton Street, Montgomery, AL 36104

Cost: \$4.00

# **Objectives**

At the end of the day, participants will be able to:

- 1) Identify chronic disease factors that increase the risk of delivering an infant prematurely.
- 2) Define prematurity and list the leading causes of prematurity in Alabama.
- 3) Discuss perinatal depression and ways to identify women with signs of of perinatal depression.
- 4) Discuss national prematurity rates and the research being conducted by the MOD to reduce prematurity rates.
- 5) Differentiate between a safe sleep and un-safe sleep environment and ways to promote safe infant sleeping.
- 6) Describe factors that put infants at risk for SIDS/SUID and identify ways to reduce those risks.
- 7) Discuss the role of obesity in increasing the risk of prematurity.
- 8) Discuss how socio-economic status and disparities increase the risk for prematurity and identify programs that can assist with reducing disparities.

The Alabama Department of Public Health is an approved provider of continuing nursing by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners.

You MUST attend 100 percent of the program to get CEU credits.

# **ADPH/MOD Prematurity Summit**

Friday, November 14, 2014 Embassy Suites 300 Tallapoosa Street Montgomery, AL 36104 8:00 AM – 4:30 PM CEUs requested

#### REGISTRATION FOR THE CONFERENCE IS \$30.00 PER PARTICIPANT

#### **REGISTRATION FORM**

Your Full Na	ame:	Preferred Name on Badge:	
Your Agency	y/Hospital/Practice	:	
Your Mailing	g Address:		
Your Email a	address:		
Your Contac	t Numbers:		
		(Cell)	(Fax)
The March of	We accept the f Registrati payable and mail to: f Dimes Park S., Suite 200-B	on deadline is Monday, Noven following forms of Payment: Cash, on confirmation will be sent by	, Check, Credit Card
	d:		
Expiration dat	te on card:	Security Code on card:	Billing Zip Code:
For conference Chyrl Willis	questions please cont 334-206-3065 334-206-6403		

gpickering@marchofdimes.com

please contact: 205-588-0514

# **Prematurity Summit Speakers**

**John Waits, MD:** Dr. Waits is a board certified family practice physician. He graduated from the University of Alabama School of Medicine in 2000. He is the CEO of the Cahaba Medical Clinic in Bibb County.

**Joey Biggio, MD:** Dr. Biggio is a board certified and practicing maternal fetal medicine specialist with over 15 years experience. Dr. Biggio is also the Associate Professor in the Department of Obstetrics and Gynecology at the University of Alabama at Birmingham. He works daily with complicated obstetric patients and addresses problems related to prematurity on a regular basis.

**Robin Lanzi, PhD, MPH:** Dr. Lanzi is the Associate Professor in the Department of Health Behavior School of Public Health at the University of Alabama at Birmingham. Dr. Lanzi's activities center on reducing family and child health disparities in order to improve the health and well-being of children and families.

**July Lilley, BS:** Ms. Lilley is the Regional Director of Marketing and Communications with the March of Dimes.

**Michael Warren, MD, MPH:** Dr. Warren is the Assistant Commissioner with the Division of Family Health and Wellness at the Tennessee Department of Health. Dr. Warren oversees diverse initiatives related to improving the health and wellbeing of children and families all across Tennessee.

**Annie McCartney, MSN, WHNP-BC:** Ms. McCartney works full time in the Obstetrics Complications Clinic (High Risk OB) at the University of Alabama at Birmingham. She is also an adjunct instructor for the UAB School of Nursing.

**Nina Johnson, MD:** Dr. Johnson is a board certified and practicing pediatrician in Mobile, Alabama that specializes in providing care to children and adolescents.

### **Directions to the Embassy Suites**

If using GPS please input: 300 Tallapoosa Street, Montgomery, Alabama, 36104



Located in downtown Montgomery, Alabama, the Embassy Suites Montgomery – Hotel & Conference Center is steps away from the Montgomery Convention Center and only 9 miles from Montgomery Regional Airport. Our all-suite hotel offers free cooked-to-order breakfast and a complimentary nightly Evening Reception with light dining and drinks. With over 15,000 sq. ft. of event space, our Montgomery hotel is the perfect place to host your meeting, wedding or special event. Stay connected in our 24-hour BusinessLink™ business center and enjoy complimentary WiFi in the hotel atrium area.

From Atlanta - I-85 S to I-65 N. to Exit 172 (Herron Street). Turn right on Herron Street. 4th traffic light turn left on Commerce Street. Hotel is on the left.

From Birmingham - I-65 S to Exit 172 (Clay Street). Turn left at the first block on Herron Street. 5th traffic light turn left on Commerce Street. Hotel is on the left.

From Mobile - I-65 N. to Exit 172 Herron St. Right on Herron Street. 4th traffic light turn left on Commerce Street. Hotel is on the left.

From Birmingham - I-65S to exit 172 Clay St. straight to Herron St. Left on Herron Street. 5th traffic light turn left on Commerce Street. Hotel is on left.

Parking:

Self parking: \$10.00 (Garage Parking)

Valet: \$15.00 (Valet Parking)

City of Montgomery Parking Deck: \$4.00 (Self Garage Parking). Located just

behind & to the left of the hotel.