

Registration

Please remove this section and return with your payment

Name _____

Title: _____ Facility: _____

Home Address: _____

City: _____

State: _____ Zip Code: _____

Phone () _____

Email: _____

Check One

Day 1 (September 24) \$55

Day 2 (September 25) \$55

Both Days \$100

RMC Employee Discount \$50 for both days
**1 day discount not available with RMC Employee discount*

Early Bird Discount
postmarked by August 18th for 2 day rate
of \$90

Payment Information

Make checks payable to RMC

Mail registration slip & payment to:

RMC Lactation center
PO Box 2208
Anniston, AL 36202

Credit Card Payment *Circle One*: MC VISA Discover AmEx

Name on card: _____

Card # _____

Exp Date _____ Sec Code _____ Amt Paid \$ _____

Signature _____

Payment Due By September 18th

Availability of registration at the door not guaranteed;

Pre-registration encouraged

Paid registration is non-transferrable

RMC Lactation Center
PO Box 2208
Anniston, AL 36202
256.235.1132



Birth & Beyond 2015

A Multidisciplinary Perspective



September 24 & 25

Oxford Civic Center
Oxford, AL

**CEUs, CERPs, Social Work Hours
applied for**



hosted by RMC Anniston: OB Services

Speaker Profiles Day 1

Dalia Abrams MA, MPH

Dalia is a Lamaze Certified Childbirth Educator, a DONA Certified Birth Doula, a DONA approved Doula Trainer, as well as a Certified Lactation Counselor. She is the co-founder and executive director of BirthWell Partners.

Marie Crew RNC, BS

Marie Crew is an RN certified in High Risk Neonatal Nursing and a BS in Health Arts. She has been with the Child Passenger Safety Program at Children's of Alabama and a Child Passenger Safety Instructor since 2002. Marie assumed the role of Coordinator of the CPS program in 2008 and is also the Coordinator for Safe Kids Alabama. Safe Kids Alabama is an injury prevention program for children ages birth to 18 years old.

Glenda Dickerson RN, MS, IBCLC

Glenda is the Women's Support Services Manager at Brookwood Women's Medical Center in Birmingham. She is the founding board President of the United States Lactation Consultant Association (USLCA). Glenda currently serves as Board President of the Alabama Lactation Consultant Association and currently serves as Chair of the Jefferson County Breastfeeding Education Support Team.

Julie Farmer RN, MPH

Julie Farmer is an RN with a Master's in Public Health. She has been with the Child Passenger Safety Program from the beginning at Children's of Alabama in 1998 and has been a Child Passenger Safety Technician Instructor since 1999. Julie was the Coordinator of the CPS program until 2008 and is currently the Director of Think First Alabama at Children's of Alabama, a brain and spinal cord injury prevention program.

Karen Hammond DNP, CRNP

Dr. Karen Hammond is the OB/GYN Nurse Practitioner at Alabama Fertility Specialists and established the oocyte donation program at UAB that resulted in the state's first egg donor IVF birth. She practiced at UAB from 1985-2004, until she opted to work with Dr. Steinkampf in establishing Alabama Fertility Specialists. Dr. Hammond has been published in peer-reviewed nursing and medical journals, authored chapters in more than a dozen medical textbooks, and edited a book on the Assisted Reproductive Technology Team.

Mendy McMichael DNP, RN

Dr. McMichael began her career as a L&D nurse at Regional Medical Center and St Vincent's Birmingham before advancing to nurse manager of OB and Pediatrics at RMC. She then furthered her career as a DNP, graduating from the Doctor of Nursing Practice in Public Health from the University of Tennessee. She has served as a consultant for the Alabama Coalition Against Domestic Violence and has received multiple Faculty Research Awards at Jacksonville State University (JSU). She has more than 23 years of nursing experience and has served on the nursing faculty of JSU. During her tenure in nursing education, she taught both in the classroom and in the clinical arena, as well as online courses.

Katherine Wood RN, MPH

Katherine joined the staff of the Community Food Bank of Central Alabama's staff in May 2014, serving as the first staff member fully focused on the Mothers' Milk Bank of Alabama. She worked as a Registered Nurse at Vanderbilt Children's Hospital before moving to Birmingham. She completed her Masters of Public Health in Maternal and Child Health at UAB in December 2014.

Schedule

Day 1 (September 24)

7:45 - 8:00	Registration
8:00 - 9:15	Intimate Partner Violence Mendy McMichael
9:15 - 10:30	The Generational Mom Glenda Dickerson
10:30 - 10:45	Break
10:45 - 12:00	When It Takes More Than 2 to Tango Karen Hammond
12:00 - 1:30	<i>Lunch on your own</i>
1:30 - 2:30	Pain Relief in Natural Childbirth Dalia Abrams
2:30 - 3:30	Express Yourself Katherine Wood
3:30 - 3:45	Break
3:45 - 4:30	Child Passenger Safety Marie Crew & Julie Farmer
4:30 - 4:45	Evaluation
5:30 - 6:00	Alabama's 1st Baby Friendly Hospital Tour at RMC (Optional) *Reservations can be made at conference



Day 2 (September 25)

7:45 - 8:00	Registration
8:00 - 10:00	Galactagogue Use During Breastfeeding Frank Nice
10:00 - 10:15	Break
10:15 - 12:00	Integrating Aromatherapy in the Hospital Setting Demetria Clark
12:00 - 12:30	Evaluations & Book Signing

During the conference, quiet infants in arms are welcome

Speaker Profiles Day 2

Demetria Clark

Demetria is a North American herbalist specializing in herbals for pregnancy, birth, postpartum, nursing and children. She is a traditional family herbalist. She has worked with families for over 20 years as an herbalist, aromatherapist, midwife, doula and traditional medicine maker. She works extensively in the US and Europe, blending the two traditions. Demetria lectures extensively on herbal care for sexuality, pregnancy & women's health. She is the Founder and Director of Heart of Herbs Herbal school www.heartofherbs.com and the doula training program, Birth Arts International. www.birtharts.com

Frank Nice RPh, DPA, CPHP

Dr. Frank J. Nice has practiced as a consultant, lecturer, and author on medications and breastfeeding for over 35 years. He holds a Bachelor's Degree in Pharmacy, a Masters Degree in Pharmacy Administration, and Masters and Doctorate Degrees in Public Administration. Dr. Nice also holds Certification in Public Health Pharmacy. He currently serves as a pharmacist at the Food and Drug Administration. He retired from the US Public Health Service after 30 years of service as a Commissioned Officer and pharmacist. He served 20 years of that time at the National Institutes of Health's Clinical Neurosciences Program as Assistant Program Director. Dr. Nice has published the textbook, *Nonprescription Drugs for the Breastfeeding Mother, 2nd Edition*, a guide for the use of over 1,700 nonprescription drugs and herbals.

Educational Credits

CEUs 12

CERPS applied for

Social Work applied for

Hotel Information

Courtyard Marriott Oxford
289 Colonial Dr Oxford, AL 36203
256.831.7995

\$89/night includes breakfast
Discount Code: RMC Conference
Call to Reserve

The Oxford Civic Center is located at
401 McCullars Lane Oxford, AL 36203
Phone: 256.831.2660

Parking available on both the I-20 and Lake entrances