



ALABAMA BREASTFEEDING INITIATIVE

Increasing Practices Supportive of Breastfeeding in Birthing Facilities

BIRTH AND BEYOND: 10 STEPS TO EMPOWER MOTHERS AND NURTURE BABIES

TRICIA CASSI, BSS, IBCLC, WIC STATE BREASTFEEDING COORDINATOR, VERMONT DEPARTMENT OF HEALTH

AGENDA

THURSDAY, APRIL 9, 2015

DAY ONE

8:30 – 9:00	Registration and Networking
9:00 – 9:10	Welcome and Introductions
9:10 – 9:25	Vermont’s “10 Steps” Project Overview
9:25 – 9:55	Principles of Visual Communication
9:55 – 10:55	Module 1: The Science of Attachment
10:55 -11:10	Break
11:10 –11:55	Module 2: Anatomy and Physiology
11:55 –12:40	Lunch (Provided by Baptist Hospital)
12:40 –1:55	Module 3: Promoting Breastfeeding & the Risk of Not Breastfeeding
1:55 – 2:10	Break
2:10 – 3:25	Module 4: Predictable Newborn Patterns
3:25 – 4:10	Module 5: Hospital Practices Influence Breastfeeding Rates
4:10 – 5:10	Module 6: Positions and Latch
5:10 – 5:25	Questions and Evaluation
5:25 – 5:30	Wrap up

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

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FRIDAY, APRIL 10, 2015

DAY TWO

8:00 – 8:30	Registration and Networking
8:30 – 9:00	Project Aim and Goals and Report on Observation Assignment
9:00 – 9:45	Module 7: Assessment and Documentation
9:45 – 11:00	Module 8: Early Breastfeeding Concerns
11:00 – 11:15	Break
11:15 – 12:30	Module 9: Special Situations
12:30 – 1:15	Lunch (Provided by Baptist Hospital)
1:15 – 2:00	Module 10: Expressing and Feeding Breastmilk
2:00 – 2:15	Break
2:15 – 2:45	Module 11: Continuity of Care
2:45 – 3:15	Module 12: Sustainability
3:15 – 3:45	Questions and Evaluation
3:45 – 4:00	Next Steps and Wrap up

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