



A Breast Pump will be available for your use. Mothers will need to bring their own pump kits.

Due to the technical nature of this program, only young babies in-arms will be allowed in the auditorium. Please be sensitive to the needs of others to fully enjoy the seminar and leave immediately if your child becomes noisy for any reason.

Note to Breastfeeding Mothers:

**JOIN US FOR A DAY OF FUN,
FOOD, FELLOWSHIP AND
AWESOME DOOR PRIZES!**



**BREASTFEEDING:
THE CHOICE OF
A LIFETIME**

Friday, August 28

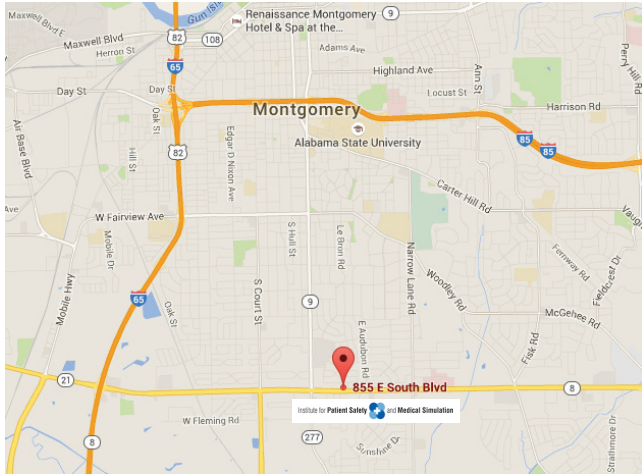
8 a.m.-3:30 p.m.
Institute for Patient Safety
and Medical Simulation

7.2 Contact hours applied
for by the Alabama Board of
Nursing ● CERPS applied for



Location

Institute For Safety Patient Safety
and Medical Simulation
855 East South Blvd. Montgomery, AL 36116



Schedule

8:00-8:30	Registration
8:30-9:30	How Birth Affects Breastfeeding Presented by Dr. Joshua Johannson, MD, IBCLC
9:30-10:30	Low Intervention Birth Presented by Dr. Joshua Johannson, MD, IBCLC
10:30-10:45	Break
10:45-11:45	Promoting Breastfeeding in the Hispanic Culture Presented by Julia Sosa, MS, RD, LD
11:45-12:15	Lunch and Door Prizes
12:15-1:15	Skin to Skin Presented by Dr. Joshua Johannson, MD, IBCLC
1:15-2:15	Supporting Breastfeeding Past Hospital Discharge Presented by Dr. Joshua Johannson, MD, IBCLC
2:15-2:30	Break
2:30-3:30	Neonatal Oral Development and Interventions Presented by Shundreya George, Occupational Therapist

About the speakers

Dr. Joshua Johannson, MD, IBCLC and founder of Cheaha Women Center

Dr. Johannson views partnering and supporting women in health, pregnancy, and disease as fundamental to his practice. He strongly emphasizes healthy lifestyles and preventive care. He sees pregnancy as a normal physiological process, is supportive of low-intervention in low-risk pregnancy, and is a strong advocate of breastfeeding as an important healthcare decision. His other professional interests include external cephalic version, vaginal delivery of twins, fibroids, and general gynecology.

Julia Sosa, MS, RD, LD is the Director of the State Office of Minority Health

Julia directs all activities within the Office of Minority Health. She serves as a liaison for ADPH with federal, regional, state and local government, agencies, organizations, and community partners. Represents and speaks for the ADPH to those within and outside the department regarding health care issues affecting minority and underserved populations.

Shundreya George-Jefferson, OTR/L

Shundreya works at Baptist East as an occupational therapist in the out-patient rehabilitation center and in-patient NICU and newborn nurseries. She is a certified Infant Message Instructor as well as a Contract Early Intervention OT. Shundreya also is married with 4 bright, intelligent and beautiful premature children, 3 of which were breast fed babies. They all enjoy attending Fresh Anointing House of Worship.

Workshop Goals

This workshop is intended to educate mothers, lactation consultants, nurses, physicians and allied healthcare providers in the management and support of breastfeeding.

Other Program Information

In compliance with the WHO Code of marketing of breastmilk substitutes, this program does not receive funding from artificial baby milk companies.

Registration

Name:

Address:

Phone number:

E-mail address:

Fees: *Registration fee includes lunch.

	BY AUG. 3	AFTER AUG. 3
<input type="checkbox"/> Baptist team member, La Leche League leaders and student	\$25	\$45
<input type="checkbox"/> Other	\$80	\$110

Please mail your registration and checks to:
Baptist Medical Center East
ATTN: Education Department, Renee Key
400 Taylor Road • Montgomery AL 36117

Please make checks payable to: Baptist Health

You may also register online by sending an email with your name, address and phone number to: rkey@baptistfirst.org

*Please bring your payment to the conference. To qualify for the early registration, you must email, or mail in your registration by August 3rd.

For further information, and or questions, please email Renee Key at rkey@baptistfirst.org

LUNCH

Lunch will be provided by The Institute for Patient Safety and Medical Simulation