

Alabama Department of Public Health
 Office of Women's Health
 Eighth Annual Women's Health Update
 Bruno Conference Center
 Birmingham, Alabama
 August 7, 2015



Taking Charge: Empowering Women to Engage in Healthy Living
An Interprofessional Conference for Health Care Providers

7:30 a.m.	<i>Registration</i>	<i>Visit Silent Auction</i> <i>OWH Slide Show Presentation</i>
8:00	<i>Welcome</i>	Margaret Findlay, PhD, RN, CNE Chair, OWH Steering Committee Samford University Lenee Simon, MPH Office on Women's Health Representative – Region IV U.S. Department of Health and Human Services Atlanta, GA Jessica Hardy, MPH, DNP, RN Director, Alabama Office of Women's Health
8:30-9:30	<i>Keynote Address</i> <i>Moderator – Jessica Hardy</i>	<i>Alabama Medicaid RCO Development: Current Status</i> Nan Priest, MSHA Executive Vice President and Chief Strategy Officer Brian Massey, MBA, MSHA Administrative Director, Business Development St. Vincent's Health System
9:30-9:45 BREAK	<i>Poster Session</i> <i>Visit Vendors & Silent Auction</i>	
9:45-10:45 <i>Breakout Session A</i>	1. <i>Moderator – Bernita Hamilton</i>	<i>A Primary Care Intervention for the Obese Adult</i> Johna G. Cotton, DNP, RN, FNP-BC Troy University
	2. <i>Moderator – Alisa Champion</i>	<i>Examining Lives of Adolescent Mothers in Social and Economic Context: Poor Women's Experiences and Options after an Unintended Pregnancy in Costa Rica</i> Rachel Copeland, PhD, LCSW Samford University
	3. <i>Moderator – Ron Jackson</i>	<i>Women and Parkinson's Disease</i> E. Jean Dubois, EdD, RN, FNP-BC Auburn University

10:45-11:00	<i>Poster Session</i> <i>Visit Vendors and Silent Auction</i>	
11:00-12:00 <i>Breakout Session B</i>	1. <i>Moderator – Cheryl Robinson</i>	<i>Creating Standardized Patient Education Programs to Empower Patients</i> Kristina S. Miller, DNP, RN, PCNS-BC University of South Alabama
	2. <i>Moderator – Ron Jackson</i>	<i>PCOS: Two Decades of Treating Insulin Resistance and Improving Metabolic Parameters</i> Katherine Sherif, MD Thomas Jefferson University
	3. <i>Moderator – Leigh Minchew</i>	<i>Mitigating a Healthcare Disparity: Women and Atherosclerotic Cardiovascular Disease</i> Casey Elkins, DNP, NP-C, CLS University of South Alabama
12:00-1:00	<i>Lunch</i>	
1:00-1:15	<i>Poster Session</i> <i>Visit Vendors & Silent Auction</i>	
1:15-2:15	<i>Plenary 1</i> <i>Moderator – Alisa Champion</i>	<i>Women of Wellness: Exchanging the Hunger Games for a Realistic Definition of Health</i> Anna Threadcraft, RD Regions Bank
2:15-2:30	<i>Poster Session</i> <i>Visit Vendors & Silent Auction</i>	
2:30-3:30	<i>Plenary 2</i> <i>Moderator – Leigh Minchew</i>	<i>Post-Traumatic Stress Disorder in Women</i> Marshall E. Cates, PharmD, BCPP, FASHP Samford University
3:30-4:00	<i>Silent Auction Winners</i> <i>Summary and Evaluations</i> <i>Adjournment/ CE Certificates</i>	Leigh Minchew, DNP, RN, WHNP-BC Vice Chair, OWH Steering Committee Chair, Eighth Annual Women’s Health Update University of South Alabama

The Alabama Office of Women’s Health

Vision: *Promoting women’s health in Alabama by creating a culture of wellness through advocacy, policy, and education*

Mission: *To promote the health of women throughout the state of Alabama by:*

- **Facilitating and coordinating information and education about women’s health**
- **Creating partnerships and strategic alliances with key stakeholders**
- **Advocating for equitable public policy on issues that affect women’s health**

Empowering Every Woman in Alabama to Engage in Healthy Living