

**Alabama Department of Public Health  
Office of Women's Health  
Eighth Annual Women's Health Update  
Bruno Conference Center  
Birmingham, Alabama  
August 7, 2015**



***Taking Charge: Empowering Women to Engage in Healthy Living***  
**An Interprofessional Conference for Health Care Providers**

**CALL FOR POSTER ABSTRACTS**

The Alabama Office of Women's Health is pleased to announce its call for poster abstracts for the ***Eighth Annual Women's Health Update*** to be held on ***Friday, August 7, 2015, 8 a.m. until 4 p.m.*** at the ***Bruno Conference Center in Birmingham, Alabama.*** This year's theme is ***Taking Charge: Empowering Women to Engage in Healthy Living.*** Abstracts must be received on or before **May 29, 2015.** Applicants will be notified of acceptance by **June 15, 2015.**

The ***Eighth Annual Women's Health Update*** is a continuing education offering for registered nurses, nurse practitioners, pharmacists, social workers, dietitians, and other health care providers. The purpose of the conference is to disseminate scholarly work that is aimed at improving the health status of all women. Topics related to cardiovascular health, weight management, nutrition, complementary and alternative medicine, preconception care, mental health issues, community involvement, and health policy are particularly timely.

**Objectives for the Women's Health Update**

- Provide a venue for scholars to share their latest projects and research findings.
- Advance interprofessional collaboration related to health promotion and evidence-based practice.
- Address local, national, and global trends for best practices for women across the life course.

**Abstract**

The abstract should include two learning objectives and be typed using a 12-point Calibri font, single-spaced with double spaces between paragraphs, indentation of the first line of each paragraph, and 1" margins. There is a limit of 500 words. The title should be centered on the first line with name of the investigator(s) and institution(s) centered on the next line. Submit the following information as applicable:

- Learning objectives.
- Statement of the topic and purpose of the project.
- Literature review, clinical practice guidelines, and/or theoretical framework.
- Methodology, sample, setting, procedure, instrument, data analysis.
- Findings, results, outcomes, or project impact.
- Recommendations for practice.

## **Biographical Data Form**

All poster presenters will need to submit a biographical data form which is required for continuing education credit. If the abstract is selected, the biographical data form will be sent to the presenter at the time of notification, **June 15, 2015**, with a return due date of **June 29, 2015**.

## **Instructions for Poster Presentations**

- Tables will be available for poster display.
- Poster must be freestanding and not exceed 3 x 4 feet in height and length.
- Posters may either be attached to a tri-fold board or presented in laminated format.
- Poster presenters are responsible for setting up their poster and being available during the conference to discuss their project with attendees.
- Poster presenters are expected to register for the conference.
- Poster presenters are responsible for their individual travel and lodging arrangements.
- Posters will be on display for the duration of the event.

## **Registration Information**

For more information about the conference, visit the Alabama Department of Public Health, Office of Women's Health website: <http://www.adph.org/owh/> and click on "Women's Health Update" link. Or, you may call the Office Women's Health at 334-206-5669.

## **Conference Location**

St. Vincent's Health System  
Bruno Conference Center  
810 St. Vincent's Drive  
Birmingham, Alabama 35205

<http://www.stvhs.com/brunoconferencecenter/directions.asp>

<http://mapq.st/18fu4f1>

## **Submission**

Submit the abstract and data sheet (see next page) no later than **May 29, 2015** via email to:

Margie Findlay, PhD, RN, CNE  
Chair, Alabama Office of Women's Health Steering Committee  
Professor, Ida V. Moffett School of Nursing  
Samford University  
Birmingham, Alabama  
[mpfindla@samford.edu](mailto:mpfindla@samford.edu)

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**POSTER ABSTRACT DATA SHEET**

Title of Study/Project: \_\_\_\_\_

Presenter(s): Add additional presenters' names and titles on a separate page if needed.

Name and Credentials:	Name and Credentials:
Title:	Title:
Institution:	Institution:
Address:	Address:
Work Telephone:	Work Telephone:
Cell Telephone:	Cell Telephone:
E-mail:	E-mail:

The signature(s) below indicates permission to reproduce this abstract for distribution to conference participants.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_