



**Come Join Us to Help  
Celebrate Women's Health!**

# **THE ANNUAL**

# Women's Health 5K Run & 1 Mile Mother-Daughter Walk

**Grand Marshal – Tonya Terry of WSFA 12 News**

# Saturday, May 10, 2014

7 a.m. - Registration - 8 a.m. 5K Run/Walk Begins

Wilson YMCA Park Crossing Road | 1445 Wilson Park Drive | Montgomery, AL 36117  
(The connecting road between Ray Thorington and Taylor Road)



OFFICE OF  
WOMEN'S HEALTH  
ALABAMA DEPARTMENT  
OF PUBLIC HEALTH



**“ON THE MOVE TO IMPROVE WOMEN'S HEALTH!”**

[www.alabamahealthywomen.com](http://www.alabamahealthywomen.com)

