

Come Join Us to Help Celebrate Your Health!

THE SEVENTH ANNUAL Health 5K Color Run

& 1 Mile Family Fun Walk (All family members welcome)

Grand Marshal - Linda Mays of ABC 33/40

Saturday, May 16, 2015

Homewood Greenway Walking Trail Lakeshore Drive across from Samford University





















"ON THE MOVE TO IMPROVE

www.alabamahealthvwomen.com

