



OUR VISION

Working toward prevention and reduction of obesity for a healthier Alabama

OUR MISSION

The Alabama Obesity Task Force works to address overweight and obesity issues through advocacy, policies, environmental changes, and programs that support healthy lifestyle changes.

“One of the benefits I have received in being in the Alabama Obesity Task Force is networking with people across the state to address problems associated with obesity.”



www.adph.org/obesity

GET INVOLVED WITH THE



TODAY!





ADDRESSING OBESITY ISSUES THROUGH ADVOCACY, POLICY, ENVIRONMENTAL CHANGES, AND PROGRESS

The Alabama Obesity Task Force is a volunteer membership organization that addresses obesity through advocacy, changes, and programs.

Alabama Obesity Task Force membership benefits include:

- ✓ Staying abreast of emerging nutrition and physical activity, lifestyle issues, and strategies that affect obesity.
- ✓ Strengthening leadership skills.
- ✓ Networking with peers, state, and community leaders.
- ✓ Influencing advocacy
- ✓ Training opportunities
- ✓ Collaborating with partners to make decisions

**Alabama Obesity Task Force Membership:
To become a member, go to www.adph.org/obesity.
Click on the left side link "Contact Us." Send an e-mail requesting membership.**

Alabama Obesity Task Force structure:

- ✓ Board - The Board of Directors are voting officers of the Association and are elected by members. The Board includes President, President-Elect, and seven Directors at Large.
- ✓ Committees - Advocacy, Communication, Community, Research and Evaluation, Health Care Provider, Membership, Student Engagement, and Youth and Family.

Become Involved Today!

To learn more about the Alabama Obesity Task Force, please visit adph.org/obesity. We have a place for you!

"I love the training that is available to us. It allows us a chance to learn more about up-and-coming issues and trends in this fast changing field."

