Prevention and Control Measures:
Strep Throat (Group A *Streptococcus* Infection)

**Transmission:**
- Strep throat is caused by a bacteria that lives in the nose and throat of infected individuals.
- It can be spread when a person comes into contact with droplets from an infected person’s cough or sneeze.
- It can also be spread if someone drinks from the same glass or eats from the same plate as an infected person.

**Prevention and Control Measures:**
- Always cover your mouth with a tissue when coughing or sneezing. Cough or sneeze into your upper sleeve or elbow, if you do not have a tissue available.
- Practice proper [hand washing hygiene](http://www.cdc.gov/hicpac/Disinfection_Sterilization/6_0disinfection.html).
- Do not share a drink, food, or utensils with someone who has strep throat.
- Those ill should not return to the facility until after at least 24 hours of antibiotic treatment.
- Have a health professional evaluate individuals with a severe sore throat with a rash or a severe sore throat that lasts more than 24 hours and is not associated with other signs or symptoms of a cold to identify if strep throat is causing their illness.
- Clean and disinfect frequently touched surfaces or common areas with 1:10 parts bleach and water solution. Allow the solution to sit for 10 minutes before wiping away. Always follow the cleaning product's manufacturer label.

For More Information:
Visit cdc.gov and type *strep throat* in the SEARCH box.