



The BREMSS Bulletin

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Time is muscle.

BREMSS will endeavor to provide a monthly e-mail bulletin to all of the EMS community in our seven county Region. It is our hope to increase the level of communications to and from the EMS community. Each of the BREMSS Staff will provide several paragraphs each month to the BREMSS Bulletin. We welcome your comments on any of the topics or if there are specific topics of presentation you would like us to address from a BREMSS Staff position.

We are nearing the implementation of the STEMI (S-T Elevation Myocardial Infarction) system. This system will provide the tools for the EMT-P to assure that patients with STEMI get the most timely treatment possible.

A part of this system also includes the return of immediate patient outcome to EMS agencies involved in the call and transport of the STEMI patient. While we do this for trauma and stroke, STEMI return information will also include patient outcome at thirty days.

We are unique in this "return" of information to the EMS community. However, even after fourteen years of "returns" I find EMS personnel who have never seen a "return". We have just begun to e-mail these "returns". If you are interested in receiving the "returns" for your agency just e-mail us and we will add you to the list of e-mails sent to each agency. These "returns" are the best education we can do, help us do it.

CPR, BLS, ABC, ABCDE, BTLs, ITLS, ABLs, AHLS, AMLS, EMD, HSAED, GEMS, PALS, PEPP, ATTOM, EMT, NREMT, RN, MD, PHTLS, ATT, ... "now I know my ABC's". Alphabet Soup Medicine. Confused yet? I hope not. As the Education Coordinator at BREMSS, questions come daily about continuing education requirements by telephone and e-mail. Many are confused about the new continuing education requirements for EMTs within Alabama. What is required? What will count toward Alabama EMT licensure? Will this class count towards NREMT? Will nursing approved courses count? These are just some examples of questions fielded often.

Though we can not attempt to answer all of the questions in this space, we will try a few. To maintain an active license, EVERYONE has to have a current CPR card at the time of license renewal. EVERYONE has to have had the PROTOCOL UPDATE and a PROTOCOL REVIEW. Basics have to have an additional twenty-four (24) hours of continuing education, Intermediates have to have thirty-six (36) hours, and paramedics forty-eight (48) hours. These "hours" can be from the "alphabet soup" or other emergency medical services related classes that are approved by the Medical Director of your service. Please feel free to call or e-mail BREMSS regarding your continuing educational needs.

The most exciting development in pre-hospital care recently is the establishment of the STEMI Plan. With this plan, patients with cardiac symptoms who have S-T elevation on EKG can be routed to a hospital which can perform a balloon angioplasty. Using this plan will shorten the time from symptom onset to treatment and that has been shown to improve mortality and decrease complications from MI.

Pre-hospital care is a very important part of this process. It is dependent on proper triage based on a 12 lead EKG in the field. Please refer to the STEMI Plan (BREMSS website) and Protocols (for cardiac symptoms).

Thanks to the STEMI Committee for their efforts (co-chaired by Dr. Pierre Scalise, Cardiology Associates and Dr Sarah Nafziger, UAB-ED).

Please contact BREMSS Staff if you have questions regarding implementation of this plan.

H1N1 Influenza Vaccines Available

EMS Officers:

We are coordinating the ordering of H1N1 Influenza Vaccines that are available to BREMSS EMS Providers. If you wish to be considered to receive these vaccines please send in your request along with your transport/storage/administration plan that complies with the guidelines from ADPH. **Remember, EMTs may NOT administer the vaccines.** Because of packaging constraints, the minimum request is 10 doses. We will prioritize the distribution of the vaccines in the following order:

Priority Level:

- (1) Transporting ALS personnel
- (2) Transporting BLS personnel
- (3) EMS dispatch – EMD
- (4) ALS personnel involved in response but not with transport function
- (5) BLS personnel involved in response but not with transport function
- (6) Administrative personnel at an ALS transport agency
- (7) Administrative personnel at an ALS non-transport agency
- (8) Non-licensed EMS personnel

If you wish to receive the vaccines and need assistance in administration, please let us know.

EMS Equipment Bid List

The EMS Equipment Bid List is available at www.bremss.org. The contract can be used by any BREMSS EMS Provider throughout 2010 to purchase EMS equipment and supplies. If your county is participating in a matching funds equipment grant you will be notified concerning the ordering process. Please call or e-mail with any questions.

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at abolack@uabmc.edu or call 205-934-2595

A decorative border of lightbulbs surrounds the text. The border consists of a top row of 20 lightbulbs, a bottom row of 20 lightbulbs, and two vertical columns of 20 lightbulbs each on the left and right sides.

BREMSS

1st Annual EMS Conference

January 14, 2010 “A Shift” Jeff. State Jefferson

January 15, 2010 “B Shift” Jeff. State Shelby

January 16, 2010 “C Shift” Moody Civic Center

7:30 A.M—5:00 pm each day

There is a \$20 registration fee to cover lunch and T-shirt

This conference will be repeated at each site on a different day. You will only attend one day.

7.5 hours of Continuing Education Hours will be awarded for
EMT licensure

Topics will include Pediatric Airways, Capnography,
CPAP, Trauma, STEMI, and Sexual Assault.