

Early Registration (by August 14th)  
AADE Member \$50.00  
Nonmember \$65.00

Registration (after August 14th)  
AADE member \$60.00  
Nonmember \$80.00

Student \$35.00

Light breakfast and lunch provided  
Parking \$4.00

Register at [AADEnet.org](http://AADEnet.org)

Enter following link:

<http://www.myaadenetwork.org/p/cm/ld/fid=719>

Continuing education via Alabama  
State Nursing Association (ASNA)  
pending:

RN: 8.4 ABN contact hours  
(50 minutes contact hours )  
7 ASNA contact hours  
(60 minutes contact hours)

RD: 7 hours for program  
(60 minute contact hours)

# Innovations in Diabetes 2012

*Update your Skills and  
Knowledge of Diabetes*

*Friday, September 14, 2012  
Bruno Conference Center  
St. Vincent's Hospital  
Birmingham, Alabama*

A Program of

The logo for the Alabama Association of Diabetes Educators (AADE) features the word "Ala" in a large, elegant, cursive script, with "DE" in a smaller, serif font positioned below it.

*The Alabama Association of Diabetes Educators*

In cooperation with  
St Vincent's Hospital

## Program Objective

To update the diabetes self-management training related skills and knowledge base of healthcare professionals who provide diabetes educational services or diabetes related support services. To present these healthcare professionals with practical information, tips and guidelines that will encourage innovation in their practice.

## Program Goals

1. Describe and discuss strategies used in the hospital setting to regulate glycemic control and minimize episodes of hyperglycemia and hypoglycemia.
2. Recognize signs and symptoms of foot abnormalities in patients with diabetes and demonstrate the essential techniques of preventive foot care to patients.
3. Describe potential benefits and risks associated with bariatric surgery and understand the impact this procedure can have on patients with obesity and Type 2 diabetes.
4. Discuss challenges and innovative approaches that patients can take to improve quality and appeal of nutritious meals.
5. Discuss with patients the relationship between oral health and diabetes, including suggestions for maintaining a regular dental health care routine.
6. Describe recent developments in pharmaceutical products available to help patients with diabetes, including insulin, incretins and oral agents.
7. Recognize the important role that humor can play in reducing stress and improving quality of life for patients.

## Program Schedule

7:15	Registration/Exhibits
7:45	Opening remarks <i>Dennis Pillion, PHD</i> <i>AlaADE Local Networking Leader</i>
8:00	Glycemic Control in the hospital <i>Steven Smith, MD, FSHM</i>
9:00	Medications and Diabetes RX & OTC <i>Patrick Devereux, Pharm D</i>
10:00	Break/Exhibits
10:30	Bariatric Surgery: impact on obesity and Type 2 Diabetes <i>Elizabeth Stahl, MD</i>
11:30	Break/Exhibits
12:00	Lunch and learn session Tasty Nutrition for persons with Diabetes <i>Tom Longshore, Executive Chef and Leah Gates, RD</i>
1:00	Oral Care with Diabetes <i>David Rhoden, Jr., DMD, MD</i>
2:00	Break
2:15	Foot Care for Diabetes <i>Robert Russell, DPM</i>
3:15	The Art of Humor in Medicine <i>Lynn Hillhouse, RN, PHD</i>
4:15	Wrap up/evals/certificates

## Faculty

**Patrick Devereux, Pharm D**  
Pharmacist FMS Pharmacy  
Birmingham, Alabama

**Leah Gates, RD, MA**  
Nutritionist UAB Medical West  
Birmingham, Alabama

**Lynn Hillhouse, RN, PhD**  
ICU nurse, Gadsden Regional  
Medical Center  
Gadsden, Alabama

**Tom Longshore, Executive Chef and Food Services Director**  
UAB Medical West  
Bessemer, Alabama

**David Rhoden, Jr., DMD, MD**  
Oral and Maxillofacial Surgery  
Birmingham, Alabama

**Robert Russell, DPM**  
Podiatrist, Podiatry Associates, PC  
Birmingham, Alabama

**Steven Smith, MD FSHM**  
Director of Hospitalists  
Shelby Baptist Medical Center  
Alabaster, Alabama

**Elizabeth Stahl, MD**  
Endocrinologist  
Simon-Williamson Clinic  
Birmingham, Alabama