

MINUTES
ALABAMA DIABETES NETWORK (ADN) MEETING

May 18, 2011.

The Alabama Diabetes Network meeting was held at the Montgomery Health Department located in Montgomery, Alabama. The following individuals were in attendance:

NETWORK MEMBERS	EX-OFFICIO MEMBERS (State Health Department Staff)
Angelia Blackmon Ethelyn Brown Elizabeth Dean Kenya Dillard Ted Gilbert Michael Henderson Mary Hooks Karla Kiriako Kaye Melnick Lannie Sears Mitchell Bobbie Morris Israel Moore Pilar Murphy Stephanie Patterson Dr. Dennis Pillion Whitney Pinkston	Debra Griffin Julie Hare Jessica Hardy Mollie Killman Dr. Jim McVay Carol Mysinger LaMont Pack Sondra Reese James K Reid Julia Sosa GUEST SPEAKER Gina McCaskill

CALL TO ORDER/INTRODUCTIONS

The meeting was called to order at 10:15 a.m. by **Dennis Pillion, Ph.D.** He stated that Dr. Crayton would be represented by Stephanie Patterson and he was representing Dr. Mark Swanson. A motion was made to approve the January 19, 2011 minutes. It was seconded and passed.

Introductions were made by all attendees.

UPDATES/BUSINESS SESSION

Jim McVay, Dr.P.A., Director, Bureau of Health Promotion and Chronic Disease, greeted the Network members and thanked everyone for coming to the meeting. He stated that we are not always aware of what other people are doing in their programs and meetings like these provide an opportunity for everyone to learn. **Dr. McVay** continued by giving an update on the current issues related to diabetes

and indicated that diabetes is increasing within the state of Alabama. He also announced that there has been some reorganization and new responsibilities assigned within the health department.

Carol Mysinger, M.Ed, M.P.A., Director, Chronic Disease, informed the members of the Network that her new responsibilities began April 1 as the new Chronic Disease Director. While she is still in a learning mode, she looks forward to the opportunities this change will bring for the health department.

James K. Reid, RN, B.S.N., M.S., Director of Health Lifestyles Currently, he is working and will continue to work with the Wellness Program as well as assist with the combination and integration of the Cardiovascular and Diabetes programs. He stated that ADPH is utilizing evidenced- based approaches in this process and we are making a difference.

Lamont Pack, P.A., M.P.A., Director, Diabetes Prevention and Control Program, gave the Network members an update on diabetes. Mr. Pack stated that current rate of diabetes within Alabama is 13.2 percent while only a year ago, the rate was at 12.3 percent. The national average is 8.3 percent.

Mr. Pack also noted a change is occurring at the federal and ADPH levels. He stated the change is a Chronic Disease Epidemic. Seven out of ten Americans die from a chronic disease and the bottom line is getting people to be responsible for them. CDC requested the Diabetes program to change course from maximizing organizational capacity to achieve the National Diabetes Program goals to focusing on impacting health care systems. The Diabetes program was requested by CDC to select a program for evaluation.

For this project, it was recommended that there be a change from the Worksite Wellness program evaluation to the FQHC for the evaluation of a project. Plans are to pilot with one FQHC clinic that will result in a standardization of diabetes services and will provide information to the CDC and the Network regarding the effect of the intervention, outcomes, and impact over a period of time. The members voted to move the project from the Tower to the FQH clinics. The move was motioned and seconded.

Mr. Pack then distributed a copy of the Diabetes Numbers at a Glance 2011 to those in attendance and noted that a list of all of the Federally Qualified Health Clinics will be included with the minutes.

Dennis Pillion, Ph.D., stated that a CDC Project Officer will be coming to Alabama, June 22-24, 2011. He suggested the staff of the Diabetes Today sites be directly involved during the site visit. He also mentioned that Camp Seale Harris will be conducting camp June 5-17, 2011, for elementary and high school students. In addition, the last weekend in May, will be a family weekend camp for families with children living with Type 1 diabetes. For children who cannot afford camp, financial assistance is available.

Mary Hooks, M.A., provided an overview about Macon County's Diabetes Today 8th Annual Diabetes Conference to be held at the Kellogg's Conference Center in Tuskegee University, Tuskegee, Alabama on June 24, 2011. Plans call for Dr. Carmen Beverly and her team to present on new technology initiatives and Dr. Swanson will present again this year. She added that 60 scholarships are available for individuals with diabetes and their immediate caregivers. The Tuskegee Area Health Education Center is collaborating with a local clinic to offer diabetes screenings and employees at the Macon County site are providing diabetes education classes to Barbour and Wilcox counties. The Alabama Cooperative Extension Service, local retired nurses, and other organizations are assisting them with diabetes services in the Macon County area.

PRESENTATION:

Gina McCaskill, MSW, MPA, stated to the members that she is currently a Social Work, doctoral candidate at the University of Alabama. She stated her project deals with diabetes and the older population. Ms. McCaskill's presentation provided the scope of the problem, gave an introduction to the Self Care Utility Geriatrics African American Rating (SUGAAR) and its implications. The SUGAAR project was developed for use among older African Americans. It is written at fifth grade level, using language familiar to older African Americans, and reflects some of the multidimensional aspects of diabetes self-care. The SUGAAR project is a community based approach that was administrated through the collaboration with practicing physicians Dr. Foster and Dr. Anderson located in Tuscaloosa, Alabama. Plans are to test Latinos in New York, Indians in Idaho, and Alabamians with the VA hospitals. She plans to complete a Post Doctoral program with UAB.

NETWORK FEEDBACK

Mary Hooks, TAHEC, stated that they are working with a local clinic in Tuskegee, Tuskegee Surgical Health and Medical Center, to provide free care every Monday and plans to team up with Wellness to help them get their medication. Ms. Hooks also shared some positive policies implemented at her church. The Greater Saint Mark Missionary Baptist Church's minister changed their mission statement to indicate they will only allow healthy foods to be consumed in church during dining fellowships. They also purchased exercise equipment and started a Golden Life Program to encourage seniors to exercise at the church.

Ms. Angelia Blackmon from Mobile, Alabama, indicated that the group should consider a clinic that is currently utilizing Electronic Health Records.

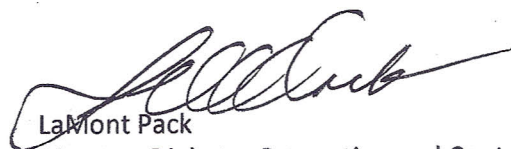
The following materials were provided in the ADN packets: A Diabetes Resource Directory, a Foot Owner's Manual, and Directions to Montgomery County Health Department, ADN agenda, January 19th minutes, The Eagle Books ordering form, a Poem written by Mr. Pack, *The Heart of the Matter*, an updated organizational chart for the Bureau of Health Promotion, Frankie Award Honorable Mention, NDEP certificate. The following diabetes educational materials from the American Diabetes Association: All About Pre-Diabetes, All About Quitting Smoking, All About Your Risk for Pre-Diabetes, Type 2 Diabetes, and Heart Disease, All About Insulin Resistance, Protect Your Heart: Make Smart Food Choices, All About Physical Activity, Protect Your Heart: Check Food Labels to Make Heart-Healthy Choices, Protect Your Heart by Losing Weight, and Protect Your Heart: Plan and Cook Heart-Healthy Meals. Additional NDEP Literature available during the meeting, to include More than 50 Ways to Prevent Diabetes. Also, the Diabetes Today Sites took volumes of information back to their sites. Tobacco 1-800 Quit-Line Easels with Tear Offs and the Calling cards including the 1-800 Quit line number and email address.

Acknowledgement/Adjourn was conducted by Dr. Pillion, when no further comments were given.

Respectfully submitted:



Debra Griffin, Nurse Educator/Coordinator
Diabetes Prevention and Control Branch



LaMont Pack
Director, Diabetes Prevention and Control Branch