

13th Annual Diabetes and Obesity Conference

Linking Partners to Address Diabetes and Obesity



Strengthening Community and Healthcare Links to Address Diabetes and Obesity

November 21, 2014

Turenne PharMedCo Auditorium

355 Industrial Parkway Blvd, Montgomery, AL 36117

(Mitylene Exit 11)

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Continuing Education Credits pending approval: 6

Welcome to the 13th Annual Diabetes and Obesity Conference



Evelyn F. Crayton, Ed. D., R.D.N., L.D.N.
Professor Emerita, Auburn University

President Elect, Academy of Nutrition and Dietetics



Mark Swanson, O.D., M.S.P.H.
Associate Professor, Optometry
University of Alabama Birmingham

OBJECTIVES

- To provide an overview of Pre-diabetes and Diabetes in Alabama
- Create an awareness of the need to reverse the trend of childhood obesity
- Facilitate the establishment of Pre-Diabetes Awareness programs and identify effective strategies to prevent diabetes
- Reduce the annual number of new cases of diagnosed diabetes in the population
- Reduce the rate of cardiovascular disease deaths in persons with diagnosed diabetes
- Increase prevention behaviors in persons at high risk for diabetes and/or pre-diabetes (exercise, nutrition, lifestyle)
- Create an awareness of the need to reverse the trend of childhood obesity
- Share and demonstrate the use of Diabetes resources in meeting the needs of communities and families
- To network with other healthcare professionals
- Understand the concept of carbohydrate counting for glucose control in individuals with diabetes
- Identify carbohydrate foods versus non-carbohydrate food
- Demonstrate basic knowledge of carbohydrates required at meals to manage blood glucose
- Understand the role of healthy eating for healthy outcomes with diabetes and other diseases
- Understand the pathophysiology of Type 2 Diabetes
- Discuss the current diabetes practice guidelines
- Describe an overview of the DEEP curriculum to include the content, methodology and educational strategies
- Describe simple educational steps that providers can take with patients to prevent serious complications of obesity and diabetes
- Identify the populations in deep poverty
- Describe implications of poverty on diabetes care
- Compare and Contrast at least 4 initiatives that nurses and diabetes educators can use to bridge the gap between poverty and Type 2 diabetes.

Program

8:30 a.m. – 2:30 p.m.

8:30 – 9:00	Registration/ View Exhibits Presiding: Althea Hill, Ph.D., M.S.N., A.N.P., R.N. Introduction: LaMont Pack, P.A., M.P.A.
9:00 – 9:30	The State of Alabama Health, Diabetes and Obesity Donald Williamson, M.D., State Health Officer
9:30 – 10:15	But I Live in Poverty: Bridging the Gap of Type 2 Diabetes Anita King, D.N.P., M.A., F.N.P.-B.C., C.D.E. University of South Alabama
10:15 – 11:00	Community Intervention in a Faith-Based Setting Jo Ann Pegues, R.D., M.P.A. Denver, Colorado
11:00 – 11:45	Food as Medicine: Pam Green, R.D., L.N., C.D.E. Baptist Health Center for Diabetes
11:45 – 12:00	Lunch
12:00 – 12:15	Presiding: Mark Swanson, O.D., M.S.P.H. Choices-A Part of the Conversation Virginia Bear Executive Director of the Alabama Beverage Association
12:15 – 1:00	Living With Type 1 Diabetes: 4 Year Old to Young Adult to Professional Erik Hemmingsen, RDN, ASCM-HFS, NSCA-CPT
1:00 – 1:20	Prediabetes and Diabetes Screening in Alabama, 2013 Crystal Franklin, M.P.H. Epidemiologist, Alabama Department of Public Health
1:20 – 1:40	Diabetes Empowerment Education Program Maxine Starks, B.S.N., M.P.H. Alabama Quality Assurance Foundation Erica M. McDaniels, B.S. Solution Architect
1:40 – 2:10	Diabetes Self-Management Education Lt. Col. Kimberly Manning, R.N., C.D.E. Chief Nurse, Maxwell Air Force Base, Alabama
2:10 – 2:30	Summary/Evaluation/Wrap Up Kajuandra Harris, Ph.D.

Nutrition Break and Visit Exhibits

Continuing Education Credits pending approval for Registered Nurses and Registered Dietitians

Speakers

Virginia Bear, Executive Director, Alabama Beverage Association
Evelyn Crayton, Ed.D, R.D.N., L.D.N., ACES, Auburn University
Alftan Dyson, PharmD., Walgreens
Deborah Epps, PharmD., Sanofi-Aventis Pharmaceutical, Inc.
Crystal Franklin, M.P.H., Epidemiologist, Alabama Department of Public Health
Pamela Green, R.D.N., C.D.E., Baptist Health Center for Diabetes
Debra Griffin, B.S.N., R.N., Diabetes Educator/Coordinator, Diabetes Prevention and Control Branch, ADPH
Kajuandra Harris, Ph.D., Department of Health and Wellness, Columbus State University, Georgia
Erik Hemmingsen, R.D.N., A.S.C.M.-H.F.S., N.S.C.A.-C.P.T.
Alethea Hill, Ph.D., M.S.N., A.N.P.-B.C., University of South Alabama
Anita King, DNP, M.A., F.N.P.-B.C., C.D.E., F.A.A.D.E., University of South Alabama
Lt. Col. Kimberly Manning, R.N., C.D.E., 42nd Medical Group (AU), Maxwell Air Force Base, Alabama
Erica M. McDaniels, B.S., Solution Architect
LaMont Pack, P.A., M.P.A., Director, Diabetes Prevention and Control Program, ADPH
Jo Ann Pegues, R.D., M.P.A., Past President, Colorado Dietetic Association, Denver, Colorado
Maxine Starks, B.S.N., M.P.H., Alabama Quality Assurance Foundation
Mark Swanson, O.D., School of Optometry, University of Alabama Birmingham
Donald Williamson, M.D., State Health Officer, Alabama Department of Public Health

Program Planning Committee Members

Evelyn Crayton, Ed.D, R.D.N, L.D.N., Co-Chair of A.D.N.
Mark Swanson, O.D., Co-Chair of A.D.N.
Debra Griffin, B.S.N., R.N.
Kajuandra Harris, Ph.D.
Alethea Hill, Ph.D., M.S.N., C.R.N.P., B.C.
LaMont Pack, P.A., M.P.A.

Exhibitors/Sponsors

Coca Cola Company
Walgreens Pharmacy
Office of Women's Health (ADPH)
Alabama Diabetes Network (ADN)
The Alabama Department of Public Health (ADPH)
AstraZeneca Pharmaceutical, Inc.
Alabama Beverage Association

We appreciate the collaborative efforts of our partner agencies as we host the 13th Annual Diabetes and Obesity Conference. Education is the key to success in the control of diabetes and obesity. Thanks for joining us, and we trust you will gain information to help you as we all work together to help improve the lives of people across the state and the nation.



Living Well Associates

