

INFECTION CONTROL UPDATE

Satellite Conference and Live Webcast
Wednesday, January 21, 2009
11:00 a.m.-12:30 p.m. (Central Time)

12:00-1:30 p.m. (Eastern) • 10:00-11:30 a.m. (Mountain) • 9:00-10:30 a.m. (Pacific)

2009

It's no secret, as a nurse, you tend to have more contact with patients than almost any other health care professional. You have a lot of responsibilities but devote a majority of your time to the treatment, safety, and recovery of those who are sick or injured. That close, personal care may soothe a patient, but if the proper precautions aren't taken, it's also a surefire way to spread an infection not just to them but also to you.

While there are numerous infections to be aware of, this program will focus on *Clostridium difficile*, often called *C. difficile* or *C. diff*. This infection is a bacterium that causes a number of symptoms, which can range from diarrhea to a life-threatening inflammation of the colon. *C. difficile* illnesses usually affect older adults in hospitals or in long term care facilities. These illnesses often occur after using antibiotic medications. There have been some cases of healthy people who are not hospitalized or on medication becoming infected.



Medical professionals are finding *C. difficile* infections are becoming more common and more difficult to treat.

So what is the first step to protecting your health as a nurse and the health of your patients? Education. Understanding what *Clostridium difficile* is, the problems it causes and the treatments available can go a long way in stopping the spread of the infection. Another way to stay healthy is to be healthy by using the appropriate techniques of Personal Protective Equipment (PPE). A health care professional will be a part of our faculty to help you better understand the *C. difficile* infection and how to better protect yourself and your patients.

Remember, nurses are often a major source of comfort for patients, so let's make sure you're helping to alleviate their pain, not add to it.

FACULTY:

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Infection Control Officer
Bureau of Communicable Disease
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PROGRAM OBJECTIVES:

1. Define *Clostridium difficile*.
2. Discuss the scope of the problem.
3. Discuss the treatment options for *clostridium difficile*.
4. Discuss the four major isolation techniques and how to implement them.
5. Review basic techniques of Personal Protective Equipment (PPE).

CONFERENCE DETAILS:

Target Audience: Registered Nurses, Licensed Practical Nurses

Registration: www.adph.org/alphtn

Cost: There is no cost to view.

Continuing Education: ABN 1.8 hours • ASNA 1.5 hours • CRNP Pharmacology 1.8 hours approved.

Satellite Technical Information: This program will be a live satellite broadcast on C band.

Webcast Information: This program will be a live webcast. Register at www.adph.org/alphtn. To view webcast, you need RealPlayer or Windows Media Player. Test your computer before the day of the program from the "test connection" link at www.adph.org/alphtn. On the day of the program, go to www.adph.org/alphtn and click on the "view webcast" link.

Audio Conference: This course will be available as an audio conference. Call: 1-866-941-6093

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Questions For Faculty: Fax or email questions and a response will be given during the program.

Email: alphtnquestions@adph.state.al.us | Fax: 334-206-5640.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us