

# Assessment and Treatment of Depression in the Elderly

## Satellite Conference and Live Webcast

Wednesday, December 9, 2009 2:00-4:00 p.m. (Central Time)  
3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

**M**illions of elderly Americans are affected by depression. Symptoms are often displayed differently, or even mistaken for aging, so depression in the elderly can be hard to diagnose. Studies show depression tends to last longer in elderly adults, often times doubling their risk of cardiac disease and death from illness. Discover how you can make a difference – help someone's later years be truly golden.

### PROGRAM OBJECTIVES:

1. Understand the difficulties in identifying and treating depression.
2. Identify the five symptoms of depression.
3. Learn to assess depression using the PHQ-2 and PHQ-9 assessment tools.
4. Recognize three common medications used to treat depression.
5. Know the interventions used to assist patients showing symptoms of depression.

### FACULTY

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Social Work Consultant  
Bureau of Home and Community Services  
Alabama Department of Public Health

**Shirley Offutt, BSN, RN**  
Nurse Educator  
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### CONFERENCE DETAILS

**Target Audience:** Home health nurses, home health social workers. This is a Required In-service for Elderly and Disable Waiver and HIV/AIDS Waiver Case Management Staff for calendar year 2009.

**Registration:** [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Cost:** There is no cost to view.

**Continuing Education:**

Pharmacologists .3 hours Social Workers 1.8 hours

**Satellite:** C band (analog). Coordinates available upon registration.

**Webcast:** Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Audio:** To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

**On Demand:** Available 2-3 business days after the broadcast from the On Demand page of our site.

**Conference Materials:** Available approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618  
Email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us)

A L A B A M A P U B L I C H E A L T H T R A I N I N G N E T W O R K

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