

Urinary Incontinence: Pathophysiology, Assessment and Treatment Options

Social Work CEU Quiz

October 21, 2015

(Select only the one best answer)

1. Urinary incontinence is the involuntary leakage of urine and is more common in _____:
A) women
B) men
2. It is estimated that _____ of women over the age of 60 have urinary incontinence.
A) 1/4
B) 1/3
C) 1/2
D) 3/4
3. The types of urinary incontinence include _____:
A) stress
B) urge
C) overflow
D) functional
E) all of the above
4. Stress incontinence causes include:
A) Weak pelvic floor muscles
B) Weak urethral sphincter
C) medications
D) all of the above
5. Kegel exercises are for men and women and include slowing or stopping the flow of urine.
A) True
B) False

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone #: _____ Email: _____