### Outreach Initiatives to Promote Health Equity in Underserved Populations

Satellite Conference and Live Webcast Wednesday, October 20, 2010 10:00 - 11:00 a.m. Central Time

Produced by the Alabama Department of Public Health Video Communications and Distance Learning Division

### **Faculty**

Elana Parker, MEd, MLAP
Health Equity Programs Manager
Office of Minority Health
Office of Women's Health
Alabama Department of Public Health

### **Topic Objectives**

- To provide an overview of community outreach initiatives that target underserved minorities and high risk groups impacted by social determinants
- To share information on professional development programs through media outreach

#### **Topic Objectives**

• To disseminate information on the National Partnership for Action Plan

## **Minority Groups Targeted** for Prevention Messages

- · Alabama minority groups
  - -Hispanic / Latino
  - African American
  - -Asian
  - -Native American Indian

## Subpopulations of Minority Groups

- Immigrant and migrant workers
- Active and recovering substance abusers
- Persons who are diagnosed with mental illness
- Individuals who are homeless
- · Incarcerated and ex-offenders

### Subpopulations of Minority Groups

- Gay, lesbian, bisexual, transgendered, and questioning individuals
- Commercial sex workers

#### **Social Factors**

- · Undocumented citizenship
- Drug, alcohol, and tobacco related addictions
- Depression, bipolar illness, and other mental health diagnosis
- Limited access to food, clothing, and shelter

#### **Social Factors**

- Ex-felons who are re-establishing personal and professional identity and livelihood
- Differing sexual preferences and alternative lifestyles

#### **Outreach Locations**

- · Venues where risk groups frequent
  - -Community and street venues
  - -Coastal and border ports of entry
  - -Income limited communities
    - Housing projects and trailer parks
  - Drug treatment facilities

#### **Outreach Locations**

- -Mental health group homes
- -Transitional living and halfway houses
- -Jails, prisons, and youth detention centers
- -Homeless shelters
- Residential and outpatient social service agencies

#### **Outreach Locations**

- -Local bars and clubs
- Partnerships with local community based organizations and state agencies that service the target populations
- Faith based groups and church ministry programs

#### **Population Risk Factors**

- Communication barriers
  - -Limited English proficiency
- Translation and interpretation challenges
- Dependency and addictions to mood altering drugs
  - Crack/cocaine, heroin, crystal methamphetamines, prescription

#### **Population Risk Factors**

- Poor living conditions
- Inadequate access to healthy and nutritious foods
- Engaging in high risk sexual behaviors
- · Criminal and addictive thinking
- Trading sex for survival

#### **Population Risk Factors**

- Varying literacy levels
- Overeating and/or not eating as a coping strategy

### **Improving Health Equity**

- Incorporate health equity themes as a part of agency initiatives
- Encourage health equity discussions in meetings with collaborative partners and community stakeholders

### Improving Health Equity

- Target subpopulations of minority groups for health disparity prevention messages
- Increase the availability of health disparity data in public outreach venues
- Develop program marketing materials to include health equity messages

### **Improving Health Equity**

- Engage in health equity discussions on social marketing sites that post health information messages
- Explore employee and agency perceptions around high risk minority groups and populations that result in health care inequality

### Improving Health Equity

 Develop internal agency trainings that include information on challenges and barriers that result in health care inequity

## Professional Development and Webcast Programs

- To provide a comprehensive overview of health disparities in Alabama
- To provide information on statewide programs and initiatives to address health disparities

### Professional Development and Webcast Programs

- To offer continuing education and professional development to health care providers through distance learning opportunities
- To inform the general public about steps to reduce their risk factors for being diagnosed with one of the health disparities

## Satellite Programs to Address Health Equity

- Cultural Competency Summer Series
  - To provide an overview of cultural themes and dynamics of high risk social and ethnic groups
  - To provide information on barriers to accessing health care within minority subpopulations

## Satellite Programs to Address Health Equity

-To offer best practices and strategies for addressing employee stereotypes and prejudices that impact service delivery to underserved minorities and risk groups

# Cultural Competency Satellite Programs

- Primary conference theme:
  - "Addressing Social and Health Disparities in . . ."
    - The Incarcerated and Ex-Offender Populations: Cultural Sensitivity from Corrections to the Community (6/23/2010)

### Cultural Competency Satellite Programs

- The Gay, Lesbian, Bisexual, Transgendered, and Questioning Communities (7/21/2010)
- The Native American Indian, Asian, Hispanic and Latino Communities (8/18/2010)
- -www.adph.org/alphtn

#### National Partnership for Action Plan

- U.S. Department of Health and Human Services
- A national plan that captures the status of health disparities throughout the country
- Offers 20 strategies targeting the elimination of health disparities

### National Partnership for Action Plan

 Developed from a collaborative effort of representatives from community, faith-based and non-profit organizations, academic institutions, foundations, and Federal, State, and local agencies

## National Partnership for Action Plan

- Provides an overview of social vs. medical constructs that impact health outcomes
- Proposes national objectives to assist with the development of plans to address health inequity within the state

### National Partnership for Action Plan to Eliminate Health Disparities

- Objective 1: Awareness
  - Increase awareness of the significance of health disparities, their impact on the nation, and the actions necessary to improve health outcomes for racial and ethnic minority populations

# National Partnership for Action Plan to Eliminate Health Disparities

- Objective 2: Leadership
  - Strengthen and broaden leadership for addressing health disparities at all levels

# National Partnership for Action Plan to Eliminate Health Disparities

- Objective 3: Health and Health System Experience
  - Improves health and healthcare outcomes for racial and ethnic minorities and for underserved populations and communities

# National Partnership for Action Plan to Eliminate Health Disparities

- Objective 4: Cultural and Linguistic Competency
  - Improve cultural and linguistic competency

# National Partnership for Action Plan to Eliminate Health Disparities

- Objective 5: Research and Evaluation
  - Improve coordination and utilization of research and evaluation outcomes

### National Partnership for Action Plan to Eliminate Health Disparities

- NPA components
  - Provision of 20 strategies to address each objective
  - -Benchmarks for success
  - -Suggested actions and activities
  - -Process and outcome measures

### National Partnership for Action Plan to Eliminate Health Disparities

 Data sources available for planning and review

### National Partnership for Action Plan

For more information www.hhs.gov

National Partnership for Action Plan to End Health Disparities www.adph.state.al.us/minorityhealth omh@adph.state.al.us