#### Infection Prevention and Communicable Disease Update 2014

**OSHA Required Information** 

Satellite Conference and Live Webcast Tuesday, March 18, 2014 9:00 – 11:00 a.m. Central Time

Produced by the Alabama Department of Public Health Video Communications and Distance Learning Division

# Faculty

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# **Standard Precautions**

- Hand washing when to perform:
  - After touching blood, body fluids, or contaminated items, whether or not gloves are worn
  - After gloves are removed, between patient contacts, and if necessary, when performing procedures on the same patient to prevent cross contamination

# **Standard Precautions**

- Hand Sanitizers
  - May use if hands are not visibly soiled
  - Certain ones not as drying as soap and water
  - Use as directed on the product label
  - Must be at least 60% alcohol

# **Standard Precautions**

- Gloves
  - Wear when touching blood, body fluids, secretions, excretions, and contaminated items
  - Change between tasks and procedures on the same patient and after contact with materials that may contain a high concentration of microorganisms

# **Standard Precautions**

- Face Protection
  - Wear mask and eye protection, or face shield to protect mucous membranes of the eyes, nose, and mouth during procedures and patient-care activities that are likely to generate splashes or sprays of blood, body fluids, secretions, and excretions

# **Standard Precautions**

- Gown
  - -Wear during procedures and patient-care activities that are likely to generate splashes of blood, body fluids, secretions or excretions or cause soiling of clothing

#### **Standard Precautions**

- Gown
  - Remove soiled gown as promptly as possible and wash hands to avoid transfer of microorganisms

#### Disinfection

- Describes a process that eliminates many or all pathogenic microorganisms, except bacterial spores, on inanimate objects (i.e., stethoscopes and exam tables)
- Disinfectant ends with the suffix <u>cide</u> or <u>cidal</u> for killing action of the product

# Disinfection

- Virucide, fungicide, bactericide, sporicide, and tuberculocide can kill the type of microorganism identified by the prefix
  - http://www.cdc.gov/hicpac/Disinfection\_Sterilization/6\_0disinf ection.html
  - http://www.cdc.gov/hicpac/disinfection\_sterilization/3\_3inactiv bioagents.html

# **Disinfection in Ambulatory Care**

- Adequate disinfection to provide safe patient environment
- Risk the same as the hospital, the Spaulding classification scheme should be followed
- Identify situations and areas where risk exists for transmission of pathogens to identify when disinfection is appropriate



#### Human Immunodeficiency Virus (HIV)

- Retrovirus that attacks the immune system, resulting in impairment of the T-cell mediated immunity
- Loss of function of the T- cells results in the shut down of the immune system and causes patients to have opportunistic infections

#### Human Immunodeficiency Virus (HIV)

• This leads to the Acquired Immune Deficiency Syndrome (AIDS)

# **Hepatitis A**

- Fecal-oral through contaminated food or water
- Travel to or live in countries where Hep A is common
- Sexual contact with someone who has Hep A
- Household members / caregivers of someone infected with Hep A

# **Hepatitis A**

• There is a vaccine that will prevent Hep A

# Hepatitis B and C

- Blood and body fluids transmission
- · Sex with an infected person
- Sharing needles
- Occupational needle sticks or sharps exposures
- From infected mother to baby during birth
- There is a vaccine to prevent Hep B

#### Resources for Bloodborne Pathogen Exposure and Hepatitis B

Bloodborne Pathogen Exposure Plan (with Declination for Hepatitis B Vaccine form and SEICTF forms)

- Go to ADPH.org
- Section "B"
- Bloodborne Pathogens Exposure
  Plan

#### Resources for Bloodborne Pathogen Exposure and Hepatitis B

• Hepatitis B Vaccine Declination Form is located on page 26 of this document (Appendix B)





# Additional Resources

ADPH also offers additional guidance on Employee Health, Isolation, and Precautions

This information can be found in:

- "Document library"
- Employee Health Tab

# **Additional Resources**

 (APIC) Association of Professionals in Infection Control & Prevention – Isolation, Precautions & Employee Health section



# Hepatitis E

- Also spread by fecal-oral route
- In developed countries, usually result of travel to a developing country where it is endemic
- Sporadic cases have occurred in US with no travel history and no clear exposure identified

# Hepatitis E

- Usually self limited, acute illness BUT . . .
- There is no vaccine for Hepatitis E

#### Bureau of Communicable Diseases

- Epidemiology
- HIV / AIDS
- Immunization
- Sexually Transmitted Diseases
- Tuberculosis

# Bureau of Clinical Laboratories (BCL)

Serology

• Mobile

Clinical

Environmental

www.adph.org/bcl

- Montgomery
- Clinical Chemistry
- Metabolic
- Microbiology
- Respiratory
- Sanitary Bacteriology / Media

#### Bureau of Environmental Services (BES)

- Community Environmental Protection
  - -Soil and onsite sewage
  - -Indoor air quality and lead
  - -Solid waste
- Food, Milk and Lodging
  - -Food and lodging

# Bureau of Environmental Services (BES)

- Seafood and shellfish
- Milk
- -Quality assurance

www.adph.org/environmental

# **Epidemiology Division Branches**

- Analysis and reporting
- Infection control
  - -Healthcare associated infections\*
  - -Infected healthcare workers program\*
- Surveillance
- Toxicology
- Zoonotic

#### Epidemiology Mission Statement

• To protect the residents of Alabama through constant monitoring of the incidence and prevalence of communicable, zoonotic, and environmentally - related human disease

#### Who Must Report

- Physicians
- Dentists
- Nurses
- Medical Examiners
- Hospital Administrators
- Nursing Home Administrators
- Laboratory Directors
- School Principals
- Day Care Center Directors

#### **Minimum Data Elements**

- Name disease or health condition
- Patient name
- Patient DOB
- Patient gender
- Patient address
- Patient phone number

# **Minimum Data Elements**

- Date of onset, date of lab results, and / or date of diagnosis
- Reporter's name
- Reporter's phone number

# HIPAA

 ADPH is a public health authority as defined by the Health Insurance Portability and Accountability Act (HIPAA) to collect or receive Protected Health Information (PHI) for the purpose of surveillance, investigations, and interventions of notifiable diseases, without authorization of the patient http://www.cdc.gov/mmwr/preview/mmwr/html/m2e411a1.htm





# **Objectives**

- Ensure the most accurate diagnosis, testing, treatment, and reporting of notifiable diseases
- Locate basic disease information and proper test methods on www.adph.org/epi

#### **Objectives**

- Determine what diseases need to be reported, how they can be reported, and timeframe for reporting
- Identify notifiable disease reporters

#### Notifiable Disease / Condition Awareness Campaign

- DETECT Decrease Epidemiological Threats with Environmental Controls and Testing
- TEST Take Epidemiological Specimens Today
- REPORT Rules for Every Provider and Organization to Report on Time

# **Notifiable Diseases / Conditions**

- Purpose of notifiable diseases
  - Prevent disease
  - -Assist with medical decisions
  - Provider and patient education
  - -Required by law

# **Notifiable Diseases / Conditions**

- Purpose of Notifiable Diseases
  - ADPH administrative code authorizes and requires reporting, http://www.alabamaadministrativecode.state.al. us/docs/hlth/index.html
  - ADPH is exempt from HIPAA Privacy Rules, http://www.cdc.gov/mmwr/pdf/other/m2e411.pdf

# Report Within Four Hours of Diagnosis Immediate, Extremely Urgent

Viral hemorrhagic fever

Cases related to nuclear, biological

or chemical terroristic agents



#### -Must request permission from Epidemiology before testing

\*Select Agents, http://www.selectagents.gov/Select%20Agents%20and%20Toxins%20List.html

# Botulism

- Contact Epidemiology Division (EPI)
  immediately:
  - Arrange for lab testing of specimens



 Testing must be approved by the State Epidemiologist



 EPI and Environmental investigation can be initiated

# **Botulism**

- Obtain botulism antitoxin (if warranted)
- National Botulism Surveillance
  - http://www.cdc.gov/nationalsurveillance/botulism\_surveillance. html
- CDC Resources
  - http://www.cdc.gov/nczved/divisions/dfbmd/diseases/botulism/

#### Report Within 24 Hours Diagnosis Extremely Urgent

Brucellosis		Pertussis
Cholera		Poliovirus infection, nonparalytic
Diphtheria		Rabies, human and animal
Haemophilus influenzae,		Rubella
invasive disease*		Tuberculosis
Hepatitis A		Typhoid fever
Measles (rubeola)	(NI=4 = = = = = = = 1.61)	Yellow fever
Meningococcal Disease	(Not seasonal flu)	Outbreaks of any kind
(Neisseria meningitidis)*		Cases of potential public health
Novel influenza A virus infections		importance

#### **Report Within Seven Days of Diagnosis Standard Notification** <u>Chlamydla trachom</u>atis yptosporidiosis **J**umps engue coli, shiga toxin-producing STEC), including 0157:H7 britichingis/Angelsemosis > Fever higellosis potted Fever Rickettslosis taphylococcus aureus, Vancomycin-intermediate (VISA) lococcus aureus, omycin-resistant (VRSA) nsen's disease (Lepro Hanson's disease (Leorose) Hemolytic urenic syndrome] (HUS), post-diarrheal Hopatitis B, C, and other viral Histoplasmosis Human Immunodeficiency Virus Infection (Including asymptomatic Infection, AIDS, CD4 counts, and viral Ioadi cus pnei invasive disease xic shock ock syndrome osis (Trichinosis) Influenza-associated pediatric mortality Lead, exposure screening test result Vibriosis

#### How to **REPORT**

• Contact EPI for Immediate, Extremely Urgent within 4 hrs of dx

- -Phone -1-800-338-8374
- Immediate, Urgent within 24 hrs of dx
  - -Online, REPORT Card
  - -Email to report@adph.state.al.us
  - -Fax (334) 206-3734

#### How to **REPORT**

- Phone 1-800-338-8374
- Standard within 7 days of dx
  - -Online, REPORT Card
  - -Email to report@adph.state.al.us
  - -Fax (334) 206-3734
  - -In writing Mail green "REPORT Card"

REPORT Notifiable Disea	ise Card "Reportable Disease Health Condition:
Rules for Every Provider and Organization to Report on Astama Department of Public Health, Epidemiology Division, adph.org/epi, 1	Time Plast Select Plast Select State Select
* Patient's First Name:	You must submit at least 1 of 3 date fields listed below: Dates of Oceanit
	Jano M 11 M 2011 M
* Patient's Last Name	Date of Diagnosis. Jance H 11 H 2011 H
Patient's Date of Birth:	Date of Lab Results:
Patient's Address:	Aver mill 15 mill 2015 mill * Reporter Type
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* Patient's State	" Reporter's First Name:
* Palicelle Ze	* Banntark Let Nema
r senserin se segre	
* Patient's County of Residence	" Reporter's Area Code and Phone.

	(Previ	วม	is 12 Months)		
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Dystoscoriógais	159	144	Psittacosis	1	0
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tepetita B. acute	719	8	Vibriosis (non-cholora)	23	20
lepatits C. acute	525	35	Other	2	ô
lepablis, other wild	6	4	Tetal 23/2013 21/2014	5.612	2.818

AL Outbreaks	2011	2012	2013	2014***	Narovina*	9	30	23	3
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Bacilus cenus'	1				RSV*		1		
Cryptosparidium			2		Salmonella	3	6	3	
E. coli 0157.H7	1				Scables'			3	
Campylobacter	1				Serratie marcescens*	1			
Crusackievinus (EVA5)*		1		-	Shoully	4	10	2	
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infuerza*		5	8		Independent of	-		2. 19	
Legonella			1		Underennined	14	49	/	
the fit was an and the fit of the		6			Total Outbreaks	SE.	60	88	10



- Physicians
- Dentists
- Nurses
- Medical Examiners
- Hospital Administrators
- Nursing Home Administrators
- Laboratory Directors

# Who Must Report

- School Principals
- Day Care Center Directors
  - -We expect and want multiple reports

#### **Minimum Data Elements**

- Name disease or health condition
- Patient name
- Patient DOB
- Patient gender
- Patient address
- Patient phone number

#### **Minimum Data Elements**

- Date of onset, date of lab results, and / or date of diagnosis
- Reporter's name
- Reporter's phone number
- Facility / organization name

#### Outbreaks

- An outbreak is defined as illness in 2 or more people, from separate households, with a common exposure
- ADPH bureaus involved in outbreak investigation:
  - Bureau of Communicable Diseases (BCD)
  - Bureau of Clinical Laboratories (BCL)
  - Bureau of Environmental Health (BES)

# **Outbreak Investigation Actions**

- Notify EPI or local Field Surveillance Staff (FSS)
- FSS contacts facility to gather contact information
- FSS interviews ill and not ill
- Bureau of Clinical Lab (BCL) tests clinical and food specimens

# **Outbreak Investigation Actions**

- County Environmentalist assesses the facility
- EPI analyses and reports on all results
- Outbreak report and facility education







# Clinical Specimen Collection Kits • Enteric Kits for Salmonella / Shigella

- Parasitology Kits
- Other clinical specimens
  - Contact Microbiology for assistance





# **Environmental Sampling**

- Collect as soon as outbreak is suspected
- Use aseptic technique, sterile containers
- 50 grams (2 oz) solid food or more
- Take representative sample
- Commercially processed foods

# **Environmental Sampling**

-Identify product and processor

- -Lot #'s, exp. dates, use by dates
- Keep refrigerated unless collected frozen



# **Environmental Collection Kits**

- Submit solids in sterile plastic containers or plastic bags
- Submit liquids in plastic containers







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# **Epidemiology Outbreaks 2013**

- Total outbreaks 2013 86
- Notable outbreaks
  - Sepsis and deaths at a dialysis center Jefferson County
  - Investigation involving Cardiolite
    Stress Test patients at a health
    and wellness facility
    - Jefferson County

# **Epidemiology Outbreaks 2013**

- Notable outbreaks (continued)
  - -Fund Raiser Meal Limestone County
  - -Funeral Meal Sumter County
  - Legionella in a nursing home rehabilitation center
    - Lauderdale County

# **Epidemiology Outbreaks 2013**

 MRSA infections after joint injections at an orthopedic facility
 Colbert County

#### Investigation at a Healthcare Facility in Jefferson County

• EPI notified on 5/10/2013 that nine clients of a full-service spa, fitness, wellness, rehabilitation, and diagnostic center became ill following Cardiolite stress tests on 5/7 and 5/9

# Investigation at a Healthcare Facility in Jefferson County

• All individuals developed fever, "severe chills", headache, rigors, and nausea within 1 - 2 hours of the procedure

# What is a Cardiolite / Technetium Stress Test?

- This test determines if the coronary arteries are supplying the heart with enough blood
- The cardiolite / technetium is injected through a vein in the arm
- Blood carries the tracer to heart muscle through the coronary arteries

# What is a Cardiolite / Technetium Stress Test?

• The technetium is a radioactive tracer, and a nuclear medicine camera is able to detect its distribution in the heart



#### Immediate Response: Assessment for Contaminated Medication

- ADPH and Cardinal Health contacted all twelve medical facilities who received the same six lots
  - No other adverse events were reported
- Alabama Board of Pharmacy visited Cardinal Health

#### Immediate Response: Assessment for Contaminated Medication

 Radiation Control assessed the procedures for producing the Cardiolite

#### Immediate Response: Assessment for Contaminated Medication

• EPI staff visited the facility; conducted staff and patient interviews, reviewed procedures, policies, and protocols; examined the medical records; and assessed the notes recorded during the procedures

#### Immediate Response: Assessment for Contaminated Medication

• EPI staff interviewed 15 patients that had the Cardiolite stress test at St. Vincent's main campus that same week

# **Investigation Findings**

- Many patients from the main campus reported similar symptoms to those at One Nineteen
- Individuals whose stress test was performed at One Nineteen were
   2.5 times more likely to report nausea following the procedure than patients having the same procedure at St. Vincent's main campus

# **Investigation Findings**

- The frequency of other symptoms was not significantly different between the two groups
- Lack of sufficient documentation during the procedure, e.g., times / intervals of injections and co-morbid conditions, prohibited more in-depth analysis

# Demographics and Symptoms

	Wellness Clinic		Callip	campus			
	N=9		N=15				
Male	5	55.6%	5	33.3%			
Age (mean (SD))	64 (6.9)		67 (9.0)			0.54	
Complained of Symptoms prior to test*	1	11.1%	4	26.7%			
Reported Signs/Symptom after test began	8	100.0%	7	63.6%	1.5	0.04	
Nausea	8	100.0%	4	36.4%	2.5	0.002	
Headache	4	50.0%	7	63.6%	0.8	0.59	
Chills/Rigors	4	50.0%	2	18.2%	2.8	0.19	
Fatigue	3	37.5%	6	54.5%	0.7	0.51	
Vomiting	2	25.0%	3	27.3%	0.9	0.93	
Abdominal Pain	0	0.0%	4	36.4%	0.2	0.30	
Reported fever	1	12.5%	2	18.2%	0.7	0.79	
Measured fever (>100.4)	0	0.0%	2	18.2%	0.3	0.78	
Night Sweats	0	0.0%	2	18.2%	0.3	0.78	
Diarrhea	0	0.0%	1	9.1%	0.4	0.86	

# **Testing of Specimens**

- Eight used and one unused Cardiolite syringes from 5/7 and 5/9 were submitted to the CDC for testing
- Two of the unused saline syringes were submitted as well
- Tests on all eight of the used syringes of Cardiolite revealed Pseudomonas oryzihabitans contamination

# **Testing of Specimens**

• The unused syringe and saline showed no growth

#### Results from CDC Testing Used and Unused Syringes

Lab ID	Description	Manufacturer, Lot #, Expiry	Condition	Growth Results	Endotoxin
01	Cardiolite	Cardinal Health, Rx 574560	Used, Empty	Pseudomonas oryzihabitans, 98% by Vitek 2	n/a
02	Cardiolite	Cardinal Health, Rx 574564	Used, Empty	presumptive Pseudomonas oryzihabitans	n/a
08	Cardiolite	Cardinal Health, Rx 574556	Used, Empty	presumptive Pseudomonas oryzihabitans	n/a
04	Cardiolite	Cardinal Health, Rx 574585	Used, Empty	presumptive Pseudomonas oryzihabitans	n/a
05	Cardiolite	Cardinal Health, Rx 574614	Used, Empty	Pseudomonas oryzihabitans , 98% by Vitek 2	n/a
06	Cardiolite	Cardinal Health, Rx 574558	Used, Empty	presumptive Pseudomonos oryzihabitans	n/a
07	Cardiolite	Cardinal Health, Rx 574559	Used, Empty	presumptive Pseudomonos oryzihabitans	n/a
08	Cardiolite	Cardinal Health, Rx 574588	Used, Empty	Pseudomona oryzihabitans , 91% by Vitek 2	n/a
09	Cardiolite	Cardinal Health, Rx 574586	Unused	No growth	<0.391 EU
10	10 mL saline	BD, 921177, 07/01/2012	Unused	No growth	<0.089EU
11	10 mL saline	BD, 2083050, 03/01/2015	Unused	No growth	<0.089EU

# **Discussion and Conclusion**

 Pseudomonas is an opportunistic pathogen of humans and is found in several environmental sources, from soil to extremely wet conditions and could explain some of the symptoms reported by patients

# **Discussion and Conclusion**

- On 6/27/2013, EPI re-interviewed the IP
- During this subsequent call, it was revealed that the nuclear pharmacy technician, after delivering the Cardiolite dosage would reuse the Cardiolite syringe and needle to draw up sterile saline from the 10mL syringe and flush the line to insure all the Cardiolite was delivered

# **Discussion and Conclusion**

- Then, he would follow-up with sterile saline directly from the saline syringe
- The technician has since been educated that this was not proper procedure and was educated to discontinue his practice

#### **Discussion and Conclusion**

 Although the source of the contamination remains unclear, improper practice / technique is likely how the contamination to the used syringes occurred

#### **Funeral Meal Outbreak**

- Where: Church in Sumter County
- What: Meal following a funeral
- When: July 6, 2013 around noon
- Who: ~100 family and friends

#### **EPI Surveillance**

- Notified Monday, July 8, 2013 of surge in gastrointestinal illnesses (GI) at emergency departments
- Symptoms included fever, diarrhea, vomiting
- All 25 presenting to ED had attended meal following funeral at Eastern Star Baptist Church (initial report)

# **EPI Surveillance**

• Attendees from 11 states identified: Alabama, California, Colorado, Florida, Georgia, Illinois, Kansas, Michigan, Mississippi, Missouri, and Oklahoma

# **EPI Investigation**

- 80 reportedly ill with many admitted to hospital
- 43 attendees interviewed with outbreak-specific questionnaire

-38 ill

• 1 attendee died in sleep, found Tuesday morning

# **EPI Investigation**

- Friends report that he complained of GI symptoms on Sunday
- UAB autopsy results positive for Salmonella
- Clinical specimens submitted for testing to BCL and CDC
- Environmental samples from church kitchen collected Friday, July 12

# **Characteristics of III**

- Age range: 4 to 75 years
  - -Median 35 years
  - -36.8% male
  - -78.9% AA, 5.3% White, 92.1% Non-Hispanic
- Symptoms
  - Incubation range 2.5 to 42.5 hrs (median 5.5 hrs)

#### Characteristics of III – Diarrhea 100.0%

- -Abdominal 94.7%
- -Fever >101ºF 81.6%
- -Headache 78.9%
- -Muscle aches 78.9%
- -Vomiting 76.3%



# **Environmental Assessment**

- County Environmentalist visited the site Tuesday, July 9
- Meal prepared on site by three individuals
- Menu included baked / fried chicken, potato salad, macaroni and cheese, green beans, and creamed corn

# **Environmental Assessment**

- Additional items brought in included:
  - -Pulled pork BBQ
  - -Potato salad
  - Dressing
  - Beverages

#### **Environmental Assessment**

- Refrigerator temperature noted to be 46 F
- Baked chicken cooked on Friday (176 pieces), cooled for 1 hour before storage in fridge
- Raw chicken (176 pieces), stored in bottom of fridge
  - Some raw chicken sat next to the prepared macaroni and cheese

# **Environmental Assessment**

• Cooked potatoes were drained in the same sink where raw chicken was prepared

# Laboratory Testing

- 23 clinical specimens => Salmonella Heidelberg PFGE patterns matched
- Blood and stool from deceased individual isolated identical S. Heidelberg
- S. aureus coagulase (+) enterotoxin D in one clinical sample
- Norovirus, shiga toxin, and campylobacter negative

# **Laboratory Testing**

- Among 28 environmental samples, the potato prep counter tested positive for S. aureus coagulase (+) and S. aureus coagulase (+) enterotoxin D
- Samples from faucet, faucet handles, stove handle and knobs were culture positive for B. cereus



# Epidemiologic Analysis

- Food item analysis indicated individuals who ate green beans were 27% more likely to become ill than individuals who did not eat green beans
- However, only 60.5% of the ill reported eating green beans
- The lowest attack rate associated with any consumed food was 90%

# **Discussion / Conclusion**

- The epidemic curve depicted a common point source of infection
- Although the green beans exhibited the only statistically significant association at 95% confidence level, the findings from the environmental assessment indicate that the culprit of the outbreak was unlikely only one food item

# **Discussion / Conclusion**

- Contributing factors associated with this outbreak were likely a mixture of cross contamination, contaminated equipment and / or utensils, improper holding temperatures, and improper food storage placement
- Usage of gloves while preparing food was not reported

